

**DAKOTA COUGARS  
CROSS COUNTRY**

**LAST CHANCE TO RUN FAST  
DAKOTA HIGH SCHOOL  
TUESDAY, NOVEMBER 1, 2022**

**WEATHER:  
60°  
Sunny**

		<u>Time</u>	<u>Mile</u>	<u>2 mile</u>	<u>(split)</u>	<u>3 mile</u>	<u>(split)</u>	<u>pace</u>	<u>Place</u>
Simon	Davis	17:14	5:06	10:56	5:50	16:38	5:42	5:33	R1-8
Carson	Gilbertson	17:31	5:17	11:14	5:57	16:55	5:41	5:38	R1-15
Braden	Garrish	<b>17:43</b>	5:29	11:21	5:52	17:06	5:45	5:42	R1-20
Jason	Jaster	17:48	5:25	11:18	5:53	17:11	5:52	5:44	R1-21
Lucas	LaMilza	<b>17:51</b>	5:38	11:36	5:58	17:14	5:39	5:45	R1-25
Michael	Vogel	17:53	5:29	11:19	5:50	17:16	5:56	5:45	R1-29
Marco	Chynoweth	<b>17:54</b>	5:30	11:29	5:59	17:17	5:48	5:46	R1-30
Colton	Howell	18:16	5:25	11:32	6:07	17:38	6:05	5:53	R1-45
Joseph	Kaleto	18:23	5:43	11:50	6:07	17:45	5:55	5:55	R1-51
Chase	Palmer	18:39	5:40	11:49	6:09	18:01	6:10	6:00	R1-66
Owen	Clancy	18:46	5:29	11:37	6:08	18:07	6:28	6:02	R1-46
Finnian	Myers	<b>18:47</b>	5:48	12:07	6:19	18:08	6:01	6:03	R1-70
Oliver	Davis, O.	19:01	5:43	12:05	6:22	18:22	6:16	6:07	R1-76
Andrew	Scheloske	19:04	5:44	12:05	6:21	18:25	6:19	6:08	R1-78
John	Peters	19:07	5:49	12:06	6:17	18:28	6:20	6:09	R1-81
Andrew	Mossington	19:11	5:39	11:54	6:15	18:31	6:35	6:10	R1-84
Nicholas	Milosavljevski, N.	19:15	5:43	12:05	6:22	18:35	6:28	6:12	R1-87
Andrew	Aude	19:19	5:45	12:13	6:28	18:39	6:25	6:13	R1-90
Jacob	Giovannini	19:38	6:02	12:39	6:37	18:57	6:19	6:19	R1-99
Luke	Klochack	19:41	6:06	12:39	6:33	19:00	6:21	6:20	R1-103
Noah	Redman	19:44	5:27	12:06	6:39	19:03	6:54	6:21	R1-104
Ethan	Ostrowski	19:48	6:00	12:41	6:41	19:07	6:26	6:22	R1-104
Alexander	Henderson, A.	<b>20:15</b>	6:19	13:11	6:52	19:33	6:23	6:31	R1-122
Braeden	Peña	20:19	6:01	13:00	6:59	19:37	6:37	6:32	R1-124
Ian	Flehsig	<b>20:35</b>	6:12	13:10	6:58	19:53	6:42	6:38	R2-14
Dylan	Oltersdorf	<b>20:36</b>	6:18	13:19	7:01	19:53	6:35	6:38	R2-15
Nicholas	Vohs, N.	20:43	6:03	13:12	7:09	20:00	6:47	6:40	R1-133
Nicholas	Henderson, N.	21:08	6:10	13:29	7:19	20:24	6:55	6:48	R2-28
Nathan	Lerchenfeld	21:12	6:04	13:17	7:13	20:28	7:09	6:49	R2-32
Vance	Ratliff	<b>21:29</b>	6:31	13:47	7:16	20:45	6:57	6:55	R2-42
Justin	St. Pierre	21:34	6:30	13:41	7:11	20:49	7:07	6:56	R2-45
Rasmus	Foss	21:38	6:26	13:42	7:16	20:53	7:10	6:58	R2-50
Tyler	Milosavljevski, T.	23:33	6:29	14:51	8:22	22:44	7:52	7:35	R2-93



**Under 20:30 Race Winner**

Lucas Larbel-WL Northern 16:27

**Total Finishers**

146

**TOP 5 TIME GAP:**

0:37

**Team Scores**

Walled Lake Northern	58
Troy Athens	81
<b>Macomb Dakota</b>	<b>89</b>
Romeo	96
Walled Lake Central	167
Grosse Pointe North	185
Utica	193
Dearborn Divine Child	230
Mi Athletic Club for Homeschoolers	231
Dearborn	243
Warren Cousino	282
Utica Ford	290
Linden	351
Sterling Heights Stevenson	356
Warren Mott	431
Memphis	nts
Carleton Airport	nts
Madison Heights Lamphere	nts

**Medals earned by Dakota**

16

**Dakota's Athlete of the Meet:**

Finn Myers (PR of 21 seconds)  
Vance Ratliff (PR of 18 seconds)  
Braden Garrish (PR of 14 seconds)



**Over 20:30 Race Winner**

Dennis Johnson-Harper Woods 18:22

**Total Finishers**

138

**TOP 5 TIME GAP:**

0:57

**Team Scores**

Madison Heights Bishop Foley	91
<b>Macomb Dakota</b>	<b>110</b>
Troy Athens	119
Linden	129
Dearborn	138
Sterling Heights Stevenson	142
Warren Cousino	167
Walled Lake Central	214
Mi Athletic Club for Homeschoolers	251
Harper Woods	254
Utica Ford	269
Grosse Pointe North	296
Utica	311
Algonac	328
Warren Mott	386
Dearborn Divine Child	nts
Madison Heights Lamphere	nts
Walled Lake Northern	nts
St. Clair Shores Lakeshore	nts
Romeo	nts
Auburn Hills Christian	nts

