

DAKOTA COUGARS
CROSS COUNTRY

NIKE/HOLLY/DUANE RAFFIN FESTIVAL OF RACES
SPRINGFIELD OAKS COUNTY PARK
SEPTEMBER 17, 2016

WEATHER:
70° / Heavy Rain
Light Mist

		<u>Time</u>	<u>Mile</u>	<u>2 mile</u>	<u>(split)</u>	<u>3 mile</u>	<u>(split)</u>	<u>pace</u>	<u>Place</u>
Hannah	Faustyn	21:08	6:20	13:29	7:09	20:24	6:55	6:48	12
Allyson	Slone	22:25	6:37	14:09	7:32	21:39	7:28	7:13	41
Rylie	Yager	22:48	6:58	14:35	7:37	22:01	7:25	7:20	48
Samantha	Dobies	24:05	7:08	15:18	8:10	23:15	7:56	7:45	82
Heidi	Palmer	24:29	7:38	15:48	8:10	23:38	7:51	7:53	JV-42
Ashley	Brown	24:37	7:21	15:45	8:24	23:46	8:01	7:55	90
Chloe	Chirco	24:44	7:33	15:51	8:18	23:53	8:02	7:58	JV-53
Rachel	Sliger	24:58	7:16	16:02	8:46	24:06	8:04	8:02	99
Elizabeth	Gray	25:02	7:37	15:59	8:22	24:10	8:11	8:03	JV-67
Ava	Verchimak	25:42	7:56	16:24	8:28	24:49	8:24	8:16	JV-93
Abigail	Bartsch	25:50	7:58	16:37	8:39	24:57	8:20	8:19	JV-102
Hannah	Ruff	26:36	8:15	17:11	8:56	25:41	8:30	8:34	JV-130
Sabryn	Leidlein	27:01	8:12	17:12	9:00	26:05	8:52	8:42	JV-144
Miranda	Smith	27:10	8:13	17:15	9:02	26:14	8:58	8:45	JV-148
Alexas	Paris	27:35	8:15	17:27	9:12	26:38	9:09	8:53	JV-166
Brenna	Fauer	28:25	8:44	18:09	9:25	27:26	9:17	9:09	JV-185
Margaret	Valley	29:19	8:15	18:21	10:06	28:19	9:54	9:26	JV-218
Kami	Karas	28:54	8:45	18:23	9:38	27:54	9:30	9:18	JV-202
Rachel	Patterson	29:00	8:25	17:58	9:33	28:00	9:58	9:20	JV-206
Emma	Bell	29:26	8:57	18:59	10:02	28:25	9:26	9:28	JV-223
Natalie	MacDonald	29:30	8:57	18:59	10:02	28:29	9:30	9:30	JV-226
Rachel	Randazzo	29:49	9:02	19:01	9:59	28:47	9:45	9:36	JV-230
Kayla	Hawkins	29:58	9:07	19:01	9:54	28:56	9:54	9:39	JV-232
Payton	Garbarino	30:34	9:30	19:53	10:23	29:31	9:39	9:50	JV-241
Lana	Amatangelo	30:43	9:26	19:38	10:12	29:40	10:01	9:53	JV-243
Carolyn	Peters	31:18	9:39	20:02	10:23	30:13	10:11	10:04	JV-264
Amber	Mousseau	31:18	9:25	20:14	10:49	30:13	10:00	10:04	JV-262
Andrea	Lawson	31:34	10:12	20:45	10:33	30:29	9:46	10:10	JV-266
Rebecca	Randazzo	31:39	10:00	20:41	10:41	30:34	9:54	10:11	JV-268
Lucia	Alonso Arias	32:58	9:37	20:48	11:11	31:50	11:00	10:37	JV-269
Sage	Parrish	33:08	9:31	20:31	11:00	32:00	11:24	10:40	JV-270
Olivia	Moore	33:10	10:05	21:18	11:13	32:02	10:43	10:41	JV-277
Marissa	Blair	33:55	10:39	21:00	10:21	32:45	11:40	10:55	JV-285
Allison	Jansen	34:07	10:37	21:09	10:32	32:57	11:43	10:59	JV-290
Abigail	VanSlambrouck	36:23	10:46	24:16	13:30	35:08	10:57	11:43	JV-310

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Varsity Winner

Alexa Keiser-Fenton 20:09

JV Winner

Sydney Dawes-Pioneer 19:53

Total Finishers

132

Total Finishers

300+

TOP 5 TIME GAP:

3:29

JV TOP 5 GAP:

1:21

Top Teams

Pinckney 66
White Lake Lakeland 84
Rochester Adams 125
Fenton 135
Rochester 161
Oxford 164
Lake Orion 239
Romeo 244
Dakota 267
Toledo Whitmer 294
Temperance Bedford 312
Stoney Creek 320
Canton 366
Ann Arbor Huron 411
Utica 449
Waterford Kettering 484
Chippewa Valley 525
Bay City Central 610
Fraser nts
Troy Athens nts

Dakota's Athlete of the Meet:

Heidi Palmer (Set a PR by 1 second)
Hannah Ruff (closest runner to SB)

Medals Earned by Dakota

1

Ribbons Earned by Dakota

5