

# Detroit Titan CC Invitational

Course at Cass Benton Park

21 mile to I-94 West To I-696 To I-275 South

I-275 S to 7 mile road, Turn right (west) on 7 mile

To Northville Road, Turn left (south) Northville Road

Park is about ½ mile on the right. Drive to rear of the park.



## Time Schedule

7:00 am

Arrive at DHS

7:05 am

Bus Leaves DHS

9:30 am

Girls Open race

10:10 am

Boys Open Race

10:45 am

Middle School (1.5 mi)

11:05 am

Kids Race 9 & Under (200m)

11:15 am 5K Women's Collegiate Race

11:45 am 4 mi men's Collegiate Race

## Awards

- T-shirts to the top 25 High School runners in each Race

### 2013 Men's Champions:

Overall Jon Rock 15:37, HS Alec Toreki-Romeo 16:16

### 2013 Women's Champions:

Overall & HS-Tessa Fornari-Our Lady of the Lakes 19:34

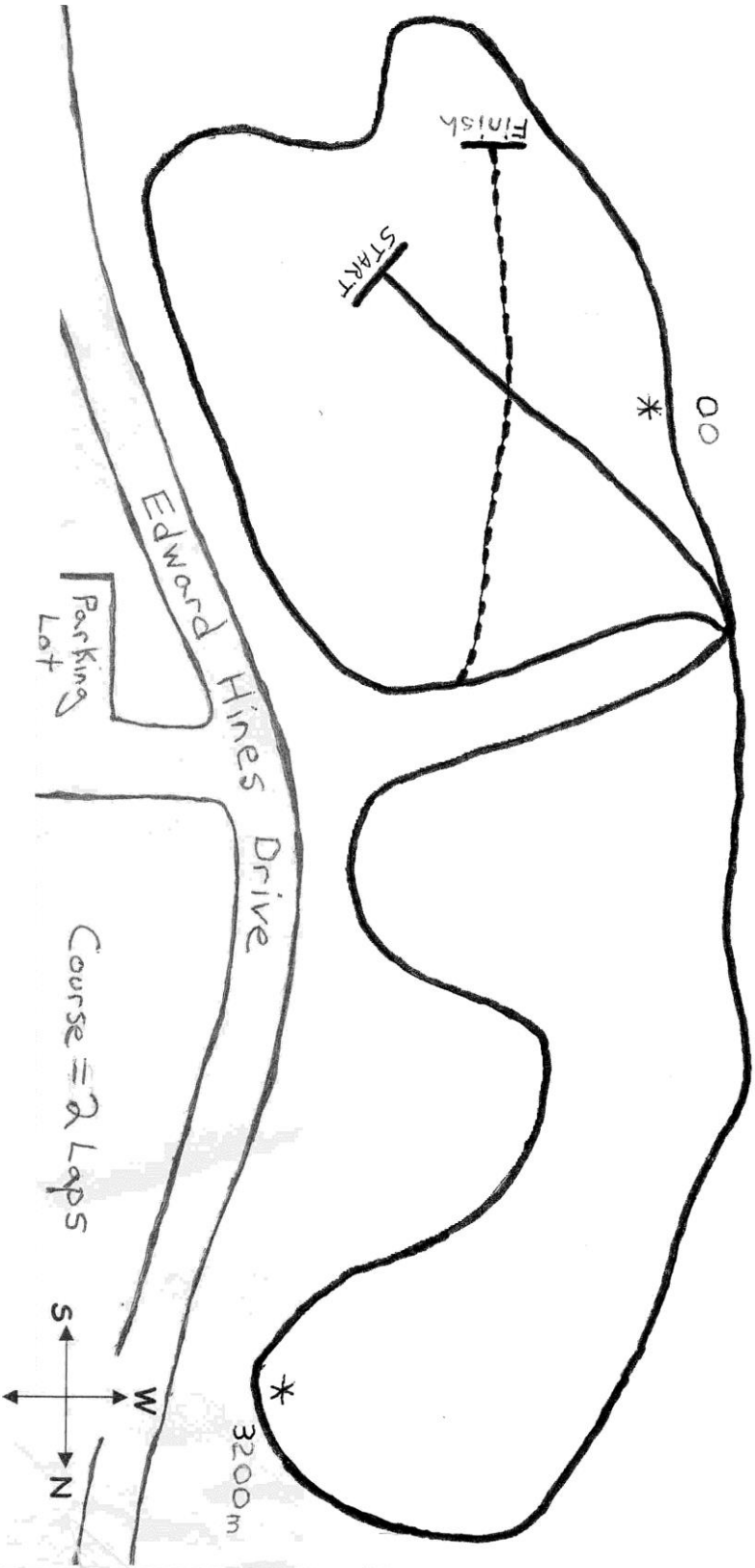
### Meet Records:

Overall -	Adam Frezza- Lake Orion	15:15	2004
	Jessie Allen-Young- Ann Arbor	17:57	2004
HS -	Chris Toloff- Novi	15:27	2000
	Amy Kohlmeier- Sarnia St. Patricks	18:28	2002



CASS BENTON/ BENNETT ARBORETUM  
5 000 METER CROSS COUNTRY COURSE

EDWARD HINES DRIVE  
NORTHVILLE MICHIGAN



Fr bee  
Golf  
Course

No. 14th  
Road

Course = 2 Laps

3200m



## Dakota Top Times at Cass Benton Arboretum

BOYS			GIRLS		
Nick Culbertson	16:32	2010	Christina Micale	19:42	2012
<b>Brad Bates</b>	<b>16:40</b>	<b>2013</b>	Lauren Burnett	20:00	2012
Phil Baldick	17:10	2007	Lauren Burnett	20:20	2011
Kyle Allinder	17:11	2009	Marah Pugh	20:36	2011
Blake Ryan	17:11	2010	Janell Herrick	20:38	2006
Jordan Staley	17:14	2010	Christina Micale	21:01	2011
Vince Ferranti	17:20	2008	Sarah Ball	21:23	2008
Alex Fauer	17:21	2012	Tara Geralt	21:26	2009
Nick Fowler	17:23	2006	<b>Monica Micale</b>	<b>21:26</b>	<b>2013</b>
Brian Paul	17:27	2006	Kathryn Ugorowski	21:31	2011
Nick Culbertson	17:27	2009	Christina Micale	21:33	2010
<b>Will Saiz</b>	<b>17:27</b>	<b>2013</b>	Rachal Pugh	21:47	2012
Zack Thomas	17:28	2012	Jessica Lobaido	21:51	2005
Blake Ryan	17:30	2009	Janell Herrick	21:51	2005
Brad Bates	17:32	2012	<b>Marisa Weller</b>	<b>22:02</b>	<b>2013</b>
<b>Brennan Buckner</b>	<b>17:38</b>	<b>2013</b>	Tara Geralt	22:03	2008
Vince Ferranti	17:39	2009	Angie Giordimaina	22:18	2004
<b>Nick Brooks</b>	<b>17:41</b>	<b>2013</b>	Emily Gibbings	22:21	2011
Nick Brooks	17:46	2012	Jillian White	22:23	2009
<b>Ian Demrose</b>	<b>17:47</b>	<b>2013</b>	Emily Gibbings	22:25	2012
Stephen Orr	17:48	2011	Sara Baguzis	22:27	2010
James Courtney	17:52	2004	Dayle Micale	22:28	2010

### 2013 Times for Returners

Lana	27:43	Kyle	22:54
Marissa	33:07	David	24:07
Kaitria	22:54	Tony	21:32
Tara	26:33	Calvin	21:35
Addison	25:21	Josh B.	28:03
Alexis P.	24:45	Tyler	23:29
Rachel P.	25:53	Adam	20:02
Rachel R.	28:58	Robert	21:16
Ally	28:35	Cameron	24:38
Alexis S.	32:06	Josh J.	24:05
Lauren	22:35	Jake	18:26
		Sawyer	21:40
		Brendan	18:58
		Mitch	21:31
		Zack	25:46
		Joe	24:05
		Nathan	21:52
		Tom	19:32
		Marko	25:56
		Noah	20:12
		Dan	20:51