

Detroit Titan CC Invitational

Course at Cass Benton Park

21 mile to I-94 West To I-696 To I-275 South

I-275 S to 7 mile road, Turn right (west) on 7 mile

To Northville Road, Turn left (south) Northville Road

Park is about ½ mile on the right. Drive to rear of the park.



Time Schedule

6:45 am

Girl's Bus Leaves DHS

7:30 am

Boy's Bus Leaves DHS

9:30 am

Girl's Open race

10:10 am

Boy's Open Race

10:45 am

Middle School (1.5 mi)

11:05 am

Kid's Race 9 & Under (200m)

11:15 am Women's Collegiate Race (5K)

11:45 am Men's Collegiate Race (4MI)

Awards

- T-shirts to the top 12 in the MS race
- Shoe Bags to the top 25 High School runners in each Race

Meet Records:	Overall -	Adam Frezza- Lake Orion	15:15	2004
		Jessie Allen-Young- Ann Arbor	17:57	2004
	HS -	Chris Toloff- Novi	15:27	2000
		Kareena Duffey-LCN	18:12	2015

Cougars
XCCX

CASS BENTON/ BENNETT ARBORETUM 5,000 METER CROSS COUNTRY COURSE

EDWARD HINES DRIVE
 NORTHVILLE MICHIGAN

