

DAKOTA COUGARS  
CROSS COUNTRY

MUSTANG EARLY BIRD INVITATIONAL  
LUTHERAN HIGH NORTH  
AUGUST 29, 2018

WEATHER:  
80°  
Sunny / Humid

		<u>Time</u>	<u>Mile</u>	<u>2 mile</u>	<u>(split)</u>	<u>3 mile</u>	<u>(split)</u>	<u>pace</u>	<u>Place</u>
Hannah	Faustyn	21:32	6:33	13:37	7:04	20:48	7:09	6:56	2
Heidi	Palmer	21:38	6:51	13:55	7:04	20:53	6:58	6:58	4
Emma	Myziuk	22:25	6:51	14:07	7:16	21:39	7:30	7:13	6
Katelyn	Slone	22:41	6:51	14:18	7:27	21:54	7:34	7:18	7
Rachel	Patterson	22:51	7:07	14:32	7:25	22:04	7:31	7:21	9
Rylie	Yager	23:20	6:52	14:33	7:41	22:32	7:56	7:31	14
Izabella	Gowen	23:25	6:56	15:01	8:05	22:37	7:35	7:32	15
Allison	Ferguson	23:27	7:27	15:08	7:41	22:39	7:31	7:33	16
Shannon	Blaszowski	24:26	7:26	15:28	8:02	23:36	8:06	7:52	24
Payton	Garbarino	24:28	7:27	15:28	8:01	23:38	8:08	7:53	25
Ella	Garbarino	24:28	7:40	15:41	8:01	23:38	7:56	7:53	26
Jemma	Kelly	24:33	7:26	15:31	8:05	23:42	8:10	7:54	27
Jamie	Wilson	25:53	7:52	16:23	8:31	25:00	8:35	8:20	35
Hannah	Ruff	26:05	7:50	16:14	8:24	25:11	8:54	8:24	40
Emma	Mathers	26:10	7:47	16:38	8:51	25:16	8:37	8:25	45
Kayla	Hawkins	26:52	7:52	16:43	8:51	25:57	9:10	8:39	50
Jenna	Fain	26:58	7:37	16:30	8:53	26:02	9:27	8:41	51
Jenna	O'Bryan	27:22	7:52	16:55	9:03	26:26	9:26	8:49	54
Lola	Larrison	<b>28:19</b>	8:12	17:42	9:30	27:21	9:36	9:07	59
Kaitlyn	Strukel	29:26	8:30	17:56	9:26	28:25	10:23	9:28	71
Sage	Parrish	29:53	8:55	18:24	9:29	28:51	10:22	9:37	73
Hannah	Toutant	30:03	8:30	18:26	9:56	29:01	10:30	9:40	74
Abigail	VanSlambrouck	30:07	9:08	19:08	10:00	29:05	9:55	9:42	75
Samantha	Tremonti	30:28	8:55	19:28	10:33	29:25	9:56	9:48	77
Syndey	Tremonti	<b>30:37</b>	9:05	19:35	10:30	29:34	9:58	9:51	79
Krystal	Ramos	<b>31:01</b>	8:39	19:28	10:49	29:57	10:26	9:59	80
Abigail	Simms	<b>31:11</b>	8:38	19:18	10:40	30:07	10:44	10:02	82
Mikailah	Gerjekian	31:14	9:05	19:36	10:31	30:10	10:31	10:03	83
Kelly	Parker	33:28	10:03	21:30	11:27	32:19	10:49	10:46	86
Bronwyn	Lyons	40:27	11:34	24:52	13:18	39:04	14:05	13:01	93
Stefanie	St. Pierre	40:51	11:43	25:46	14:03	39:27	13:38	13:09	94
Britney	Ung	DNF	7:39						
Hailey	Yarbrough	DNF	10:03						

**Varsity Winner**

Amanda Wood-Lutheran North 20:22

**Dakota's Athlete of the Meet:**

Rachel Patterson (#5 runner, 1 min SB)

Ella Garbarion (50 seconds SB)

**Total Finishers**

94

**TOP 5 TIME GAP:**

1:19

**Top Teams**

**Dakota 28**

Lutheran High North 45

Utica Ford II 84

Chippewa Valley 104

Lakeview 106

L'anse Creuse nts

L'anse Creuse Noth nts

**Medals Earned by Dakota 8**