

**DAKOTA COUGARS
CROSS COUNTRY**

**COUGARS XC CARNIVAL OF RACES
DAKOTA HIGH SCHOOL
OCTOBER 6, 2023**

**WEATHER:
65°
Cloudy Light Wind**

		<u>Time</u>	<u>1K</u>	<u>2K</u>	<u>(split)</u>	<u>3K</u>	<u>(split)</u>	<u>4K</u>	<u>(split)</u>	<u>5K</u>	<u>(split)</u>	<u>pace</u>	<u>Place</u>
Carter	Fox	16:46	3:26	6:55	3:29	10:24	3:29	13:36	3:12	16:46	3:10	3:21	1
Simon	Davis	16:59	3:26	6:55	3:29	10:24	3:29	13:37	3:13	16:59	3:22	3:24	2
Noah	Redman	17:02	3:17	6:46	3:29	10:24	3:38	13:38	3:14	17:02	3:24	3:24	3
Lucas	LaMilza	17:03	3:26	6:56	3:30	10:24	3:28	13:39	3:15	17:03	3:24	3:25	4
Colton	Howell	17:07	3:26	6:56	3:30	10:24	3:28	13:39	3:15	17:07	3:28	3:25	5
Andrew	Scheloske	17:42	3:16	6:45	3:29	10:24	3:39	13:51	3:27	17:42	3:51	3:32	8
Joseph	Kaleto	17:51	3:20	6:51	3:31	10:42	3:51	13:38	2:56	17:51	4:13	3:34	11
Jacob	Giovannini	17:58	3:30	7:02	3:32	10:54	3:52	14:24	3:30	17:58	3:34	3:36	12
Oliver	Davis, O.	18:04	3:20	6:52	3:32	10:44	3:52	14:17	3:33	18:04	3:47	3:37	14
Andrew	Mossington	18:19	3:29	7:02	3:33	11:00	3:58	14:32	3:32	18:19	3:47	3:40	15
Nicholas	Milosavlevski, N.	18:21	3:29	7:02	3:33	11:00	3:58	14:35	3:35	18:21	3:46	3:40	16
Chase	Mallory	18:29	3:30	7:05	3:35	11:05	4:00	14:43	3:38	18:29	3:46	3:42	17
Finnian	Myers	18:46	3:33	7:15	3:42	11:28	4:13	14:55	3:27	18:46	3:51	3:45	23
Alexander	Henderson	19:33	3:45	7:42	3:57	11:57	4:15	15:42	3:45	19:33	3:51	3:55	32
Dylan	Oltersdorf	19:49	3:53	7:52	3:59	12:10	4:18	15:57	3:47	19:49	3:52	3:58	35
Vance	Ratliff	20:49	4:03	8:07	4:04	12:32	4:25	16:36	4:04	20:49	4:13	4:10	47
Luke	Klochack	20:59	3:54	7:51	3:57	12:27	4:36	16:35	4:08	20:59	4:24	4:12	48
Tyler	Milosavlevski, T.	21:03	4:04	8:10	4:06	12:40	4:30	16:42	4:02	21:03	4:21	4:13	49
Ian	Flechsigg	21:20	4:05	8:16	4:11	12:53	4:37	17:25	4:32	21:20	3:55	4:16	52
Jacob	Adamowicz	21:21	4:00	8:09	4:09	12:53	4:44	17:05	4:12	21:21	4:16	4:16	54
Justin	St. Pierre	22:08	4:04	8:16	4:12	12:53	4:37	17:25	4:32	22:08	4:43	4:26	56
Nathan	Shifflett	23:00	4:18	8:53	4:35	13:55	5:02	18:23	4:28	23:00	4:37	4:36	67

Race Winner

Carter Fox- Dakota

16:46

Medals Earned by Dakota

18

Total Finishers

80

Dakota's Athlete of the Meet:

Noah Redman (20 sec PR, #3 overall)

Jacob Giovannini (23 sec PR, sub 18 min)

TOP 5 TIME GAP:

0:21

Team Scores

Dakota

15

Lakeview

75

Lutheran North

75

Michigan Athletic Conference for Homeschoolers

94

Armada

122

New Haven

186

Lake Shore

nts

Auburn Hills Christian

nts



		<u>Time</u>	<u>Mile</u>	<u>2 mile</u>	<u>(split)</u>	<u>3 mile</u>	<u>(split)</u>	<u>pace</u>	<u>Place</u>
Jayden	Harberts	19:17	5:51	12:23	6:32	18:37	6:14	6:12	1
Mariah	Belmont	19:19	5:51	12:23	6:32	18:39	6:16	6:13	2
Lidia	Clancy	20:22	6:17	13:09	6:52	19:40	6:31	6:33	4
Julia	Timpa, J.	20:55	6:29	13:35	7:06	20:12	6:38	6:44	6
Aubrey	Rizzo, A.	21:06	6:31	13:40	7:09	20:22	6:43	6:47	9
Ryann	Smitka	21:26	6:36	13:49	7:13	20:42	6:53	6:54	11
Kaitlyn	Rizzo, K.	21:53	6:44	14:06	7:22	21:08	7:02	7:03	15
Mylene	Pham	22:30	6:57	14:30	7:33	21:44	7:14	7:15	22
Samantha	Faustich	22:37	7:07	14:41	7:34	21:50	7:10	7:17	23
Tori	Trumper	24:26	7:18	15:33	8:15	23:36	8:02	7:52	38
Alyssa	Fudge	24:40	7:29	15:46	8:17	23:49	8:02	7:56	40
Sydney	Timpa, S.	26:21	8:19	17:12	8:53	25:27	8:16	8:29	52
Kylie	Smith	28:14	8:26	17:54	9:28	27:16	9:20	9:05	61
Amy	Neumann	28:57	8:24	18:32	10:08	27:57	9:25	9:19	65
Jenna	Billings	DNF	7:07						----

Race Winner

Jayden Harberts-Dakota 19:17

Dakota's Athlete of the Meet:

Julia Timpa (SB of 16 seconds, 6th place overall)
Samantha Faustich (PR of 16 seconds)

Total Finishers 72

TOP 5 TIME GAP: 1:49

Medals Earned by Dakota 11

Team Scores

Dakota	22
Armada	47
Lutheran North	74
Lakeview	113
Michigan Athletic Conference for Homeschoolers	118
New Haven	184
Lake Shore	nts

