

**DAKOTA COUGARS
CROSS COUNTRY**

**MAC RED DIVISION CHAMPIONSHIP
LAKE SAINT CLAIR METROPARK
OCTOBER 21, 2017**

**WEATHER:
70°
Sunny /Light Breeze**

		<u>Time</u>	<u>Mile</u>	<u>2 mile</u>	<u>(split)</u>	<u>3 mile</u>	<u>(split)</u>	<u>pace</u>	<u>Place</u>
David	Carnago	16:36	5:15	10:48	5:33	16:02	5:14	5:21	R4/7
Joshua	VanSlambrouck	16:58	5:14	10:52	5:38	16:23	5:31	5:28	R12/22
Joseph	Jaster	17:04	5:12	10:50	5:38	16:29	5:38	5:30	R14/24
Jacob	Williams	17:24	5:35	11:25	5:50	16:48	5:24	5:36	R23/41
Ethan	Soave	17:49	5:42	11:34	5:52	17:12	5:39	5:44	R30/62
Jacob	Harberts	17:55	5:48	11:39	5:51	17:18	5:40	5:46	R34/69
Matthew	Singer	18:17	5:47	11:50	6:03	17:39	5:50	5:53	R40/83
Nathan	Vohs	18:17	5:47	11:52	6:05	17:39	5:48	5:53	JV-9
Kyle	Fedolak	18:26	5:38	11:36	5:58	17:48	6:10	5:56	R47/92
Austin	Mabrey	18:42	6:00	12:14	6:14	18:03	5:51	6:01	JV-23
Michael	Jesue	18:44	5:53	12:11	6:18	18:05	5:55	6:02	JV-26
Jacob	Sand	18:46	5:48	12:07	6:19	18:07	6:00	6:02	JV-29
Caden	Ott	18:54	5:54	12:16	6:22	18:15	6:00	6:05	JV-33
Matthew	Thomas	19:10	5:42	11:57	6:15	18:30	6:31	6:10	JV-46
Colin	Swanson	19:13	5:48	12:15	6:27	18:33	6:18	6:11	JV-48
Andrew	Merrifield	19:14	5:53	12:30	6:37	18:34	6:05	6:11	JV-49
Tyler	Webb	19:30	6:13	12:44	6:31	18:50	6:07	6:17	JV-59
Christopher	Villaire	19:33	6:04	12:38	6:34	18:53	6:15	6:18	JV-62
Cameron	Stermer	19:37	6:14	12:48	6:34	18:57	6:10	6:19	JV-65
Vincent	Calles	19:39	5:57	12:38	6:41	18:58	6:20	6:19	JV-68
Cole	Tracy	19:41	5:54	12:34	6:40	19:00	6:26	6:20	JV-72
Brandon	Ung	19:44	6:04	12:39	6:35	19:03	6:24	6:21	JV-74
Nicholas	Bryant	19:55	6:19	12:56	6:37	19:14	6:19	6:25	JV-54
Sean	Whitaker	20:00	6:31	13:11	6:40	19:19	6:10	6:26	JV-92
Ryan	Nagel	20:01	6:29	13:12	6:43	19:20	6:10	6:27	JV-93
Nathan	Parker	20:03	6:18	13:09	6:51	19:22	6:14	6:27	JV-96
Reid	Gwyn	20:05	6:26	13:07	6:41	19:24	6:18	6:28	JV-97
Pablo	Bagues Galvez	20:05	6:29	13:12	6:43	19:24	6:13	6:28	JV-97
Evan	Misajlovski	20:07	6:28	13:07	6:39	19:25	6:19	6:28	JV-101
Connor	Whitaker	20:08	6:20	12:59	6:39	19:26	6:28	6:29	JV-104
John	Lyons	20:19	6:18	13:02	6:44	19:37	6:35	6:32	JV-110
Connor	Roeske	20:28	6:26	13:18	6:52	19:46	6:28	6:35	JV-116
Nathan	Schroeder	20:52	6:29	13:14	6:45	20:09	6:54	6:43	JV-134
Jake	Anargyros	20:59	6:35	13:44	7:09	20:16	6:33	6:45	JV-140
Andrew	Milosavlevski	21:10	6:47	13:48	7:01	20:26	6:39	6:49	JV-149
Noah	Waschewski	21:14	6:22	13:33	7:11	20:30	6:56	6:50	JV-152
Ethan	Brown	21:35	6:27	13:52	7:25	20:50	6:58	6:57	JV-161
Jacob	Sulewski	21:41	6:49	14:09	7:20	20:56	6:48	6:59	JV-166
Kyle	Kresnak	21:42	6:48	14:10	7:22	20:57	6:48	6:59	JV-169
Ethan	Villemaire	21:54	7:07	14:20	7:13	21:09	6:50	7:03	JV-182
Joshua	Rouseau	22:45	7:15	14:57	7:42	21:58	7:03	7:19	JV-214

DAKOTA COUGARS
CROSS COUNTRY

MAC RED DIVISION CHAMPIONSHIP
LAKE SAINT CLAIR METROPARK
OCTOBER 21, 2017

WEATHER:
70°
Sunny /Light Breeze

		<u>Time</u>	<u>Mile</u>	<u>2 mile</u>	<u>(split)</u>	<u>3 mile</u>	<u>(split)</u>	<u>pace</u>	<u>Place</u>
Nickolas	Alayan	23:05	7:15	14:57	7:42	22:17	7:21	7:26	JV-223
Manuel	Mio	23:09	7:15	14:57	7:42	22:21	7:25	7:27	JV-226
Andrew	Kaul	23:10	7:43	15:08	7:25	22:22	7:15	7:27	JV-227
David	Collar	24:04	8:04	15:49	7:45	23:14	7:27	7:45	JV-246
Joseph	Lorth	24:12	7:46	15:49	8:03	23:22	7:34	7:47	JV-247
Luke	Jones	25:13	8:38	16:30	7:52	24:21	7:52	8:07	JV-255
David	Huang	25:51	8:05	16:47	8:42	24:58	8:11	8:19	JV-261
Carl	Rustoni	28:52	9:27	19:31	10:04	27:52	8:27	9:17	JV-267

Overall Varsity Winner

Mike Ciaravino-GPN 16:04

JV Winner

Miles Dingeman-GPS 17:42

Red Division Winner

Mike Ciaravino-GPN 16:05

Total Finishers

R62/213

Total Finishers

269

TOP 5 TIME GAP:

1:13

JV TOP 5 GAP:

0:37

MAC RED Team Scores

Grosse Pointe North	35
Eisenhower	75
Utica	80
Dakota	83
Grosse Pointe South	107
Romeo	149
Stevenson	175
L'Anse Creuse North	236

Overall Team Scores

Saint Clair	51
Grosse Pointe North	73
Eisenhower	150
Utica	152
Dakota	155
Grosse Pointe South	200
Chippewa Valley	274
Anchor Bay	285
Romeo	304
Ford II	305
L'Anse Creuse	353
Port Huron Northern	379
Marysville	404
Warren Mott	406
Fraser	410
Port Huron	436
Stevenson	440
Lakeview	491
Warren Woods Tower	529
Lamphere	557
Marine City	561
Lake Shore	590
Sterling Heights	607
Cousino	627
Roseville	629
L'Anse Creuse North	724
Fitzgerald	772
New Haven	909
Clawson	nts
South Lake	nts

JV Team Scores

Grosse Pointe South	15
Eisenhower	91
Dakota	91
Grosse Pointe North	94
Romeo	138
Utica	179
L'Anse Creuse	244
St. Clair	280
Warren Woods Tower	293
Lake Shore	328
Anchor Bay	342
Marysville	350
Cousino	376
Fraser	415
Ford II	425
Chippewa Valley	429
Warren Mott	436
Marine City	450
Stevenson	477
Lakeview	nts
Roseville	nts
Port Huron Northern	nts
Sterling Heights	nts
Port Huron	nts

Medals Earned by Dakota 7

Dakota's Athlete of the Meet:

Ethan Soave (PR of 52 sec, teams #5 runner)
Cole Tracy (PR of 21 Sec, Broke 20 min barrier)
Cameron Stermer (PR of 105 seconds)