



JULY 17-19, 2015

DAY 3



DAY 3 - JULY 19, 2015

START: 6:00 AM

GOOD LUCK RUNNERS!!!

TO GET TO THE START FROM GRAYLING: Head south on I-75 to the 4 Mile Rd. exit.

Turn right on 4 Mile for 2.8 miles to Military Road.

Turn left on Military for 4.0 miles to Fletcher.

Turn right on Fletcher for 16.3 miles to Dutch John Rd. where the race starts going left on Dutch John Rd.

Allow 45 minutes to get to the start. Don't speed and watch out for deer.

Leg C-1 "The Leg That Almost Was!!"

In Memory of our Friend Barb Clark – The Lansing Lopers and Some Latin Name

Barb ran the relay from 1998 through 2004, but died unexpectedly of a brain aneurysm while on a 10 mile training run in the spring of 2005. She will be remembered as a fierce competitor, outstanding runner, and for her great smile when not racing.

AUTO DETOURS BELOW

Head southwest on Dutch John Rd for 4.4 miles to the exchange at a T in the road.

In short: Pretty leg, some sand.

Support: Bike only

Scenery: 7 Difficulty: 4

Leg C-1 4.4 miles

Total Day 3: 4.4 miles

AUTO DETOURS:

Vehicle #1: You will have the runners for Legs C-2, and C-3. To get your runner to the start of Leg C-2 one vehicle from each team must take the runner on Dutch John Road to the exchange **BEFORE** the start of the race. **VEHICLE SIGN THAT MUST BE DISPLAYED FOR VEHICLE #1 - BLUE.**

Vehicle #2: You will have the runner for Leg C-4. To get there from the start, Head west on W Sharon Road for 4.5 miles to M-66. Turn left on M-66 for 3.0 miles to Lund. Turn right on Lund for 5.9 miles to Coster.

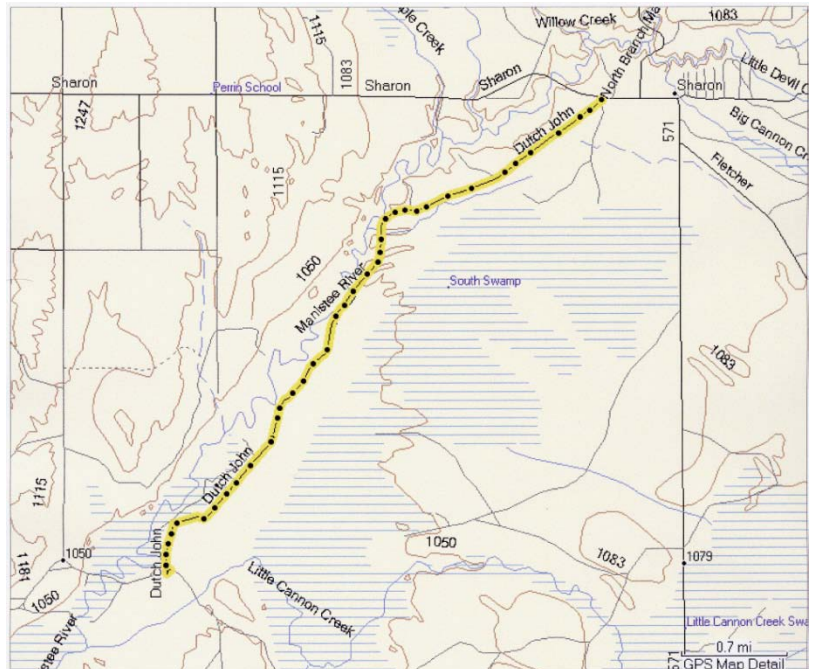
Turn left on Coster for 2.5 miles to the exchange at the dirt road on the left.

VEHICLE SIGN THAT MUST BE DISPLAYED FOR VEHICLE #2 – YELLOW.

Vehicle #3: You will have the runner for Leg C-5. To get there from the start, Head west on W Sharon Road for 4.5 miles to M-66.

Turn left on M-66 for 3.0 miles to Lund.

Turn right on Lund for 5.9 miles to Coster.



**Leg C-2 " Jim Evans Daily Tribune Nature Run " Sponsored by Chippewa Valley High School
Athletic Boosters "Big Red Run", Clinton Twp., MI**

Turn left at the T for 2.9 miles to a paved road (no sign - it's Old M-66).

Turn right on Old M-66 for .35 mile to the exchange at M-66.

Airtouch Exchange.

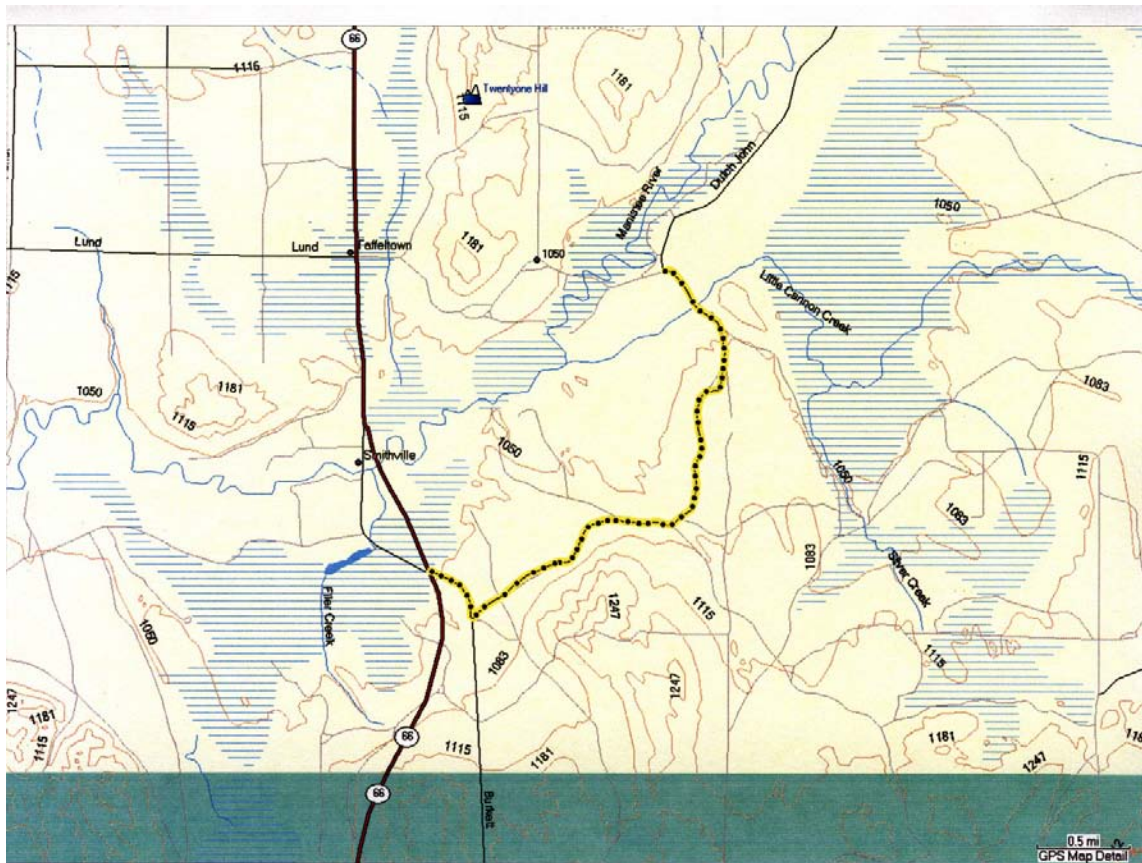
In Short: Rolling road with some sand. Watch out for the Savages as they are in full war paint on Day 3 and looking for scalps to take!

Support: Bike only

Scenery: 7 Difficulty: 5

Leg C-2: 3.25 miles

Total Day 3: 7.65 miles



AUTOS: After you pick up your runner from Leg C-1 you may drive Leg C-2 with caution.

From the start of Leg C-2, turn left for 2.9 miles to Old M-66 (no sign).

Turn right on Old M-66 for .35 mile to the exchange at M-66.

Leg C-3 "We Don't Need Your Stinkin' River Crossing" Sponsored by the Nasty Boys Glee Club, Ann Arbor, MI

MANDATORY AUTO DETOURS BELOW

Continue straight across M-66 on the two-track road (Manistee River Road) for 5.0 mile to the exchange at Coster (no sign).

At .35 mile on the two-track cross the creek. Go to the right of the concrete to cross.

Once you cross the creek, continue on the dirt road straight ahead.

At .7 mile on Manistee River Rd. continue straight.

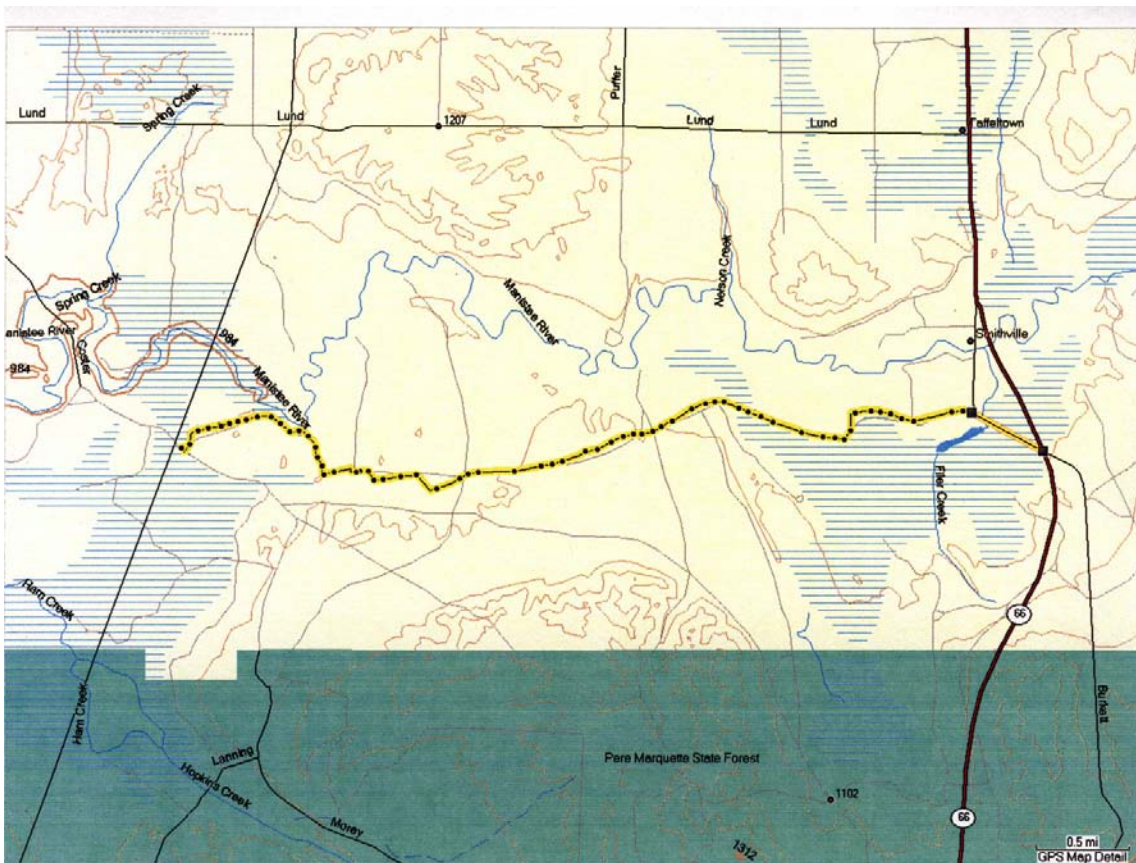
In short: Nice run through the Pere Marquette State Forest.

Support: Bike only, some sand

Scenery: 8 Difficulty: 5

Leg C-3: 5.0 miles

Total Day 3: 12.65 miles



MANADTORY AUTO DETOUR:

You will proceed to the start of Leg C-5 in Fife Lake. To get there, turn right on M-66 for 1.7 miles to Lund.

Turn left on Lund for 5.9 miles to Coster.

Turn right on Coster for 3.4 miles to the exchange at the Fife Lakeside resort and Party Store

Leg C-4 "Don't Blink or you'll miss Wink Run" Sponsored by Lakeshore Striders Pinkie Winkie Fan Club

Turn right on dirt road (Coster) for 5.9 miles to the exchange at the Fife Lakeside resort and Party Store sign.

Use an airtouch exchange here.

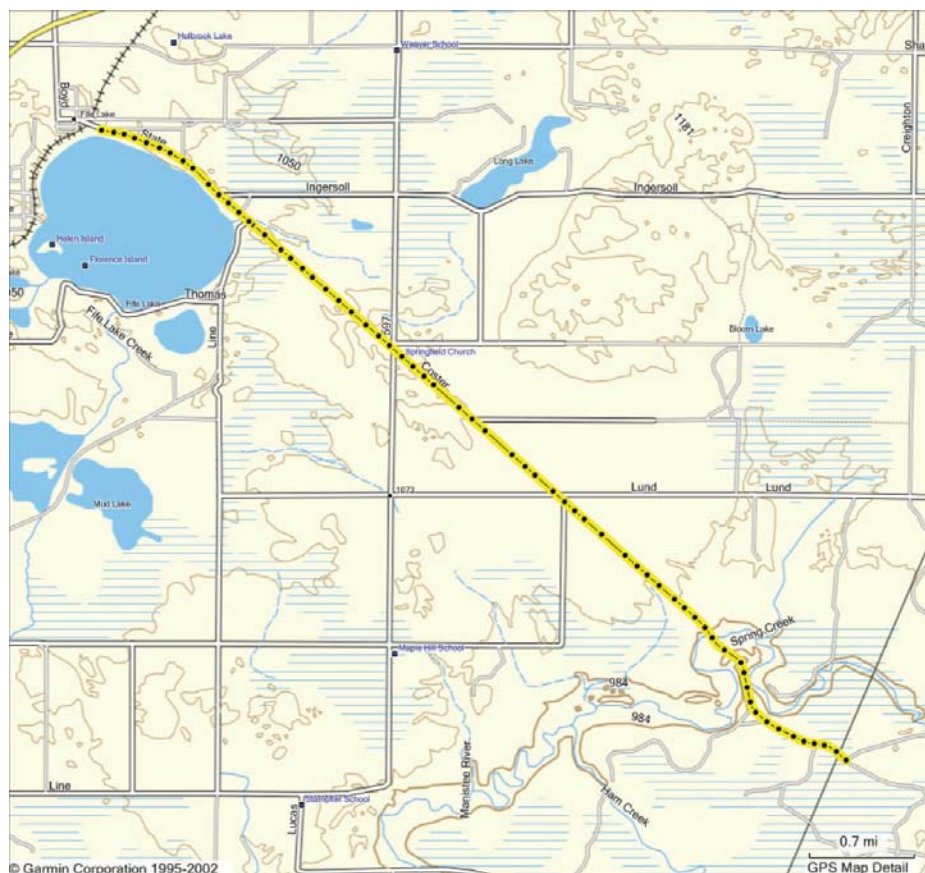
In short: Dirt, blacktop and a few hills

Support: Bike, vehicle

Scenery: 6 Difficulty: 6

Leg C-4: 5.9 miles

Total Day 3: 18.55 miles



Leg C-5 "The Pinky Winky High Profile Leg" Sponsored by The Pinkie Winkie Fan Club
MANDATORY AUTO DETOUR BELOW

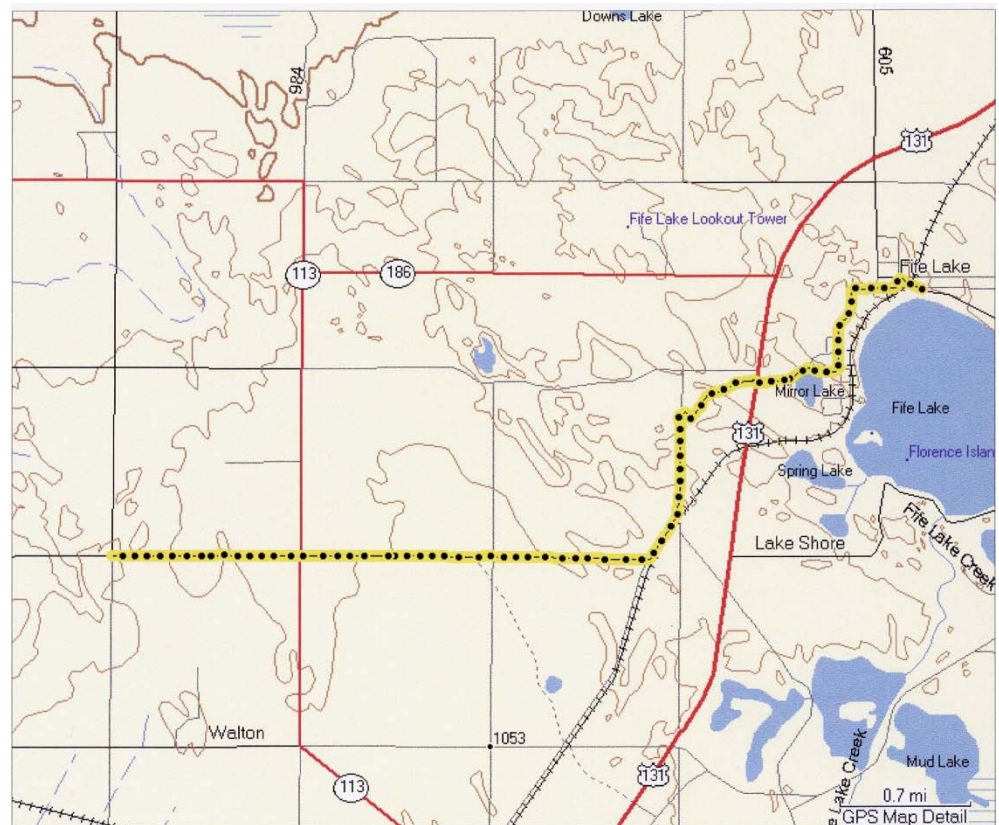
Continue west on Coster .2 mile to Janet.
Turn left on Janet for 50 yards to Morgan.
Turn right on Morgan and go 100 yards to Perks Trail.
Continue straight on trail for 150 yards to blacktop road (no sign - it's Pierce St.).
Turn left on Pierce for .4 mile to 4th Street.
Turn right on 4th St. for .45 mile to US-131.
Cross US-131 and continue straight for .5 mile to a stop sign.
Turn left on this road for .75 mile to a two track road on the right (third road on your right).
Turn right on the two track road (it's Gleanor Hall Rd.) for 2.9 miles to the exchange at Hodge.

In short: New twist to an old leg. We found a hill we thought you might like. **NO BATHROOM BREAKS AT THE EXCHANGE.** There are homes and private property at this intersection. Plan ahead.

Support: Bike only

Scenery: 9 Difficulty: 7-8

Leg C-5: 5.4 miles
Total Day 3: 23.95 miles



MANDATORY AUTO DETOUR: Continue straight out of town (on M-186) for 3.3 miles to M-113.
Turn left on M-113 for 2.5 miles to Walton.
Turn right on Walton for 2.0 miles to Town Line Rd.
Turn right on Town Line for 1.0 mile to Gleanor Hall Rd.
Turn right on Gleanor Hall for 1.0 mile to the exchange at Hodge Road. Park before the exchange.
DO NOT USE THIS EXCHANGE TO GO TO THE BATHROOM. HOUSES ARE ALL AROUND.

Leg C-6 "...let me be brave in the attempt..." Sponsored by Dennis and Jillian Peck, Team Huron Valley S. O. and GLR Don't Lose Bruce AGAIN!

Turn right on Hodge for 5.0 miles to the exchange at Mayfield Road (Green Rd on the map).

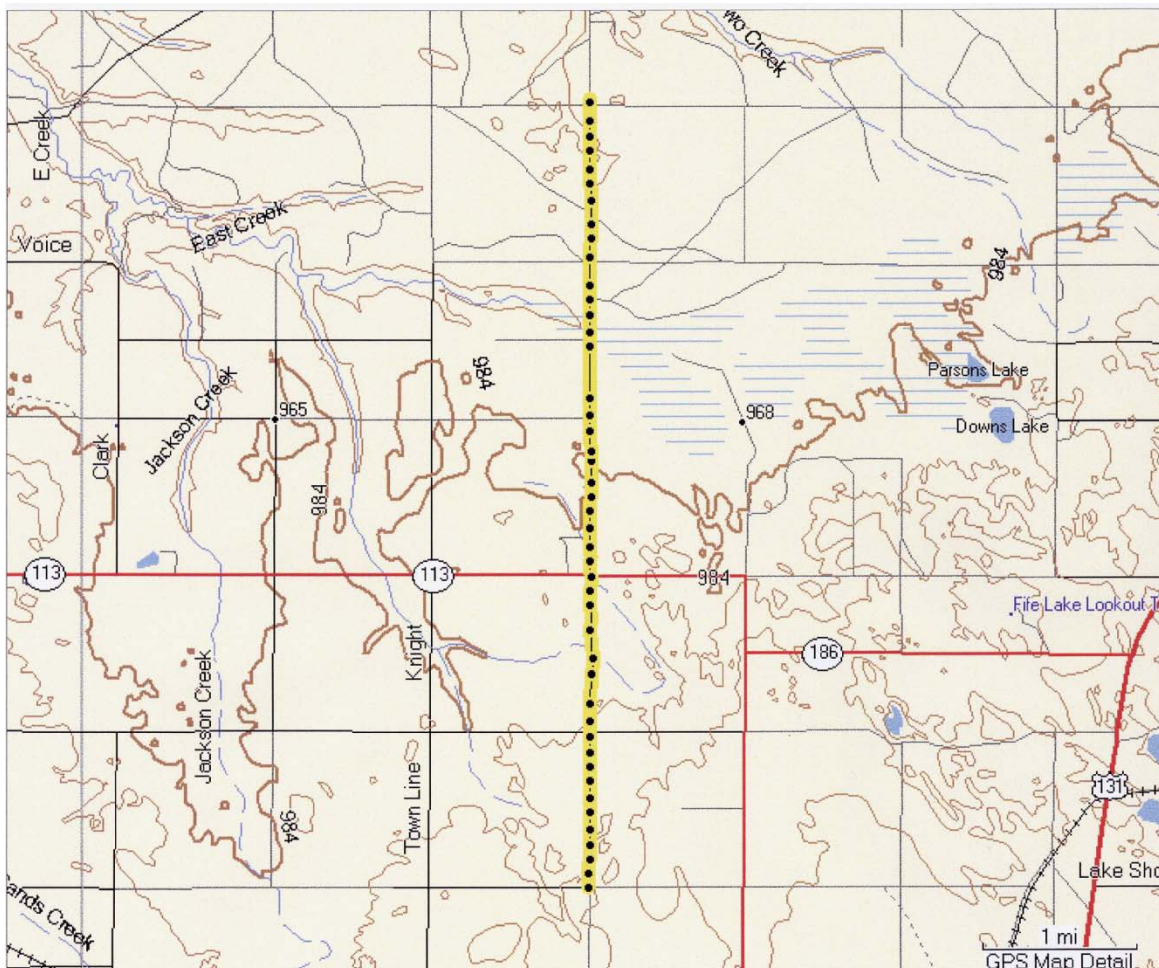
In short: Dirt roads with rolling hills.

Support: Bike, vehicle, sandy

Scenery: 7 Difficulty: 8-9

Leg C-6: 5.0 miles

Total Day 3: 28.95 miles



AUTOS: Turn left on Hodge and follow the course for 5.0 miles to the exchange. Park beyond the intersection on Hodge. Keep the speed down on this leg. It can be a real dustbowl for the runners.

Leg C-7

"Grin & Bear It?" Sponsored by Toyota 4-Runner

MANDATORY AUTO DETOUR BELOW

Turn left on Mayfield for 4.3 miles to M-611. (Mayfield changes names to Green at the county line).

At 3.7 miles on Green stay right.

Turn left on M-611 for .4 mile to Blair Town Hall Road.

Turn right on Blair Town Hall Rd. for .5 mile to the exchange at Mayfield Trail Rd.

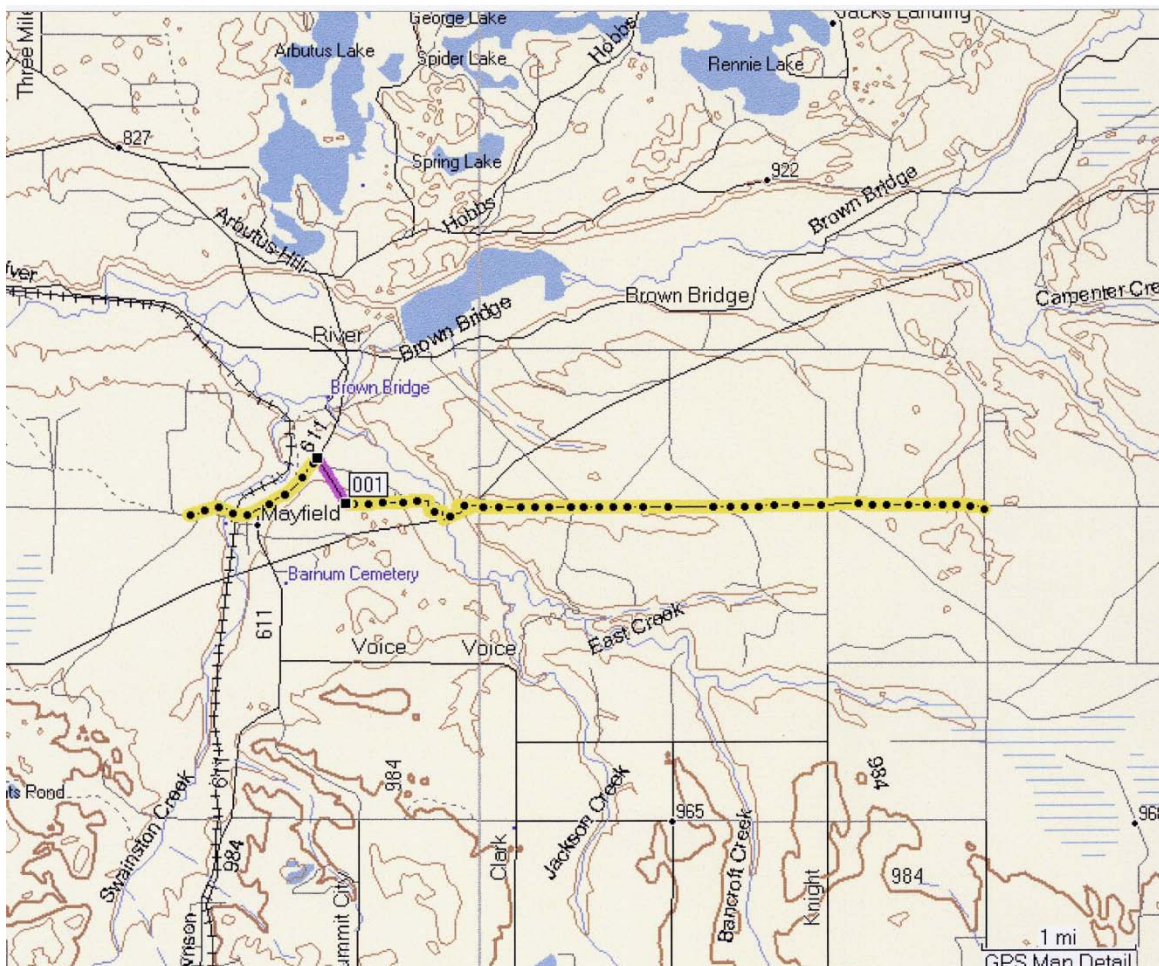
In short: Another nice run in the Pere Marquette State Forest.

Support: Bike only

Scenery: 8 Difficulty: 7

Leg C-7: 5.2 miles

Total Day 3: 34.15 miles



MANDATORY AUTO DETOUR: Continue straight on Hodge (which changes names to Brown Bridge Road) for 5.0 miles to M-611.

Turn left on M-611 for 1.2 miles to Blair Town Hall Road.

Turn right on Blair Town Hall for .5 mile to the exchange. Park past the exchange. **DO NOT GO TO THE BATHROOM AT THIS EXCHANGE.**

Leg C-8 "Celica GT Sports Coupe Tour De-Mayfield" Sponsored by Kaiser Studio, Troy, MI

Continue straight on Blair Town Hall Rd for 2.3 miles to a Y.

At .8 mile on Blair Town Hall it turns into a seasonal road.

Go right at the Y for .6 mile to the exchange at a two-track road on the left.

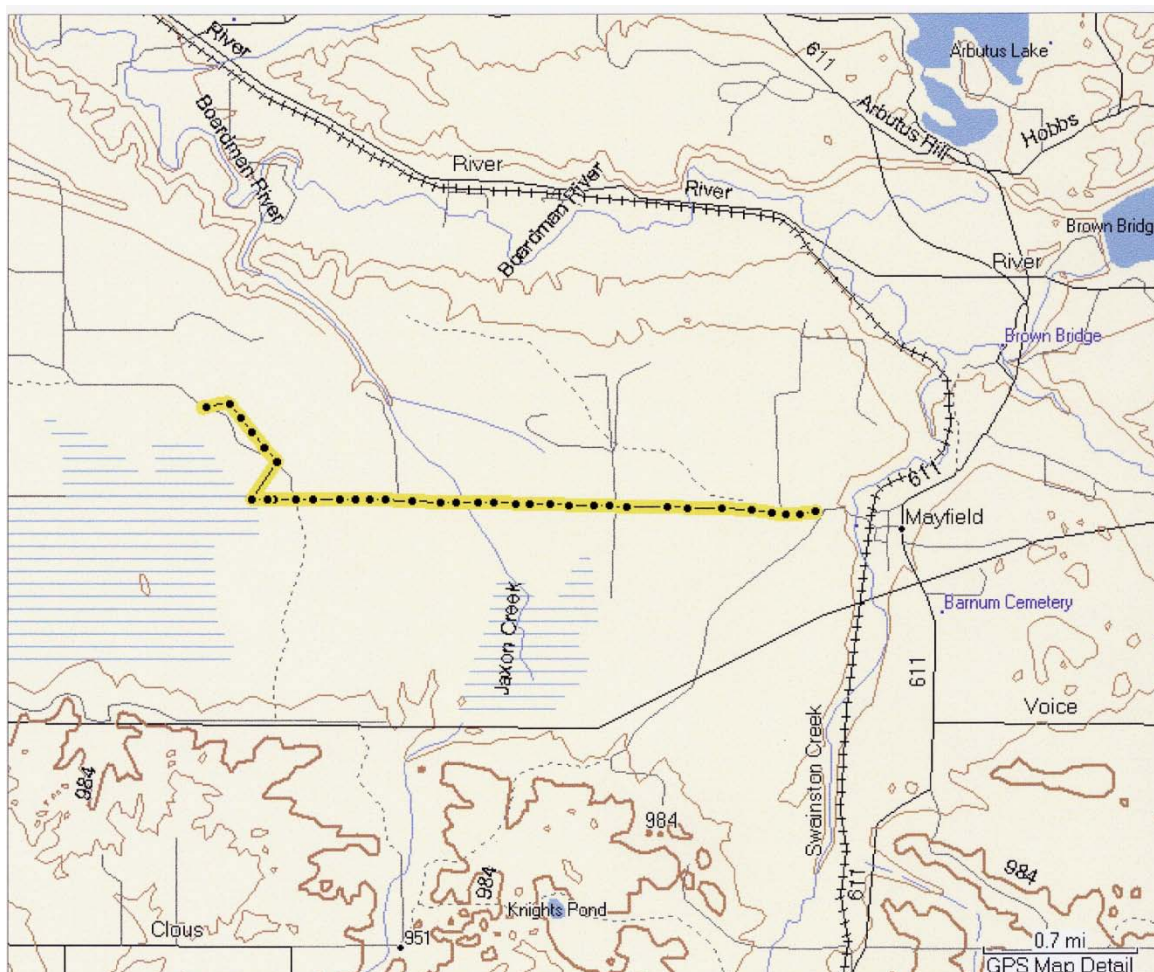
In short: Beautiful leg, easy running.

Support: Bike, vehicle

Scenery: 7 Difficulty: 4

Leg C-8: 2.9 miles

Total Day 3: 37.05 miles



Leg C-9 "The Fitchmeister Land Cruiser Run" Sponsored by Toyota Land Cruiser
MANDATORY AUTO DETOUR BELOW

Continue straight for a total of 2.15 miles to a T in the road.

At .6 mile the road turns to the right.

At .7 mile go left at the Y (still on Blair Town Hall).

At 1.5 miles you come to an intersection where there used to be a pine tree in the middle, continue straight for another .75 mile to T in road.

Turn left at T for 1.4 miles to the exchange at Vance (no sign).

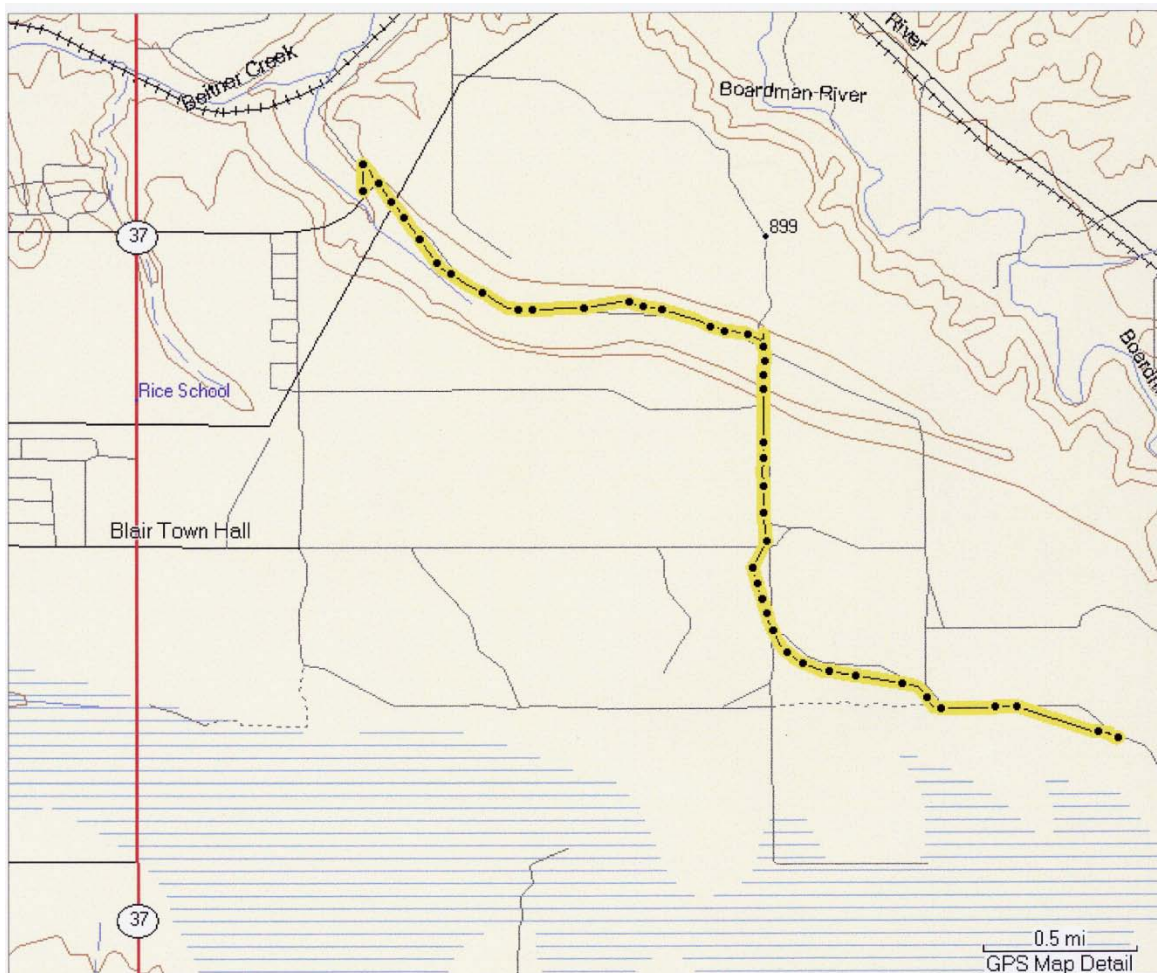
In short: Sandy leg at first but a leg with a little bit of everything.

Support: If you accompany your runner with a vehicle on this leg, this must be the vehicle for Mandatory Detour #1 below with the **Lime vehicle sign**. Only one vehicle per team is allowed at the end of Leg C-10.

Scenery: 6 Difficulty: 6

Leg C-9: 3.55 miles

Total Day 3: 40.60 miles



MANDATORY AUTO DETOURS: USE THE BLUE VEHICLE SIGN.

DETOUR #1: One vehicle per team will take the runner to the start of Leg C-10. This vehicle will pick up the runner from the finish of Leg C-9, follow the detour for Leg C-10, **pick up the runner at the end of C-10**, and then proceed to the start of Leg C-14.

1. A) From the start of Leg C-9, continue for 1.5 miles to Blair Town Hall Road (no sign).

Turn left on Blair Town Hall Rd for 2.0 miles to M-37.

Turn right on M-37 for 1.0 mile to Vance.

Turn right on Vance for .8 mile to the exchange.

1. B) The auto detour for Leg C-10 will get you to the finish of Leg C-10 and then to the start of Leg C-14 from there.

DETOUR #2: USE THE YELLOW VEHICLE SIGN.

2. A) One vehicle per team will take the runner to the start of Leg C-11 at Ellis Lake and then proceed to the start of Leg C-15.

From the start of Leg C-9, continue for 1.5 miles to Blair Town Hall Road (no sign).

Turn left on Blair Town Hall Rd for 2.0 miles to M-37.

Turn right on M-37 for 1.0 mile to Vance.

Turn left on Vance for 1.9 miles to Co Rd 633.

Turn left on Co. 633 for .25 mile to Fall Road.

Turn right on Fall for 1.0 mile to East Duck Lake Rd.

Turn right on East Duck Lake for 1.2 miles to US-31.

Turn left on US-31 for .25 mile to Ellis Lake Road (no sign).

Turn right on Ellis Lake Road for .25 mile to the start of this leg at the Shore to Shore trailhead.

2. B) The auto detour for Leg C-13 will get you to the start of Leg C-15.

DETOUR #3: USE LIME VEHICLE SIGN.

THIS VEHICLE WILL HAVE THE RUNNERS FOR LEGS C-12 AND C-13.

Your third vehicle will take the runner to the start of Leg C-12, and then continue on the course to the start of Leg C-13 after picking up the runner at the exchange.

From the start of Leg C-9, continue for 1.5 miles to Blair Town Hall Road (no sign).

Turn left on Blair Town Hall Rd for 2.0 miles to M-37.

Turn right on M-37 for 1.0 mile to Vance.

Turn left on Vance for 1.9 miles to Co Rd 633.

Turn left on Co. 633 for .25 mile to Fall Road.

Turn right on Fall for 1.0 mile to East Duck Lake Rd.

Turn right on East Duck Lake for 1.2 miles to US-31.

Turn left on US-31 for 3.0 miles to Gonder.

Turn right on Gonder for 1.0 mile to Mud Lake Road.

Turn left on Mud Lake Road for .4 mile to Heniser (no sign).

Turn right on Heniser for .75 mile to the exchange at the campground road on the right. Park between the bridge and the campground road, or turn right on the campground road and park in one of the clearings just inside the road.

You will then follow the course for Leg C-12.

Leg C-10 “The Grand Trunk Run” Sponsored by Toyota Sequoia
MANDATORY AUTO DETOUR BELOW

Continue straight for .4 mile to a driveway on the left that goes over Railroad Tracks.

Turn left on the driveway for 10 yards and then left immediately on the railroad tracks for 1.75 miles to Sawyer (run on the right shoulder of the railroad tracks).

Turn left on Sawyer for .5 mile to Vance.

Turn right on Vance for .9 mile to Co Rd 633.

Turn left on Co. 633 for .25 mile to Fall Road.

Turn right on Fall for 1.0 mile to East Duck Lake Rd.

Turn right on East Duck Lake for .2 miles to the exchange at the dirt driveway on the right. We'll be doing a long distance air exchange here. Crossing US-31 scares the heck out of us, so we did away with it. You're runner for Leg C-12 will be at the start of that leg. We'll radio from the end of this leg to the start of the next leg when you finish.

In short: We shortened this leg for safety reasons.

Support: No support on the railroad tracks, and then bike or vehicle.

Scenery: 5 Difficulty: 6

Leg C-10: 5.0 miles

Total Day 3: 45.6 miles

MANDATORY AUTO DETOUR:
DISPLAY YOUR BLUE
VEHICLE SIGN AT THE START
OF LEG C-10.

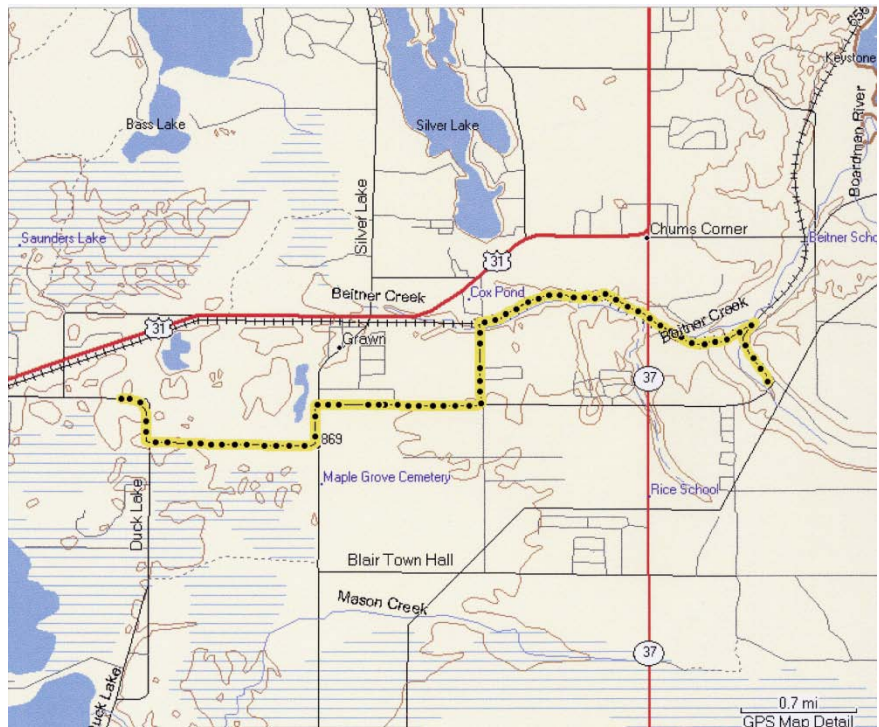
To get to the end of Leg C-10, head west on Vance to M-37/US-31.

Cross M-37 and continue on Vance for 1.9 miles to Co Rd 633.

Turn left on Co. 633 for .25 mile to Fall Road.

Turn right on Fall for 1.0 mile to East Duck Lake Rd.

Turn right on East Duck Lake for .2 mile to the exchange at the driveway on the right. Park on the grass on the right of the driveway. Do not park on the shoulder of East Duck Lake Road.



After picking up your runner here you will proceed to the start of Leg C-14.

Continue on East Duck Lake for 1.0 mile to US-31.

Turn left on US-31 for 1.5 miles to S Long Lake Road.

Turn right on S Long Lake Road for 2.2 miles to W Long Lake Rd.

Turn left on W Long Lake Rd for 4.2 miles to N Long Lake Rd.

Turn left on N Long Lake Rd for 1.0 mile to Richardson.

Turn right on Richardson for 1.8 miles to the exchange at Tucker (no sign).

Park past the exchange.

Leg C-11 "The Aussie Mossie Run" Sponsored by Toyota FJ Cruiser

MANDATORY AUTO DETOUR BELOW

Don't go to the bathroom on Ellis Lake Road. If you need to use the woods go down the Shore to Shore Trail and find a spot in the woods. Enter the trail following the blue markers for about 1.15 miles to Rogers Rd (no sign). Pay close attention to the Shore to Shore markers. Once you cross the footbridge (about 100 yards after), watch for the marker that sends you onto a narrow trail on the right.

Turn right on Rogers for 1.2 miles to Long Lake Rd (no sign).

There will be a course marshal here crossing you. Please pay attention – this is the most dangerous crossing of the race.

Turn right on Long Lake for 40 yards to Fisher Rd. Be careful on Long Lake - it's a busy road.

Turn left on Fisher (still following the blue Shore to Shore markers) for 1.5 miles to Lake Dubonet Trail Rd. (the seasonal road on the left).

Turn left on Lake Dubonet Trail (Seasonal Rd) following the blue Shore to Shore markings for 2.2 miles to the exchange at the stop sign at Heniser (no road sign).

In short: Nice run on the Shore to Shore trail.

Support: None

Scenery: 8 Difficulty: 7

Leg C-11: 6.05 miles

Total Day 3: 51.65 miles

AUTOS:

You will now go to the start of Leg C-15. To get there, go back up Ellis Lake Rd to US-31.

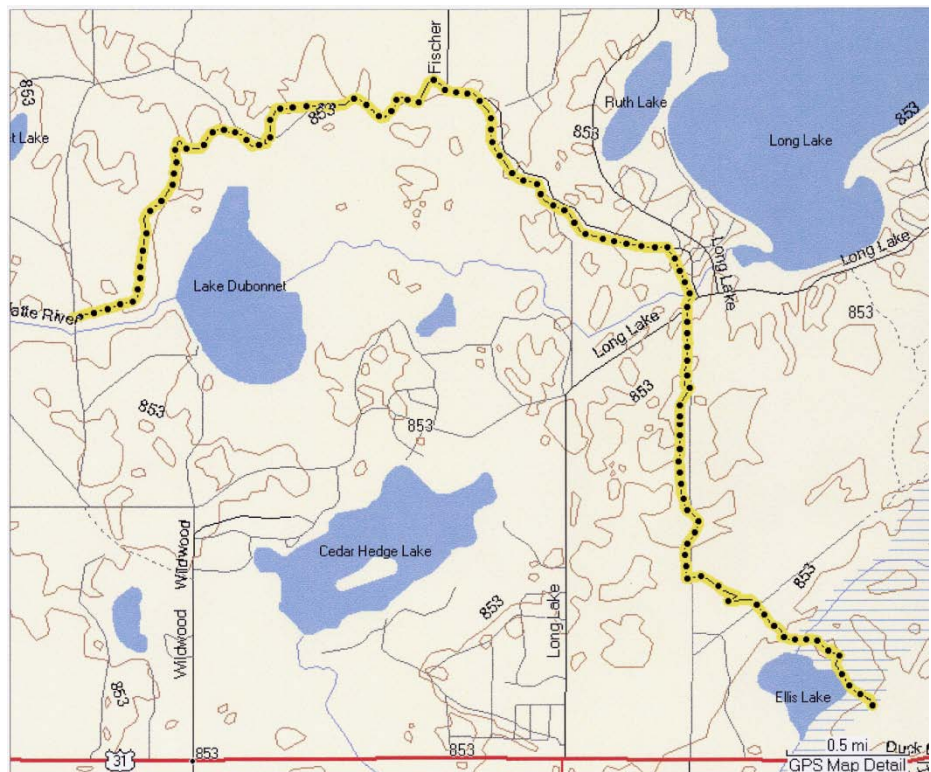
Turn right on US-31 for 4.65 miles to Lake Ann Rd (Co Rd 665).

Turn right on Lake Ann Rd for 4.65 miles to Maple Rd.

Turn left on Maple Rd/Co Rd 610 for 2.25 miles to Almira (Co Rd 610 - confused?).

Continue straight on Ole White Drive for 1.0 mile to Fowler.

Turn left on Fowler for 1.0 mile to the exchange at Maple City Road (County Road 669). Park 150 yards before the exchange. **NO AUTOS OR RUNNERS ARE ALLOWED TO BE ON MAPLE CITY ROAD.** No going to the bathroom at this exchange.



Leg C-12

"Mud Lake Run" Toyota - We Love What You Do For Us!, Detroit, MI

We will have port-a-johns at the end of Leg C-12. There are houses all over. Don't go in the woods.

Turn right on Heniser for 2.7 miles to the exchange at Heniser and Thiel.

At .2 & .25 mile on Heniser continue straight.

At 1.7 miles Heniser turns left.

At 2.1 miles go straight. Exchange at Thiel.

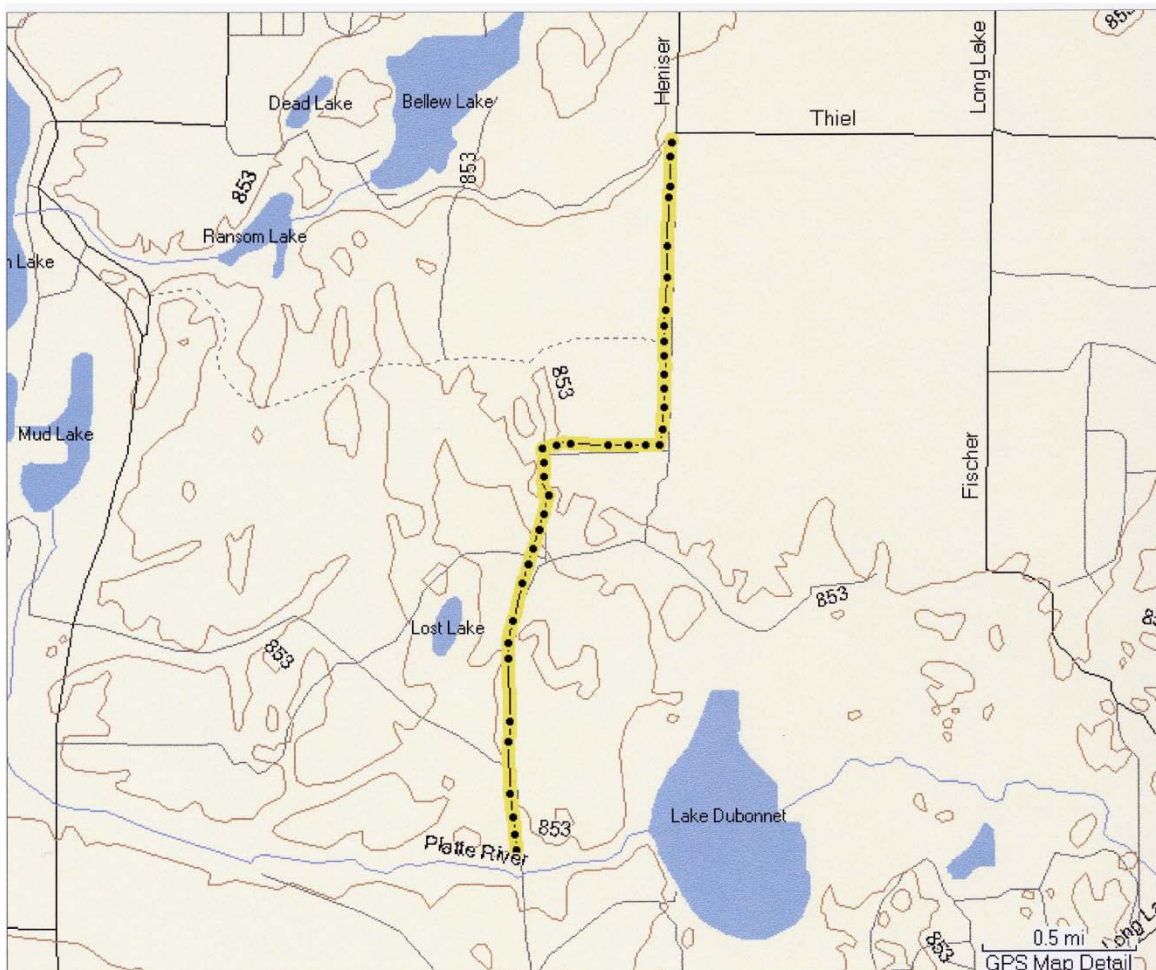
In short: Beautiful leg on the Shore to Shore trail.

Support: Bike only.

Scenery: 9 Difficulty: 7

Leg C-12: 2.7 miles

Total Day 3: 54.35 miles



AUTOS:

Vehicle Sign Color Lime at the start of Leg C-12.

To get to the start of Leg C-13, continue along the course. Do not stop to support your runner. The road is too narrow, and if you stop you will clog up the road. Turn right on Thiel and park.

Leg C-13 "You Wish you had a U Haul Now Leg " Sponsored by Toyota Camry Hybrid
MANDATORY AUTO DETOURS BELOW

We will have port-a-johns at the start of Leg C-13. There are houses all over. Don't go in the woods.

Continue straight on Heniser for .5 mile to Heather Ridge Rd.

The road is closed so you'll need to go over a berm at the start and one at the end of the 0.5 mile stretch. Turn left on Heather Ridge and go right immediately on Co Rd 610 (sign says N Long Lake Road) for .4 mile to Richardson.

Turn left on Richardson for 1.8 miles to the exchange at Tucker (no sign).

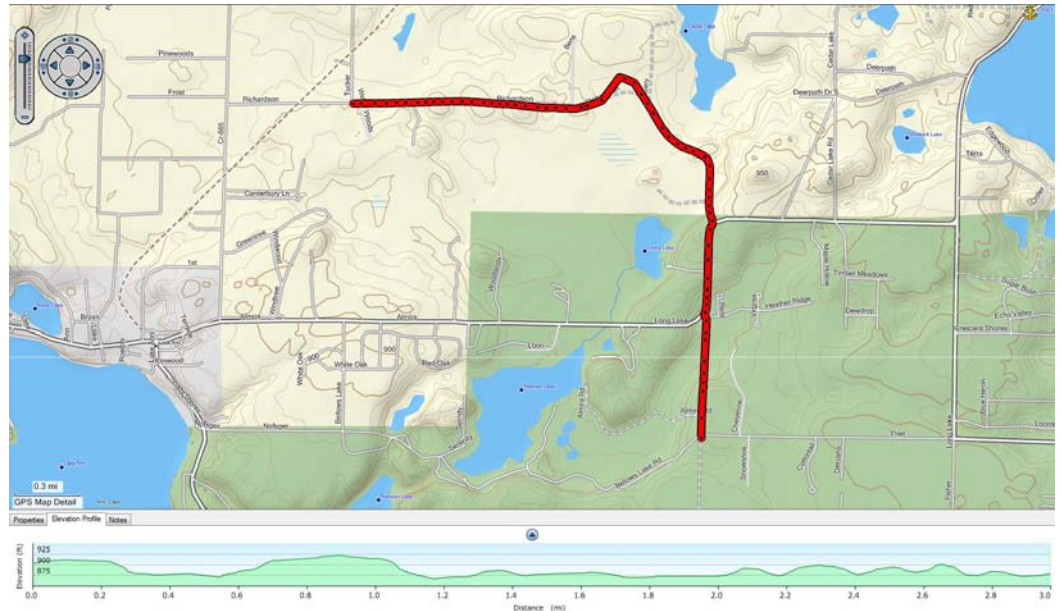
In short: Wooded, beautiful run.

Support: Bike, vehicle

Scenery: 8 Difficulty: 8-9

Leg C-13: 2.7 miles

Total Day 3: 57.05 miles



MANDATORY AUTO DETOURS:

You will now go to the start of Leg C-15.

Continue straight on Thiel for 1.0 mile to W Long Lake Road.

Turn left on W Long Lake Rd for 1.0 mile to N Long Lake Road.

Turn left on N Long Lake Rd for 1.0 mile to Richardson.

Turn right on Richardson for 2.3 miles to Lake Ann Road.

Turn left on Lake Ann (Co Rd 665) for 1.0 mile to a T (Co Rd 610).

Turn right on Co Rd 610 for 2.5 miles to Almira (Co Rd 610 - confused?).

Continue straight on Ole White Drive for 1.0 mile to Fowler.

Turn left on Fowler for 1.0 mile to the exchange at Maple City Road (County Road 669). Park before the exchange. **NO AUTOS OR RUNNERS ARE ALLOWED TO BE ON MAPLE CITY ROAD.**

Leg C-14 “FORE! Sufferance City Run” Sponsored by Toyota Motor Sales Inc., USA, Detroit, MI
MANDATORY AUTO DETOUR BELOW

Turn right on Tucker for .5 mile to Fowler Rd (no sign).

Turn left on Fowler for 3.6 mile to the exchange at County Road 669 (no sign). Air touch at this exchange.

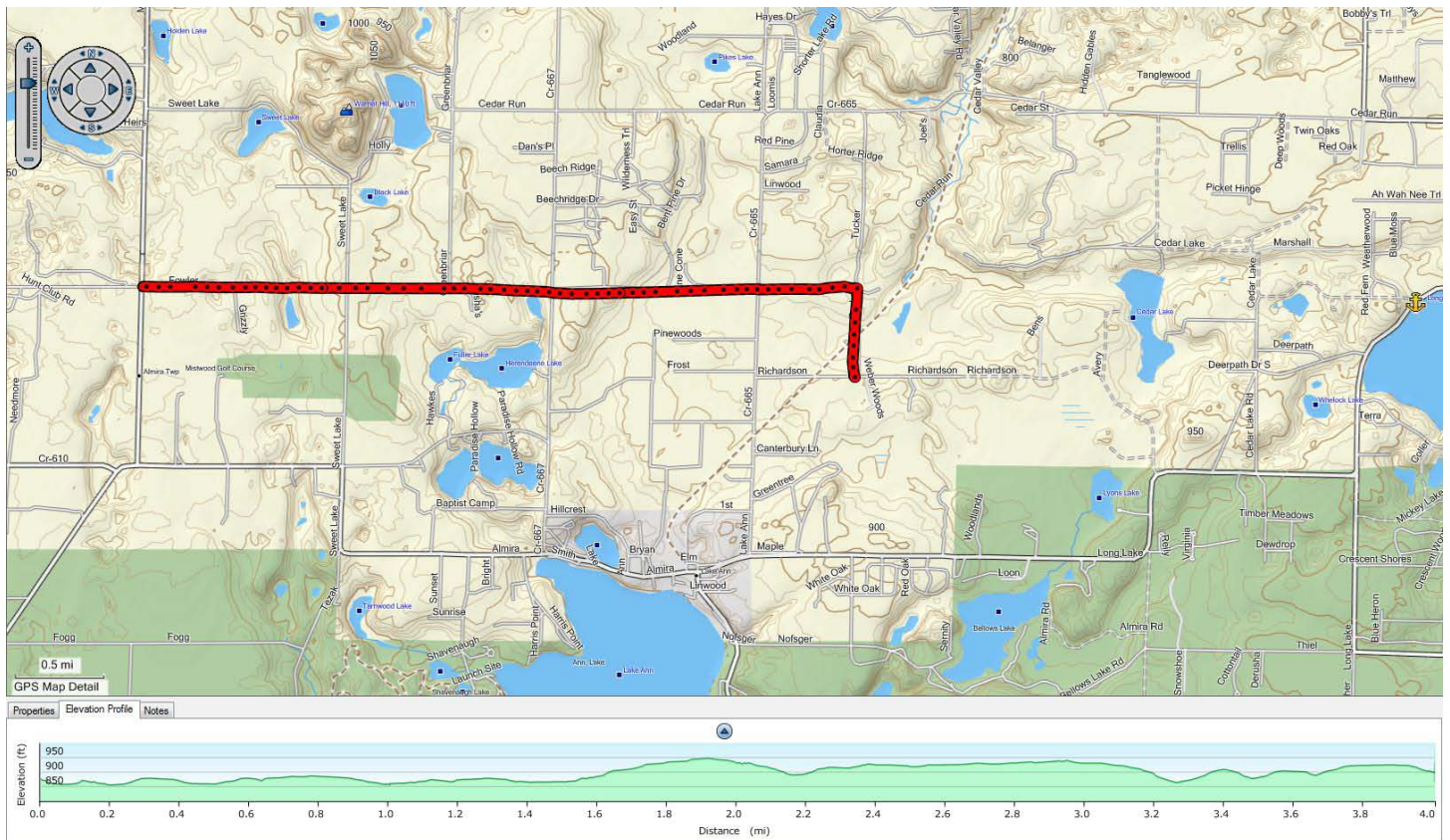
In Short: Beautiful run through a tree lined corridor with some hills. No going to the bathroom at this exchange.

Support: Bike only

Scenery: 10 Difficulty: 7-8

Leg C-14: 4.1 miles

Total Day 3: 61.15 miles



MANDATORY AUTO DETOUR: Continue straight on Richardson for 0.5 mile to Lake Ann Road.

Turn left on Lake Ann (Co Rd 665) for 1.0 mile to a T (Co Rd 610).

Turn right on Co Rd 610 for 2.5 miles to Almira (Co Rd 610 - confused?).

Continue straight on Ole White Drive for 1.0 mile to Fowler.

Turn left on Fowler for 1.0 mile to the exchange at Maple City Road (County Road 669). Park before the exchange. **NO AUTOS OR RUNNERS ARE ALLOWED TO BE ON MAPLE CITY ROAD.**

No going to the bathroom at this exchange.

Leg C-15 "Last 'Hill' and Testament Run - Through the Ponds" Sponsored by Kistner, Troyanovic & Brady, P.C., Attorneys at Law, New Baltimore, MI (586) 756-0900 AUTO DETOUR BELOW

Continue straight on Fowler for 1.5 miles to a T in the road (no sign - it's Rayle).

Turn right on Rayle for a total of 3.0 miles to a T at Pettengill.

At .6 mile on Rayle go right at the Y.

At .8 mile go left at the Y.

At .95 mile go left at the lake.

At 1.5 miles go right at the Y.

At 2.4 miles go left at the Y.

Turn left on Pettengill for 1.0 mile to the exchange at the Trail Camp sign on the right.

In short: Definitely one of the most scenic runs of the relay. Hills early and sand most of the way.

Support: One 4-WD or high clearance vehicle only.

Scenery: 10 Difficulty: 8

Leg C-15: 5.5 miles

Total Day 3: 66.65 miles



AUTO DETOUR: Fowler is a bit sandy and ratty, so we don't recommend you go through unless you want to take a four wheel drive. Cars turn right on Co Rd 669 for 2.0 miles to Pettengill (map says County Line Road). Turn left on Pettengill for 2.45 miles to the exchange.

At 1.45 miles on Pettengill your runner will come out of Rayle (no sign - dirt road on left).

Park past the exchange.

Leg C-16 "Plowman Run" Sponsored by Dave Taghon, Former Mayor of Empire

Continue straight on Pettengill for 2.5 miles to the exchange at Benzonia Trail 677.

At .7 mile on Pettengill continue straight.

Pettengill changes names to Oviatt.

Airtouch exchange here.

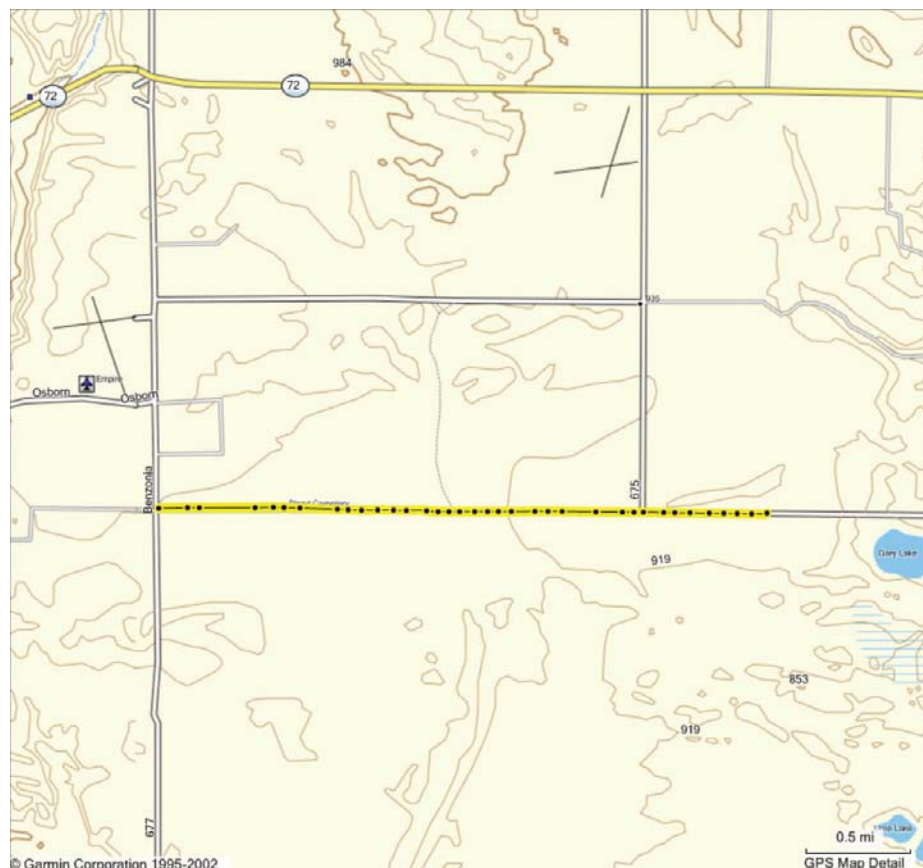
In short: Nice tree lined roads and a bit hilly.

Support: Bike, vehicle

Scenery: 8 Difficulty: 7

Leg C-16: 2.5 miles

Total Day 3: 69.15 miles



Leg C-17

"The Final Burner Leg" Sponsored by Dave Taghon, Former Mayor of Empire

Continue straight on Oviatt for 2.0 miles to Aral.

Turn right on Aral for .4 mile to the exchange on the side of the road. The "No Trespassing" sign on the electric pole on the right is gone. You'll have to use your odometer on this one.

In short: Nice tree lined roads and a bit hilly.

Support: Bike, vehicle

Scenery: 8 Difficulty: 7

Leg C-17: 2.4 miles

Total Day 3: 71.55 miles



AUTOS: Keep the speed down – you'll dust the runners on Pettengill. At the exchange, park on the grass on the shoulder.

Leg C-18 "The Otter Creek to Empire Glory Leg" The Lakeshore Striders in memory of our friend the Old Goat, Jim Fitch who was part of the GLR from the start, mapping, running, and serving on the race committee. The Old Goat with his sideways hat will be missed.

MANDATORY AUTO DETOUR BELOW

Continue straight on Aral for 1.1 miles to a T (Hills to the right, Esch to the left).

Turn left on Esch for .9 mile to a T (no sign).

Turn right at the T for .5 mile to the beach.

Turn right at the beach and follow the waterfront for 3.5 miles to the finish at the beach in Empire.

In short: The glory leg. Beautiful run along Lake Michigan and the Dunes National Lakeshore. Enjoy!

Support: None, absolutely no vehicles going down to the beach at Esch. That is a requirement from the National Lakeshore Director.

Scenery: 10 Difficulty: 2

Leg C-18: 6.0 miles
Total Day 3: 77.55 miles

MANDATORY AUTO DETOUR: Turn right at the Y (on Aral) for 1.4 miles to a T (no sign – Hills Road). The runner turns left here but you are not allowed to accompany the runner any farther.

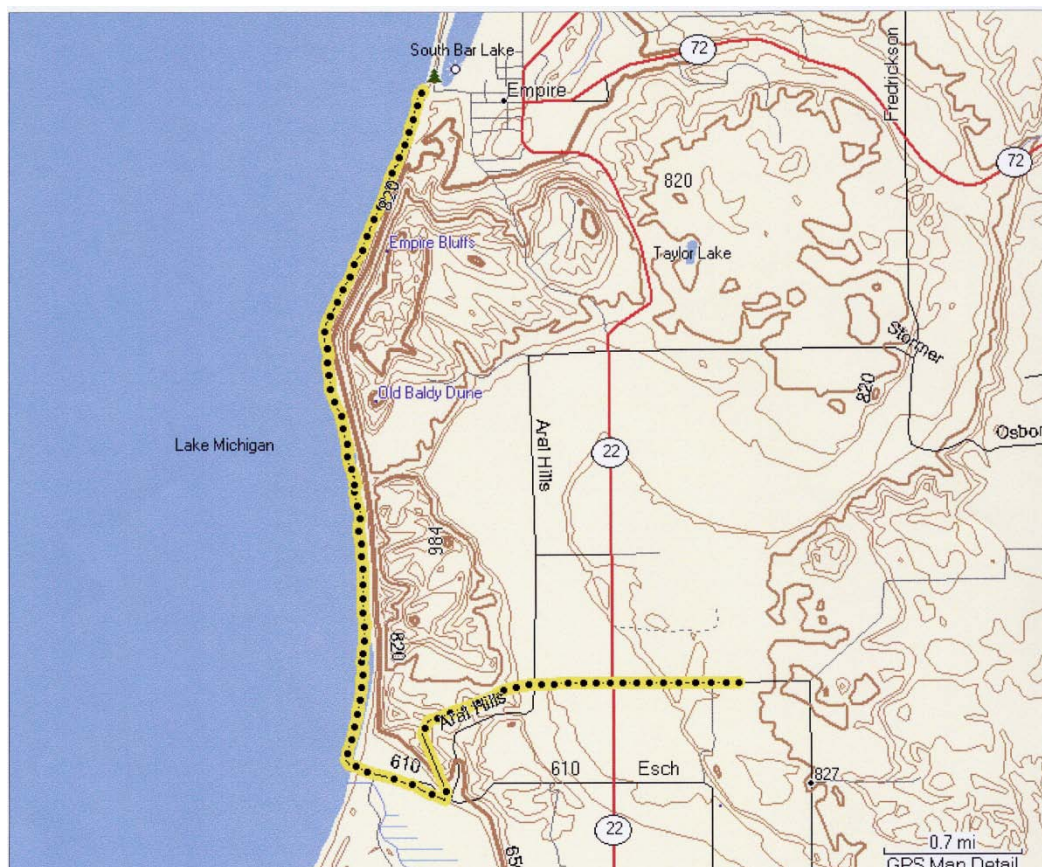
Turn right on Hills for 2.0 miles to M-22.

Turn left on M-22 for 1.75 miles to Phillip.

Turn left on Phillip for 2 blocks to Reynolds.

Park on the grass in the James R. Johnson Park right in front of you.

You'll exit the park in the far left corner. There is a dirt road to the right of the white house. Go past the gate and walk over to Niagara Street. Turn right on Niagara and head for the beach on the sidewalk.



FOOD LEG

Join us at the Lions Park for pizza, pop, awards, singing, and story telling.