

# Detroit Titan CC Invitational

Course at Cass Benton Park

21 mile to I-94 West To I-696 To I-275 South

I-275 S to 7 mile road, Turn right (west) on 7 mile

To Northville Road, Turn left (south) Northville Road

Park is about ½ mile on the right. Drive to rear of the park.



## Time Schedule

6:40 am

Arrive at DHS

6:45 am

Bus Leaves DHS

9:30 am

Girls Open race

10:10 am

Boys Open Race

10:45 am

Middle School (1.5 mi)

11:05 am

Kids Race 9 & Under (200m)

11:15 am 5K Women's Collegiate Race

11:45 am 4 mi men's Collegiate Race

## Awards

- Shoe Bags to the top 25 High School runners in each Race

### 2015 Men's Champions:

Thomas Michno-LCN 16:26

### 2015 Women's Champions:

Kareena Duffey-LCN 18:12

### Meet Records:

Overall -

Adam Frezza- Lake Orion

15:15 2004

Jessie Allen-Young- Ann Arbor

17:57 2004

HS -

Chris Toloff- Novi

15:27 2000

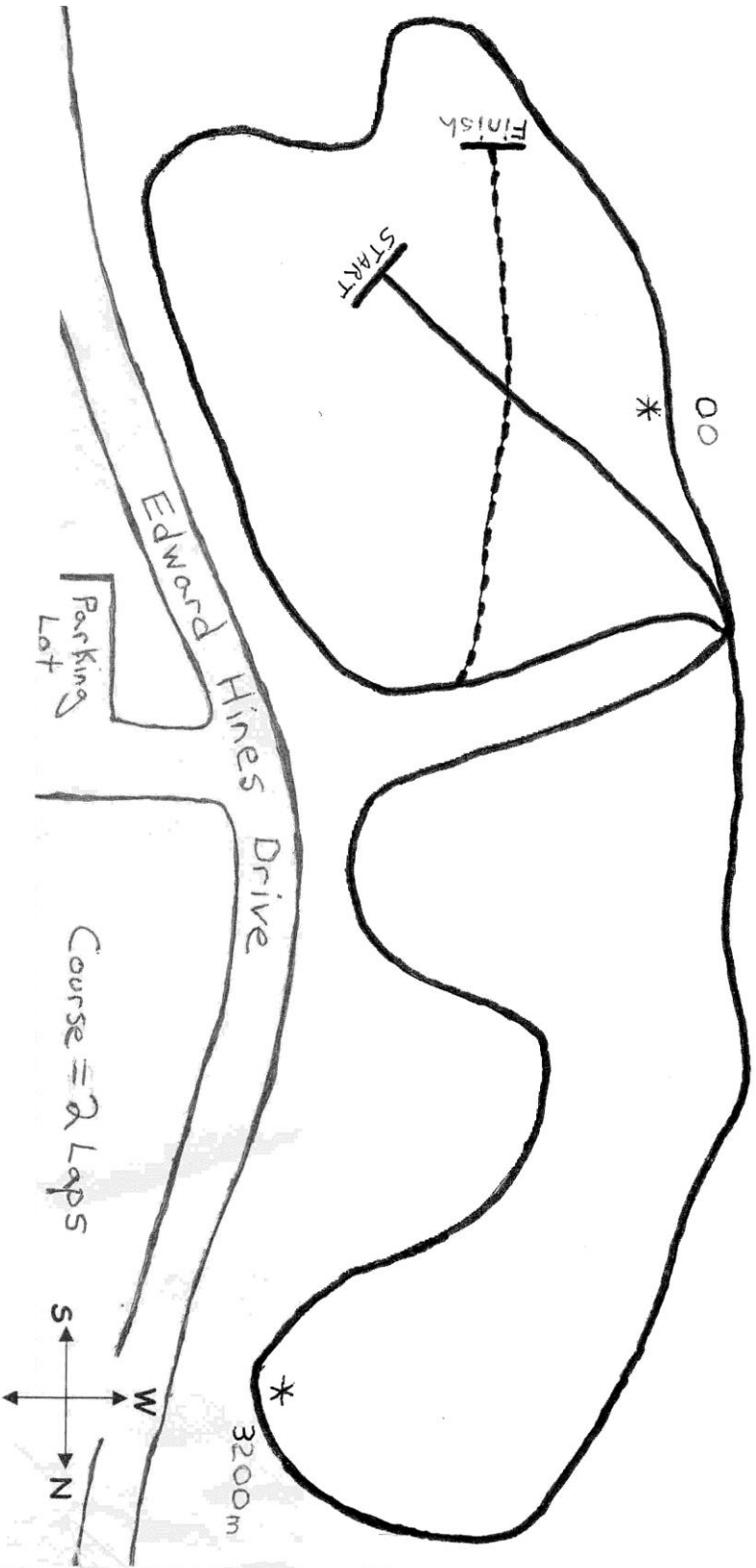
Kareena Duffey-LCN

18:12 2015



# CASS BENTON/ BENNETT ARBORETUM 5 000 METER CROSS COUNTRY COURSE

EDWARD HINES DRIVE  
NORTHVILLE MICHIGAN



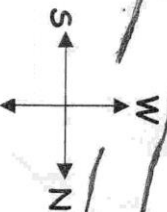
Free  
Golf  
Course

North  
Road

Edward Hines Drive

Parking  
Lot

Course = 2 Laps



3200m

