

DAKOTA COUGARS
CROSS COUNTRY

MUSTANG EARLY BIRD INVITATIONAL
LUTHERAN HIGH NORTH
AUGUST 29, 2018

WEATHER:
80°
Sunny / Humid

		<u>Time</u>	<u>Mile</u>	<u>2 mile</u>	<u>(split)</u>	<u>3 mile</u>	<u>(split)</u>	<u>pace</u>	<u>Place</u>
Antonio	Loukas	19:25	5:37	12:15	6:38	18:45	6:28	6:15	9
Cameron	Stermer	19:29	5:48	12:17	6:29	18:49	6:30	6:16	10
Caden	Ott	19:51	6:11	12:30	6:19	19:10	6:38	6:23	14
Brandon	Ung	19:52	6:06	12:38	6:32	19:11	6:32	6:24	15
Michael	Jesue	19:57	6:03	12:34	6:31	19:16	6:40	6:25	17
Alfonso	Moceri	20:00	6:12	12:49	6:37	19:19	6:29	6:26	18
Shane	Wilemski	20:42	6:18	13:14	6:56	19:59	6:45	6:40	25
Reid	Gwyn	20:53	6:10	13:04	6:54	20:10	7:04	6:43	28
Cole	Tracy	21:09	6:14	13:12	6:58	20:25	7:11	6:48	35
Evan	Misajlovski	21:10	6:26	13:25	6:59	20:26	7:00	6:49	36
Tyler	Webb	21:13	6:26	13:27	7:01	20:29	7:01	6:50	37
Ethan	Tracy	21:27	6:20	13:20	7:00	20:43	7:20	6:54	44
Logan	Gilbertson	21:38	6:12	13:28	7:16	20:53	7:23	6:58	47
Kyle	Zito	21:44	6:31	13:32	7:01	20:59	7:25	7:00	48
Nolan	Cooper	21:47	6:29	13:33	7:04	21:02	7:26	7:01	49
Austin	Mabrey	22:10	6:54	14:10	7:16	21:24	7:14	7:08	53
Matthew	Thomas	22:14	6:02	13:21	7:19	21:28	8:02	7:09	54
Justin	Tamplin	22:18	6:27	13:29	7:02	21:32	7:58	7:11	56
Sean	Whitaker	22:38	7:08	14:38	7:30	21:51	7:14	7:17	58
Jacob	Vohs	22:44	6:38	14:04	7:26	21:57	7:50	7:19	62
David	Collar	22:46	6:48	14:14	7:26	21:59	7:43	7:20	63
Adam	Randazzo	22:48	6:19	13:57	7:38	22:01	8:00	7:20	65
Jacob	Sulewski	23:07	7:08	14:39	7:31	22:19	7:39	7:26	68
Nathan	Parker	23:17	7:06	15:04	7:58	22:29	7:25	7:30	70
Jake	Anargyros	23:20	6:37	14:26	7:49	22:32	8:02	7:31	72
Connor	Whitaker	23:24	6:48	14:26	7:38	22:36	8:06	7:32	73
Andrew	Kaul	23:29	7:24	15:09	7:45	22:41	7:32	7:34	74
Ryan	Nagel	23:33	7:38	15:46	8:08	22:44	7:02	7:35	76
Elijah	Strickland	24:34	6:56	14:55	7:59	23:43	8:43	7:54	88
John	Lyons	24:58	7:18	15:40	8:22	24:06	8:24	8:02	91
Jeryl	Juarez	24:59	7:18	15:35	8:17	24:07	8:30	8:02	92
Kyle	Kresnak	26:02	7:15	16:10	8:55	25:08	8:55	8:23	99
Caleb	Smith	26:24	7:39	16:16	8:37	25:30	9:09	8:30	102
Christian	Kijek	28:24	8:15	17:46	9:31	27:25	9:36	9:08	104

Varsity Winner

Josh Cundy-Lutheran North 17:39

Dakota's Athlete of the Meet:

Antonio Loukas (PR and Team's #1 runner)
Elijah Stickland (PR of 32 seconds)

Total Finishers

110

TOP 5 TIME GAP:

0:32

Top Teams

Lutheran High North	50
Dakota	65
Chippewa Valley	72
L'Anse Creuse	98
L'Anse Creuse North	111
Utica Ford II	126
Lakeview	172

Medals Earned by Dakota

6