



JULY 17-19, 2015

DAY 2



These are some key points that all runners should be familiar with.

RUNNER SAFETY

Runner safety is our main concern. Use caution to avoid accidents. Where we can, runners and vehicles are on separate roads. There are times, however, when the two share roads. Runners need to be mindful of the vehicles and let them pass. Bike escorts cannot ride in the middle of the road blocking traffic. And vehicles must be courteous to runners – meaning keep the speed down around runners for safety and dust concerns.

TRAFFIC

Police are alerted to the Relay and will ticket traffic violations. All runners must obey directions or be subject to penalty. It is absolutely necessary to keep vehicles off of paved roads at exchange points. Also, spectators and team members must stay off the road during the race.

EXCHANGE POINTS

Please read your directions carefully. Many exchange points have specific instructions on where to park, and the directions will vary depending on the exchange location. We cannot supply port-a-johns along the entire relay course. As such, we expect runners to use reasonable judgment. Once again, pay attention to the written directions on this matter. The obvious is pointed out at some exchange points, however, if there are houses around an exchange you cannot go into yards to go relieve yourself. Do not go to the bathroom in people's yards, by their houses, behind businesses, etc. We go through plenty of state and national forest area. Stop in between exchanges if you have to at bathrooms. The excuse, "Oh well, when you gotta go, you gotta go" will not be tolerated.

VEHICLE SIGNS

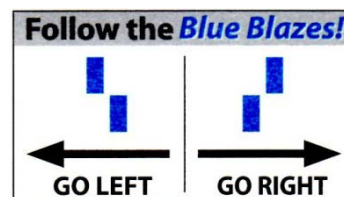
In order to avoid congestion at tight exchanges there will be a number of legs throughout the relay where only one vehicle per team will be allowed. These are clearly stated in the directions. Ignorance will not be tolerated here either. Severe time penalties will occur for violations.

ACKNOWLEDGEMENTS

The Lakeshore Striders acknowledge and thank the Hiawatha National Forest and the North Country National Scenic Trail organization and volunteers from the Hiawatha Shore to Shore Chapter for their work in maintaining the North Country Trail through the Hiawatha National Forest.

While on the North Country Trail you will see these markers:

A single blue marker means you're still on the trail. Two markers indicate a turn is needed. You will also see brown post with trail indicators and arrows pointing right or left in some locations.



It's about 34 miles from the Day 1 finish to Indian River.

From the M-68 exit off of I-75 in Indian River head west on M-68 for 2.6 miles to Parke Rd.

Turn left on Parke for 8.1 miles to Wolverine Rd.

Parke changes names to Reams.

Turn left on Wolverine for 1.0 mile to Weber Lake Rd (no sign).

Turn right on Weber Lake Rd for 1.75 miles to the start at the Tomahawk ORV trailhead.

At 1.3 miles go left at the Y – you're now on Springvale Rd.

From the I-75 exit for Wolverine turn right for 0.5 mile to Old 27.

Turn left on Old 27 for 0.1 mile to C-58 (Main St).

Turn right on Main Street (Wolverine Rd) for 6.25 miles to Weber Lake Rd (no sign).

Turn left on Weber Lake Rd to 1.75 miles to the start at the Tomahawk ORV trailhead.

At 1.3 miles go left at the Y – you're now on Springvale Rd.

One vehicle per team may go to the start. Vehicle #1 will have the runners for Legs B-1, B-2 and B-3. You will drop your runner for the start and head to the start of Leg B-2 before the race start.

Vehicle #2 will have the runners for Legs B-4 & B-5. Sleep in and get some rest. To get to the start of Leg B-4 from the I-75 exit at Wolverine, turn right for 0.5 mile to Old 27.

Turn left on Old 27 for 7.4 miles to Thumb Lake Rd.

Turn right on Thumb Lake Rd for 8.35 miles to Baker.

Turn left on Baker for 0.5 mile to the exchange at Camp 10 Rd.

Park before the exchange.

Vehicle #3 can go to the start of Leg B-5. To get there from the I-75 exit at Wolverine, turn right for 0.5 mile to Old 27.

Turn left on Old 27 for 7.4 miles to Thumb Lake Rd.

Turn right on Thumb Lake Rd for 12.1 miles to US-131.

Turn left on US-131 for 5.1 miles to Dobleski.

Turn left on Dobleski for 1.3 miles to the exchange at the NCT trail on the right.

GLR15 Saturday, July 18, 2015 Start Time 6:00 AM

Leg B-1 “Tomahawk Trail Run” Sponsored by Nasty Boys Glee Club

Head southwest on Springvale for 3.85 miles to the exchange at the North Country Trail on the left.

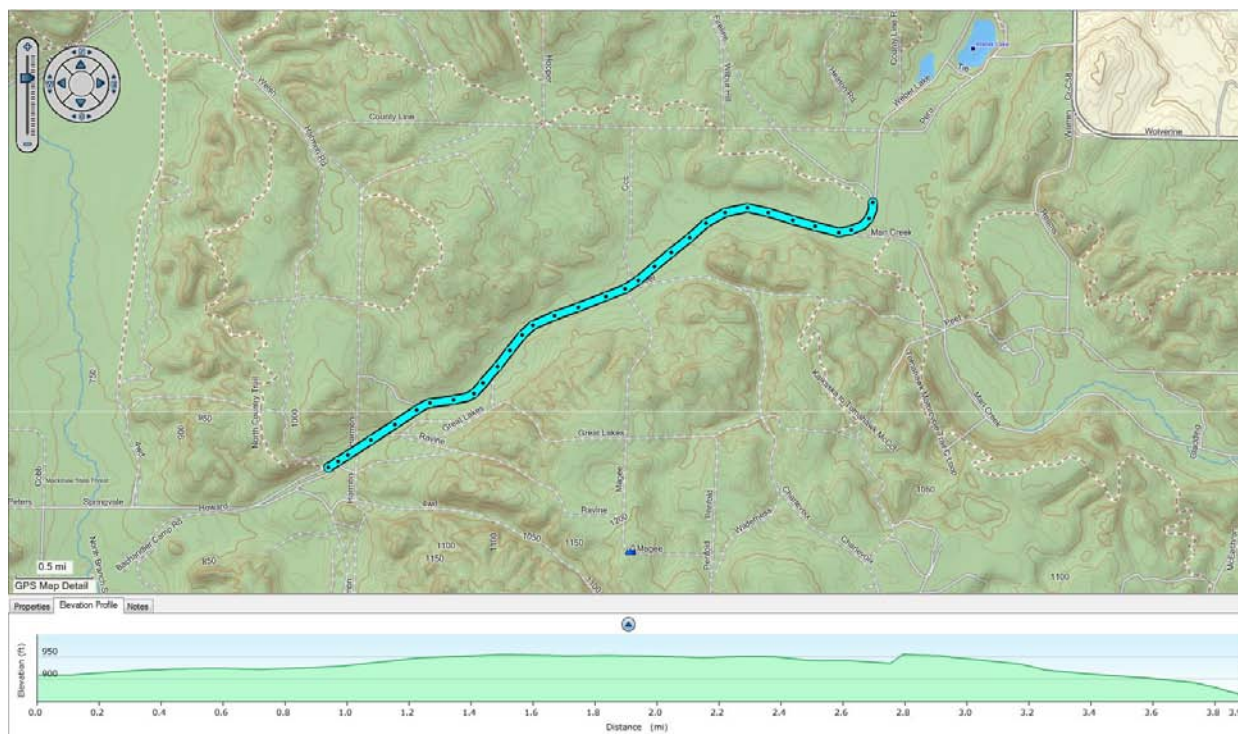
In Short: Nice run on a dirt road to start things off and spread the teams out before hitting the trail.

Restrooms: Outhouse at the Tomahawk ORV Trail head parking lot.

Scenery: 6 Difficulty: 0

Support: None

Leg B-1: 3.85 miles
Total Day 2: 3.85 miles



AUTOS

To get to the start of Leg B-2 proceed along the course for 3.85 miles to the exchange. There is a seasonal road on your right and the NCT on your left at this intersection. You will go before the start of the race. Park past the exchange.

**Leg B-2 “Chandler Hills Run” ‘...let me be brave in the attempt’ sponsored by
Dennis & Jillian Peck, Team Huron Valley S.O. & GLR Don’t lose Bruce AGAIN**

Turn left on the NCT for 4.8 miles to the exchange at Chandler Hill Road.

From 3.4 – 4.3 miles is one continuous hill increasing in grade as you go.

At 4.7 miles you can see the road in front of you but the trail goes to the right.

In Short: Tough run to start off. Be careful of the trail turning on and off of two track roads.
One tough uphill and then a nice downhill finish.

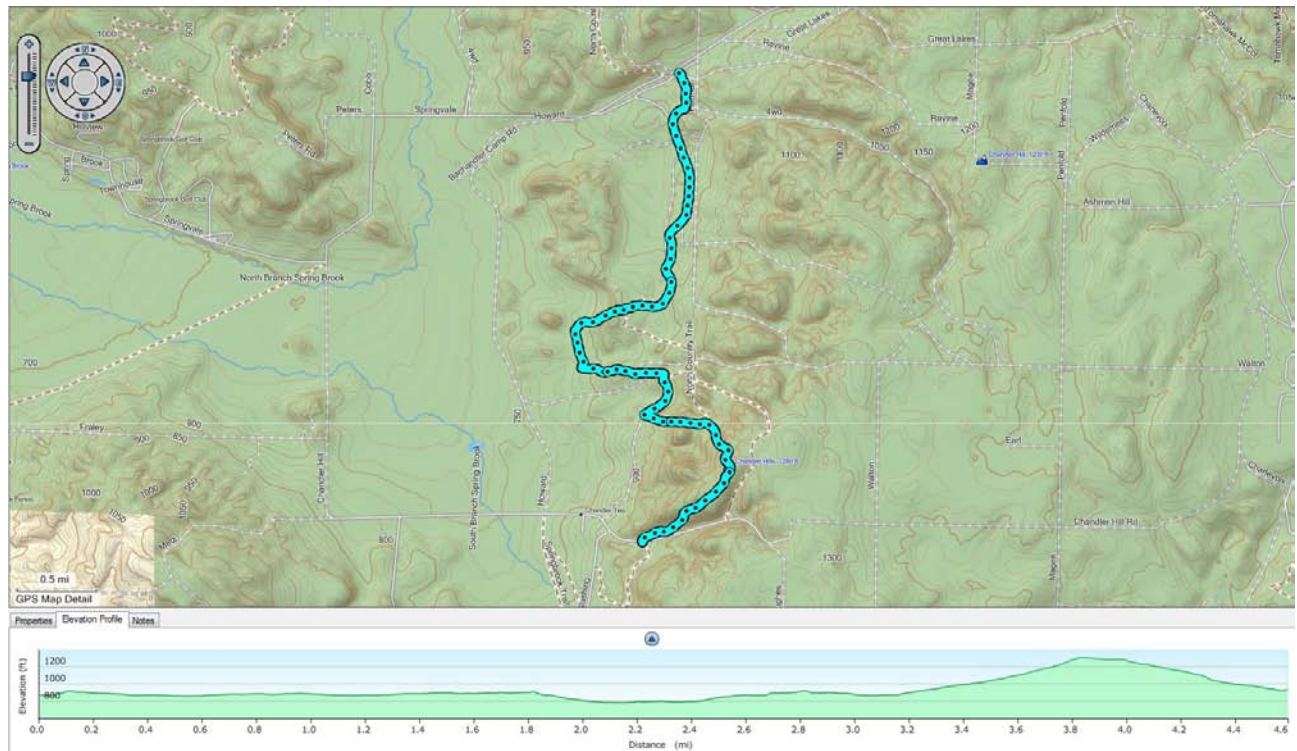
Restrooms: None

Scenery: 9 Difficulty: 8

Support: None

Leg B-2: 4.8 miles

Total Day 2: 8.65 miles



AUTOS

To get to the start of Leg B-3, continue on Springvale for .5 mile to a Y – Howard Rd.

Go left at the Y on Howard for 3.0 miles to Chandler Hill.

Turn left on Chandler Hill for .5 mile to the exchange at the North Country Trail crossing.

Park on the right shoulder. This road is paved and the exchange is on a curve so stay off of the road – very dangerous spot.

Leg B-3 “Thrasher on the Slasher” Sponsored by Out For Blood

Continue on the North Country Trail for 3.3 miles to Thumb Lake Rd – major paved road. The course marshals will cross you here.

From the start to 1.25 miles there is an RV trail that parallels the NCT. Pay attention to your markers.

At 1.75 miles there is a two track road. Follow your markers to stay on the NCT
Turn right on Thumb Lake Road, running on the left side of the road, for 1.0 mile to Baker.
Turn left on Baker for 0.5 mile to the exchange at Camp 10 Rd.

In Short: Michigan mountains form start to finish.

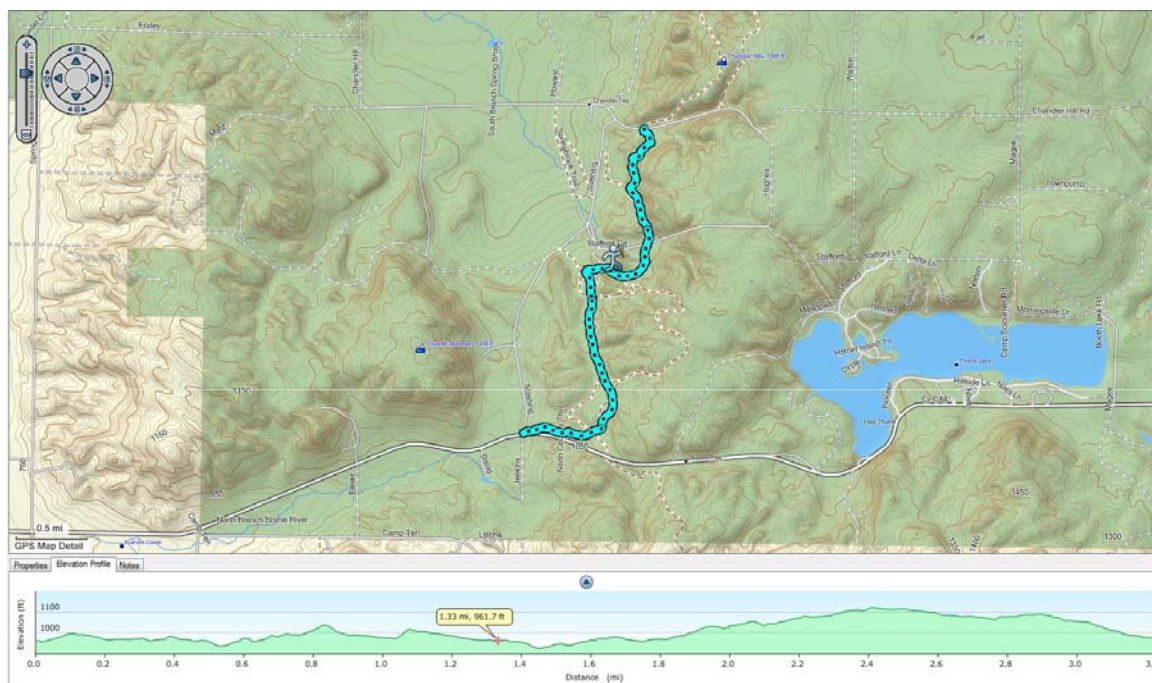
Restrooms: None

Scenery: 7 Difficulty: 8

Support: None

Leg B-3: 4.8 miles

Total Day 2: 13.45 miles



AUTOS

You will now proceed to the start of Leg B-5.

To get there, continue on Chandler Hill Rd for 2.4 miles to Magee.

Turn right on Magee for 2.25 miles to Thumb Lake Rd.

Turn right on Thumb Lake Rd for 8.7 miles to US-131.

Turn left on US-131 for 5.1 miles to Dobleski.

Turn left on Dobleski for 1.3 miles to the exchange at the NCT trail on the right.

Leg B-4 “The Kuzmik Krusher” Sponsored by the 100 or so Out for Blood Alumni, dedicated to “Heidt in recognition of his 20th consecutive GLR and his first child this September, whose force for the relay will no doubt be strong in him like his father before him”

Turn right on Camp Ten Rd for 0.9 mile to Kuzmik.

Turn left on Kuzmik for 5.65 miles to Giem (no sign).

Follow the blue markers.

Turn right on Giem for 0.9 mile to US-131.

Turn left on US-131 for 0.35 mile to Dobleski. – **Run on the left side of the road facing traffic on the shoulder.**

Turn left on Dobleski for 1.3 miles to the exchange at the NCT on the right.

In Short: The NCT follows the road at the beginning of this leg, and then you get back on the trail.

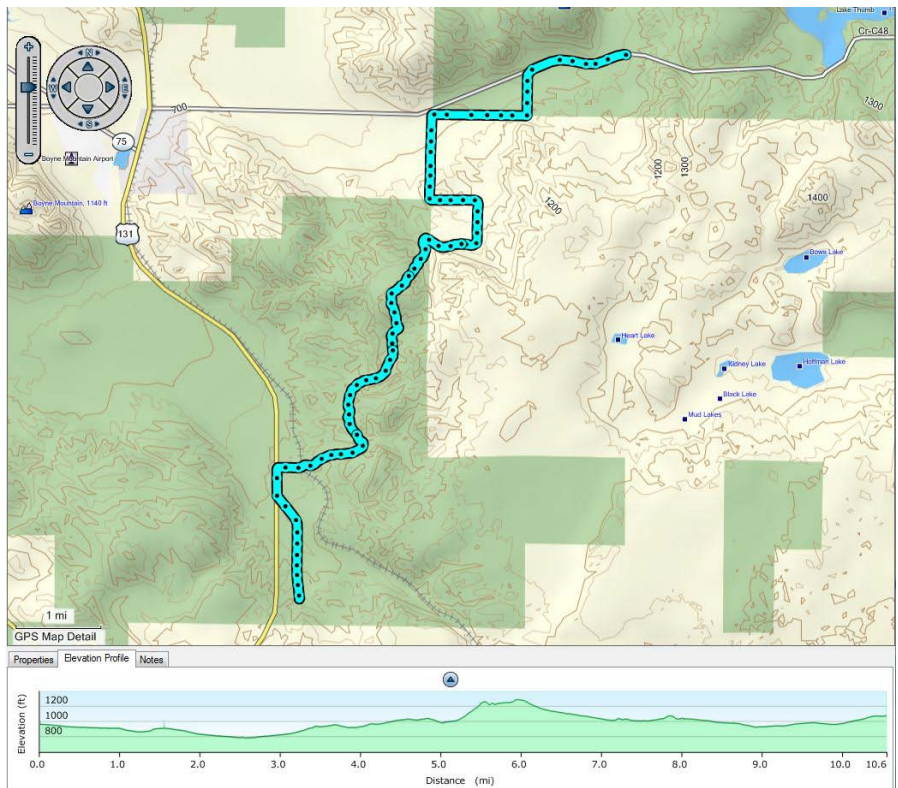
Restrooms: None

Scenery: 7 Difficulty: 7

Support: None

Leg B-4: 9.1 miles

Total Day 2: 22.55 miles



AUTOS

To get to the start of Leg B-5, turn right on Camp Ten Road for 1.0 mile to Thumb Lake Road

Turn left on Thumb Lake Rd for 2.75 miles to US-131.

Turn left on US-131 for 5.1 miles to Dobleski.

Turn left on Dobleski for 1.3 miles to the exchange at the NCT trail on the right.

Leg B-5 “Warner Creek Trail Run” Sponsored by Chippewa Valley Ed Assoc. MEA
NEA LOCAL 1

Turn right on the NCT for 6.5 miles to the exchange at the green gate.

At 0.3 mile you cross US-131

At 3.0 miles you come to a well opening. Go to the right for 100 yards and the trail will be on the left.

At 3.6 miles the trail turns to the left – do not go onto the logging road here.

At 4.0 miles you cross M-32.

At 4.6 miles go left just past the gate – the trail follows the power line to the Warner Creek Trail Parking area.

At 4.8 miles you will go through the Warner Creek Trail parking area where the trail will go left.

At 6.0 miles continue straight on the NCT – don’t go to the left.

At 6.5 miles you will come to a green gate. This is the exchange.

In Short: Nice rolling leg on the NCT. Saw mommy bear and two cubs during a mapping trip on this leg.

Restrooms: None

Scenery: 9 Difficulty: 7

Support: None

Leg B-5: 6.5 miles

Total Day 2: 29.05 miles

AUTOS END OF 5 WILL BE VERY DIFFICULT.

One vehicle per team may go to the start of Leg B-6.

Vehicle #1 - to get to the start of Leg B-6 continue on Dobleski for 1.4 miles to Thumm.

Turn right on Thumm for 1.0 mile to US-131.

Turn left on US-131 for .65 mile to Jordan River Road.

Turn right on Jordan River Rd for 2.9 miles to exchange where Jordan River Rd turns left.

There is a green gate on the right where your runner will come from on the NCT.

The road is narrow at the exchange. Park past the exchange and try to get off the road as much as you can so other vehicles can get through. There is a field just past the turn on the left. You can park some cars in here.

Vehicle #2 – go to the start of Leg B-7. To get to the start of Leg B-7 continue on Dobleski for 1.4 miles to Thumm.

Turn right on Thumm for 1.0 mile to US-131.

Turn left on US-131 for 7.95 miles to Alba Hwy (Co Rd 620).

Turn right on Alba Hwy for 1.0 mile to Corey (no sign – seasonal road).

Turn left on Corey and park.

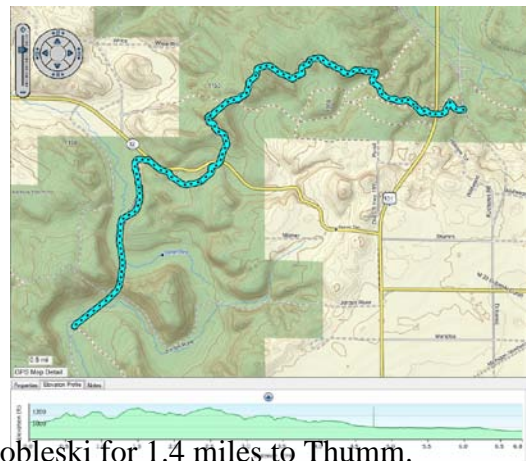
Vehicle #3 – go to the start of Leg B-8. To get to the start of Leg B-8 continue on Dobleski for 1.4 miles to Thumm.

Turn right on Thumm for 1.0 mile to US-131.

Turn left on US-131 for 9.2 miles to Corey (no sign).

Turn left on Corey for 1.0 mile to the exchange at Doerr – runners will be on Corey for this mile.

Turn right and park.



Leg B-6 The Deadman Run Sponsored by Mr. Dan Casey, “In Memory of our Friend Barb Clark– The Lansing Lopers”

Barb ran the relay from 1998 through 2004, but died unexpectedly of a brain aneurysm while on a 10 mile training run in the spring of 2005. She will be remembered as a fierce competitor, outstanding runner, and for her great smile when not racing.

AIRTOUCH EXCHANGE AT END OF LEG

Continue straight on Jordan River Rd following the blue NCT markers for .4 mile.
Here the trail takes a hard left off of the road onto a single track trail for 9.5 miles to the exchange at Harvey Rd and Alba Hwy.

At 0.9 mile turn left at Deadman’s Hill Junction going towards Deadman’s Hill Overlook. DO NOT GO STRAIGHT HERE.

At 1.4 miles turn right in the parking area and go to the overlook.

At 1.5 miles follow the fence line to the left.

At 1.6 miles the trail goes left away from the fence.

At 1.65 miles the trail turns to the right.

At 2.7 miles turn left following the southbound detour on the Jordan Valley Pathway – do not go straight on the North Country Trail – there are markings both ways.

At 2.8 miles continue straight towards Turner Rd /Landslide Overlook– do not go right.

At 3.75 miles you continue across a blacktop road.

At 4.7 miles continue across a dirt road.

At 7.8 miles turn left at the overlook – DO NOT GO STRAIGHT.

At 7.95 miles look for the trail off to the right of the parking lot.

At 8.2 miles go right on the dirt road.

At 8.25 miles follow the road to the right.

At 9.0 miles the road turns to the right.

In Short: Tough hill in the first half and then nice run after.

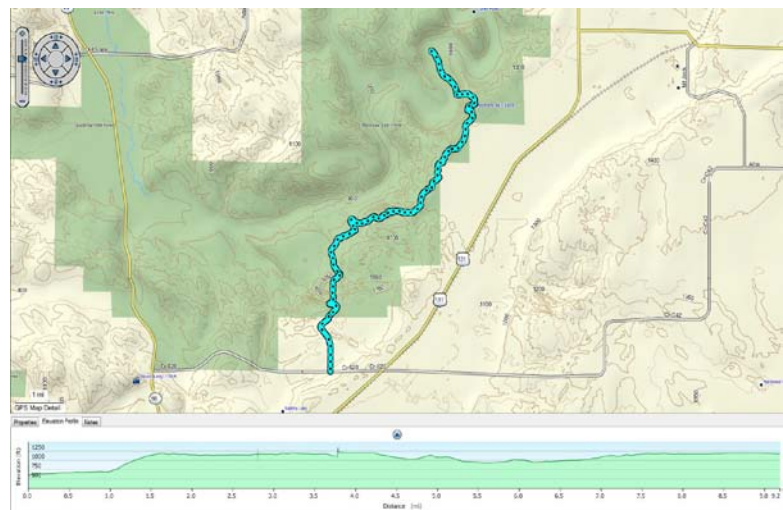
Restrooms: None

Scenery: 10 Difficulty: 8

Support: None

Leg B-6: 9.9 miles

Total Day 2: 38.95 miles



AUTOS

To get to the start of Leg B-7, continue on Jordan River Rd for 9.0 miles US-131.

At 5.5 miles go left at the Y – still on Jordan River Road.

Turn right on US-131 for .1 mile to Alba Hwy.

Turn right on Alba Hwy for 1.0 mile to the exchange at Corey Rd (Seasonal Rd on left – sign says Harvey on the right).

Turn left on Corey and park on the right side.

Airtouch Exchange.

Leg B-7 “The Pansy Pants Run” Sponsored by Chippewa Valley 9th Grade Center

AIRTOUCH EXCHANGE AT START OF LEG

Continue across Alba Hwy on Corey Rd (seasonal road on left) for 2.0 miles to the exchange at Doerr Rd. following the blue NCT markers.

At 1.0 mile you will cross US-131.

In Short: Straight shot. Nice and easy.

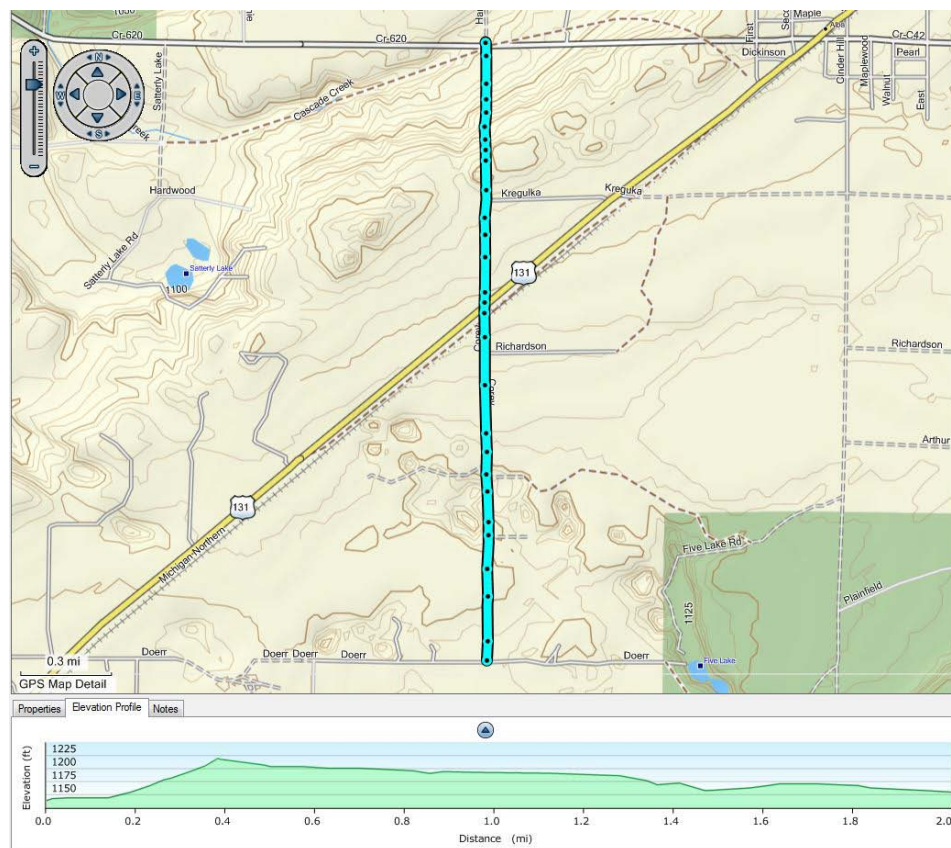
Restrooms: None

Scenery: 6 Difficulty: 0

Support: None

Leg B-7: 2.0 miles

Total Day 2: 40.95 miles



AUTOS

To get to the start of Leg B-9, continue on Corey for 0.45 mile to Kregulka (no sign).

Turn left on Kregulka for 1.0 mile to Cinder Hill Rd.

At .04 mile you'll cross US-131.

Turn right on Cinder Hill Rd for 2.5 miles to the exchange at Whispering Pines Road on your left.

Park past the exchange.

Leg B-8 “Five Lake Run” Sponsored by Kaiser Studio

Turn left on Doerr for 0.5 mile to a Y at the lake.

Go left at the Y following the NCT markers for another 1.8 miles to Whispering Pines Road.

At 0.7 mile past the Y you come to Cinder Hill Road (no sign).

Cross Cinder Hill and look for the trail making a hard right just past the road onto a single track trail.

Turn right on Whispering Pines Rd for 0.45 mile to the exchange at Chandler Hill Rd.

In Short: Nice run on the North Country Trail

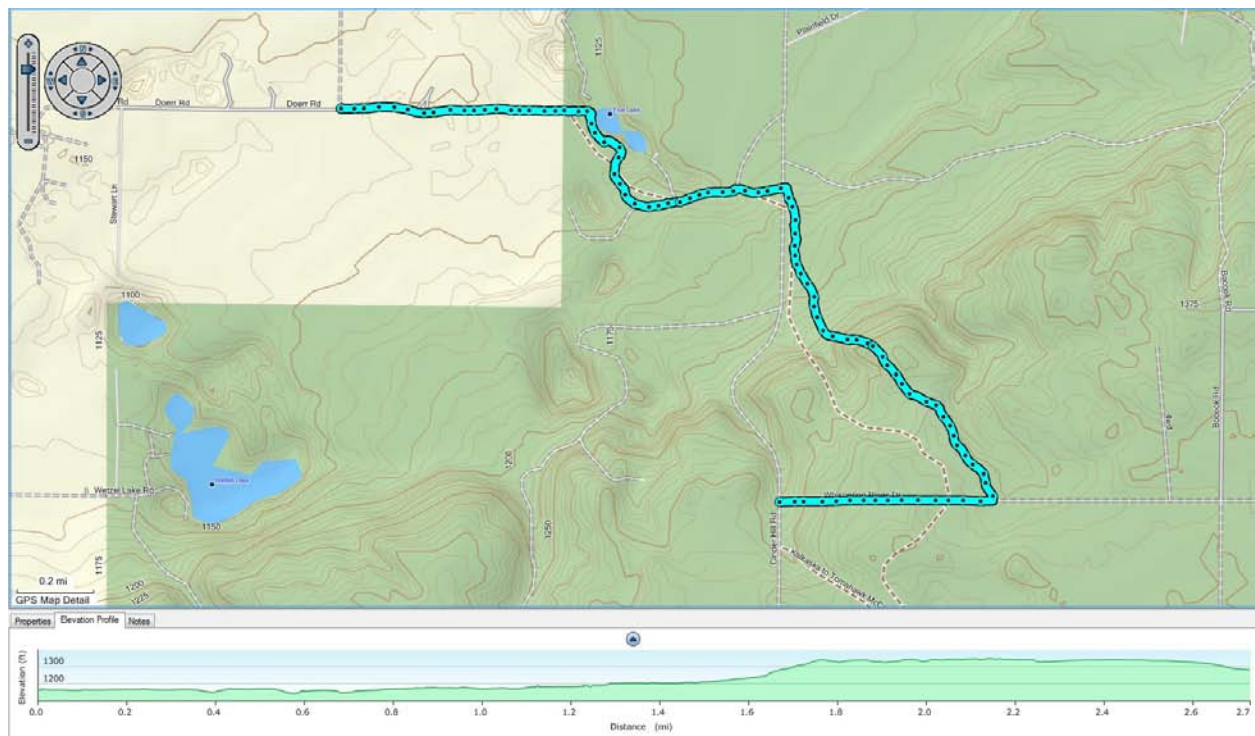
Restrooms: None

Scenery: 8 Difficulty: 3

Support: None

Leg B-8: 2.75 miles

Total Day 2: 43.7 miles



AUTOS

To get to the start of Leg B-9 continue on Doerr for 1.2 miles to US-131.

Turn right on US-131 for 2.9 miles to Alba Hwy.

Turn right on Alba Hwy for 0.1 mile to Cinder Hill Rd.

Turn right on Cinder Hill for 3.1 miles to the exchange at Whispering Pines Rd.

Park past the exchange.

Leg B-9 “Sand Lake Run” Sponsored by Bath City Bistro, Mt. Clemens, MI

Go back on Whispering Pines the way your runner came out for 0.45 mile to the NCT.
Turn right on the NCT for 7.6 miles to the exchange at Starvation Lake Rd.

At about 2.9 miles you will come out to a power line road. Continue straight across (slightly to the right) where you will continue on the trail.

When you cross County Rd C-38 you will be on a two track.

When you get to the lake you will go left. Watch for the turn markers to take you up a hill away from the lake, back into the woods.

In Short: Predominately downhill leg on the North Country Trail.

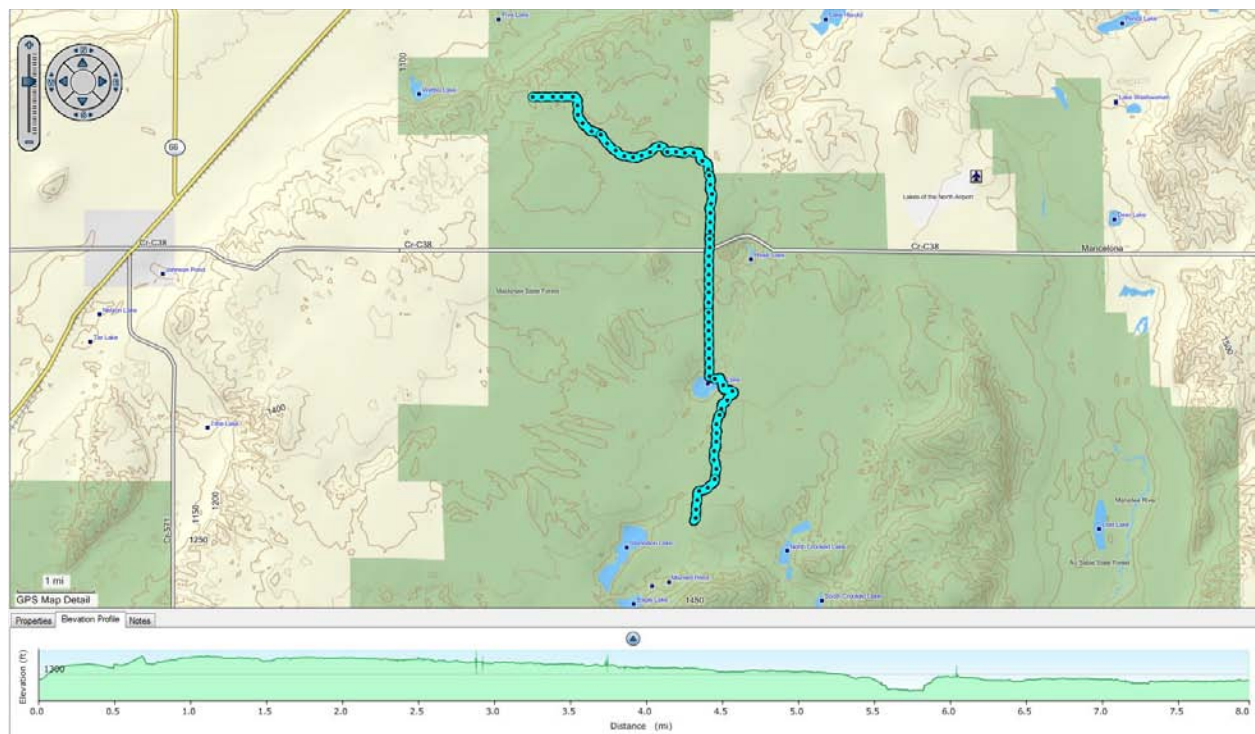
Restrooms: None

Scenery: 8 Difficulty: 6

Support: None

Leg B-9: 8.05 miles

Total Day 2: 51.75 miles



AUTOS

Continue straight on Cinder Hill Rd for 5.6 miles to Starvation Lake Rd.

At 2.9 miles on Cinder Hill continue straight. Cinder Hill becomes a seasonal road.
Turn left on Starvation Lake Rd for miles 2.2 miles to the exchange at the NCT crossing.
Park past the exchange. Stay off of the paved road. There is an ORV parking area just past the exchange on the right. You can park in this field just off the road too.

Leg B-10 “Eagle Lake Run” Sponsored by Dakota High School In Memory of Edward Roginski, a great supporter of Dakota Track and Field & Cross Country

Continue on the NCT for 5.5 miles to the exchange at Kennel Road.

At 4.0 miles you cross Indian Lake Road – paved.

At 5.0 miles you will cross a dirt road – Papoose Lake Rd.

There are lots of RV trails crossing this leg – just follow the blue markings.

In Short: Another nice run on the NCT

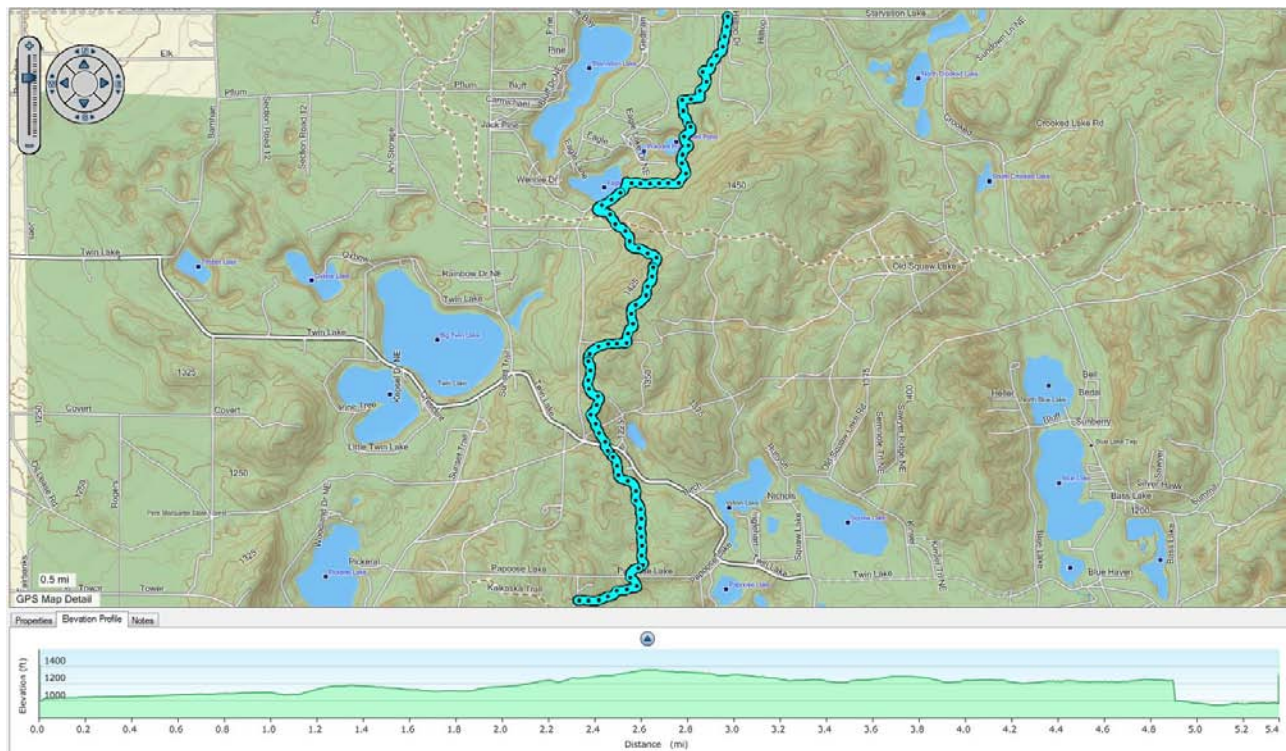
Restrooms: None

Scenery: 9 Difficulty: 5

Support: None

Leg B-10: 5.5 miles

Total Day 2: 57.25 miles



AUTOS

To get to the start of Leg B-11, continue on Starvation Lake Road for 5.3 miles to Twin Lake Road.

At 0.4 mile Starvation Lake Road turns right and changes names to Blue Lake Rd.

Go right at the Y on Twin Lake Rd for 3.5 miles to Sunset Trail Rd.

Turn left on Sunset Trail for .2 mile to Sunset Trail (confusing but that's what the signs say)

Turn left on Sunset Trail Rd for 1.15 miles to Papoose Lake Rd. (no sign).

Turn left on Papoose Lake Rd (Seasonal Road – no sign) for 1.0 mile to Kennel (no sign).

Turn right on Kennel for .1 mile to the exchange at the NCT crossing

Park past the exchange.

Leg B-11 “Sunset Trail Run” Sponsored by Kistner, Troyanovic & Brady, P.C.,
Attorneys at Law, New Baltimore, MI

AIRTOUCH EXCHANGE AT END OF LEG

Continue on the NCT for 3.3 miles to the exchange at Co Rd 612.

At 1.25 stay on the NCT. The other trail will take you into the campground.

In Short: Last leg for us on the NCT.

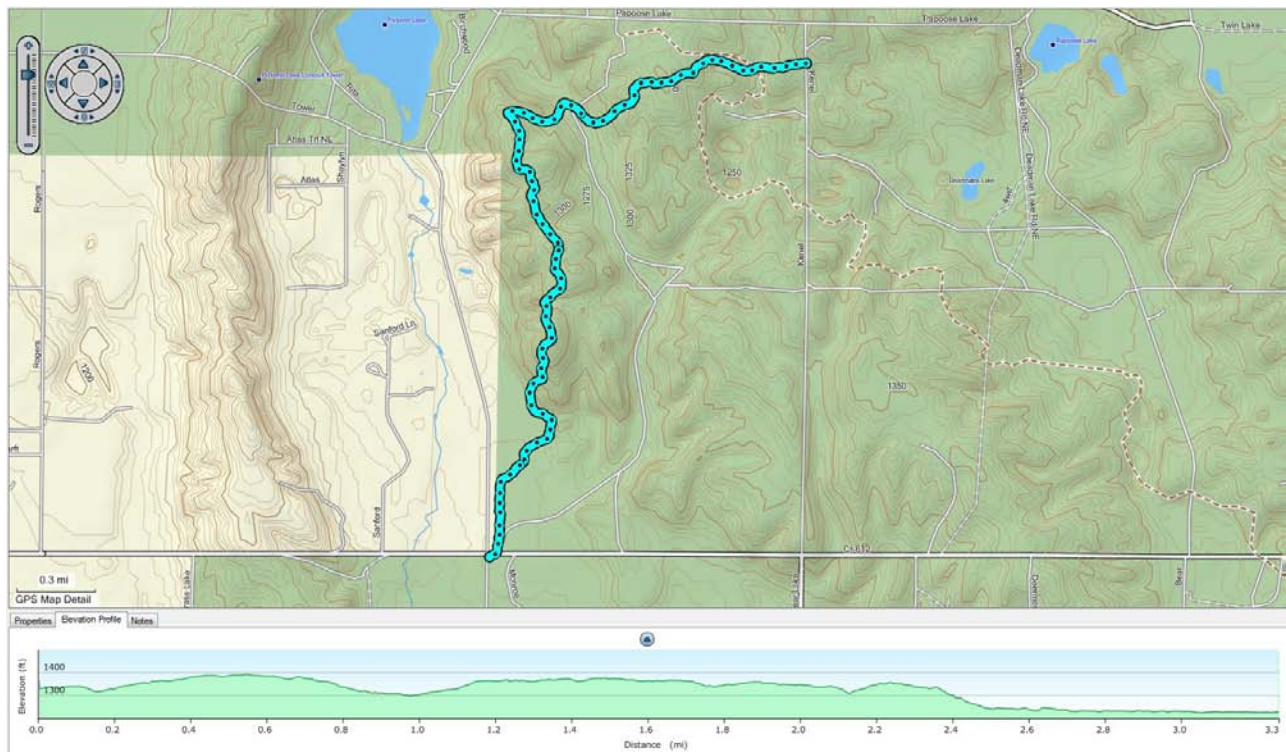
Restrooms: None

Scenery: 7 Difficulty: 6

Support: None

Leg B-11: 3.3 miles

Total Day 2: 60.55 miles



AUTOS

To get to the start of Leg B-12, continue on Kennel for 1.8 miles to Co Rd 612.

Turn right on Co Rd 612 for 1.0 mile to the exchange at Sunset Trail Rd.

Park past Sunset Trail on the right shoulder. Airtouch exchange here across Co Rd 612. Stay off the paved road.

Leg B-12 “Manistee River Run” Sponsored by Roseville/Warren Kiwanis Club

AIRTOUCH EXCHANGE AT START OF LEG – STAY OFF CO RD 612 (speed limit is 55)

Start across Co Rd 612. Continue south on Sunset Trail Rd for 2.7 miles to the exchange at the Shore to Shore trail on the left.

In Short: Straight shot. This is the first leg off of the North Country Trail.

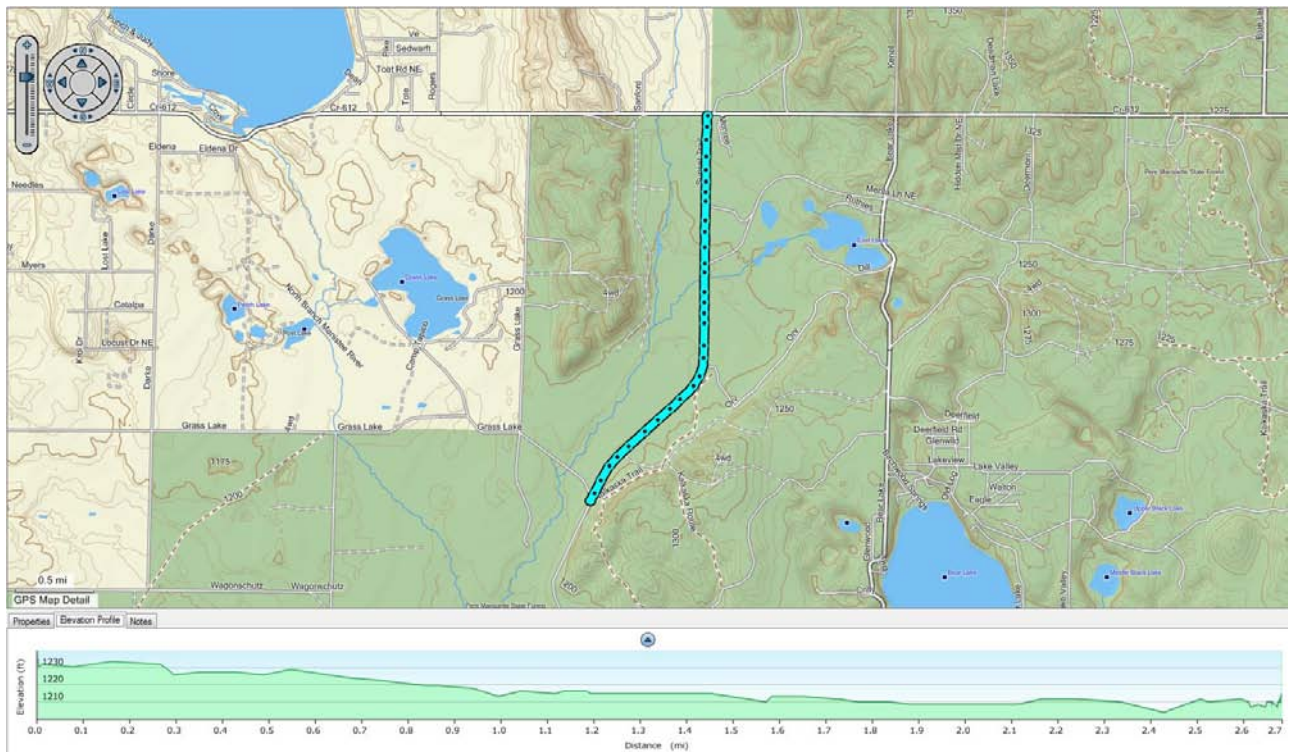
Restrooms: None

Scenery: 7 Difficulty: 0

Support: Bike

Leg B-12: 2.7 miles

Total Day 2: 63.25 miles



AUTOS

To get to the start of Leg B-13 continue west on Co Rd 612 for 0.9 mile to Grass Lake Rd. (seasonal road – no sign)

Turn left on Grass Lake Rd for 1.9 miles to a T.

Turn left at the T – still on Grass Lake Rd for 0.6 mile to Sunset Trail.

Turn right on Sunset Trail and park past the Shore to Shore Trailhead.

Markers on the StS trail are less frequent than on the NCT

Leg B-13 “Mallard Lake Run” Sponsored by Whitefish Bay Corporation: Paradise Inn

Turn left on the Shore to Shore trail for 2.7 miles to the exchange at W Bear Lake Rd.

In Short: Welcome back to the sand!

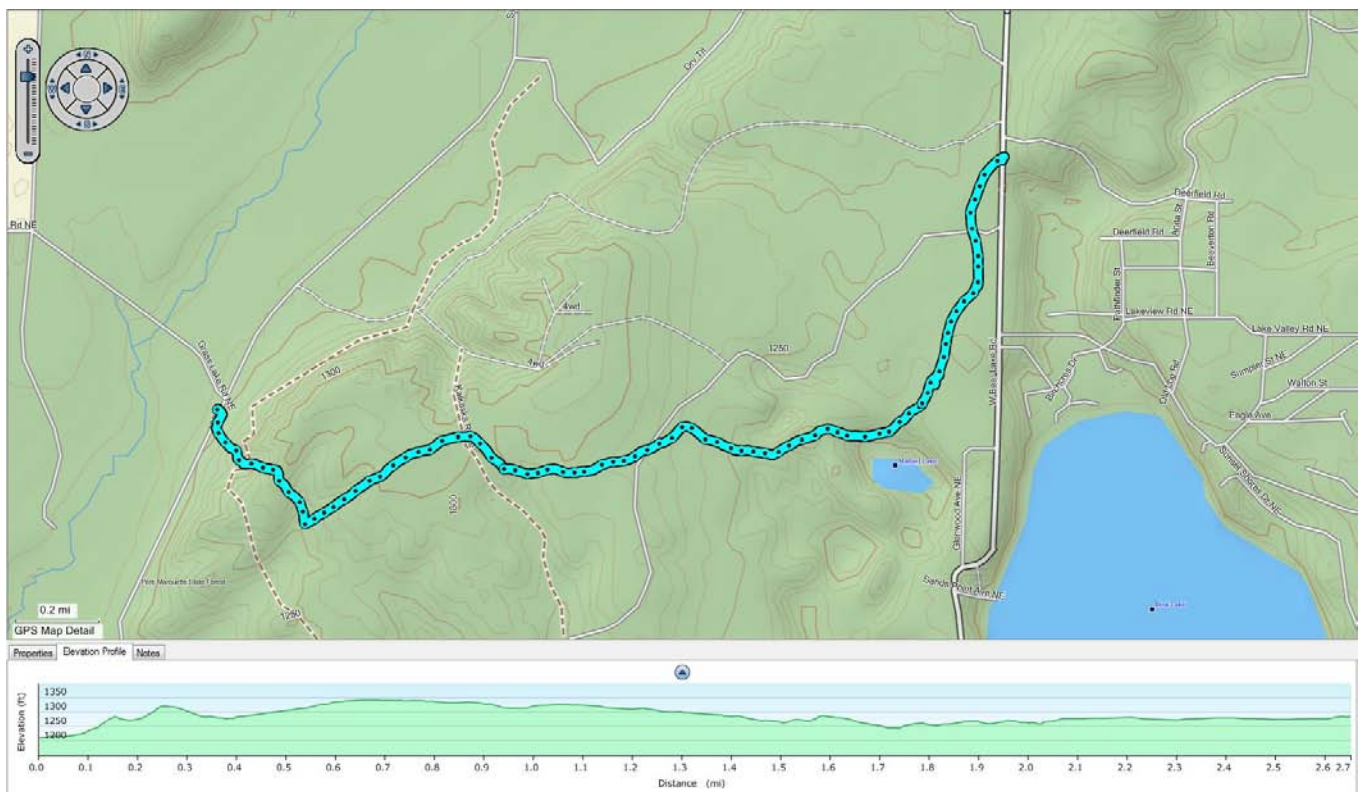
Restrooms: None

Scenery: 7 Difficulty: 6-7

Support: None

Leg B-13: 2.7 miles

Total Day 2: 65.95 miles



AUTOS

To get to the start of Leg B-14, continue straight on Sunset Trail for 1.8 miles to M-72.

Turn left on M-72 for 1.25 mile to West Bear Lake Rd.

Turn left on W. Bear Lake Rd for 2.35 miles to the StS crossing.

Park past the exchange. There is room on the left grassy shoulder if you would like to park there.

Leg B-14 “Blue Lake Run” Sponsored by Credo Hospitality LLC: DBA Star Gate Motel

Continue on the StS trail for 3.3 miles to the exchange at Blue Lake Rd.

At .3 mile go straight.

At .4 mile go left.

At .9 mile go left.

At 1.0 you will leave the road onto the single track trail slightly to the right.

At 2.0 miles turn left.

At 2.7 miles turn left.

At 3.0 miles turn left.

In Short: Nice run along the sandy Shore to Shore Trail.

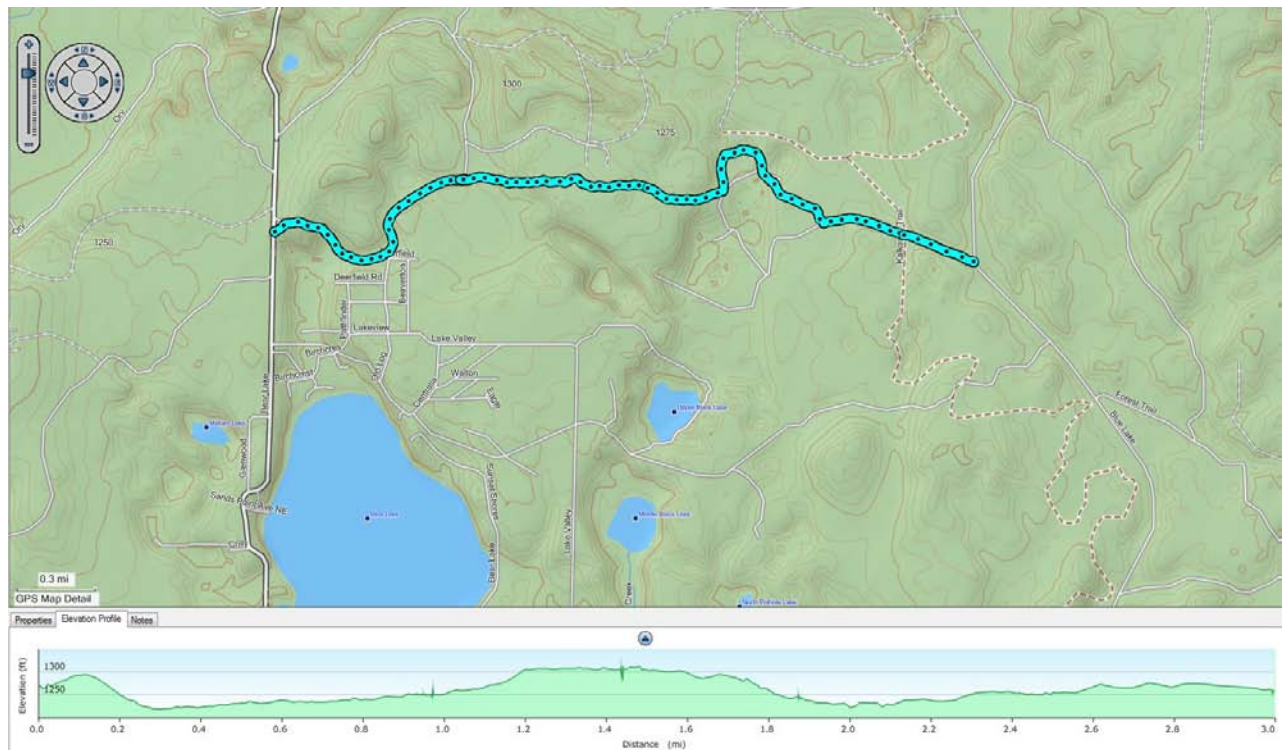
Restrooms: None

Scenery: 5 Difficulty: 5

Support: None

Leg B-14 : 3.3 miles

Total Day 2: 69.25 miles



AUTOS

To get to the start of Leg B-15, continue on W. Bear Lake Rd for 1.85 miles to Co Rd 612.

Turn right on Co Rd 612 for 2.15 miles to Blue Lake Rd.

Turn right on Blue Lake Rd for 1.9 miles to the StS crossing.

At 1.3 miles go right at the Y.

Park past the StS crossing.

Leg B-15 “Lose Your Goose” Sponsored by Chippewa Valley Athletic Boosters “Big Red Run”

Continue on the StS trail for 3.5 miles to Goose Creek Rd.

At 0.9 mile you will go off the single track and be on a two-track road.

At 1.9 miles you will leave the road and go onto a single-track trail on your left.

At 2.1 miles the single track becomes a sand road – oh joy!

At 3.1 miles the trail turns left onto a single-track trail.

In Short: Tough little run in the sand

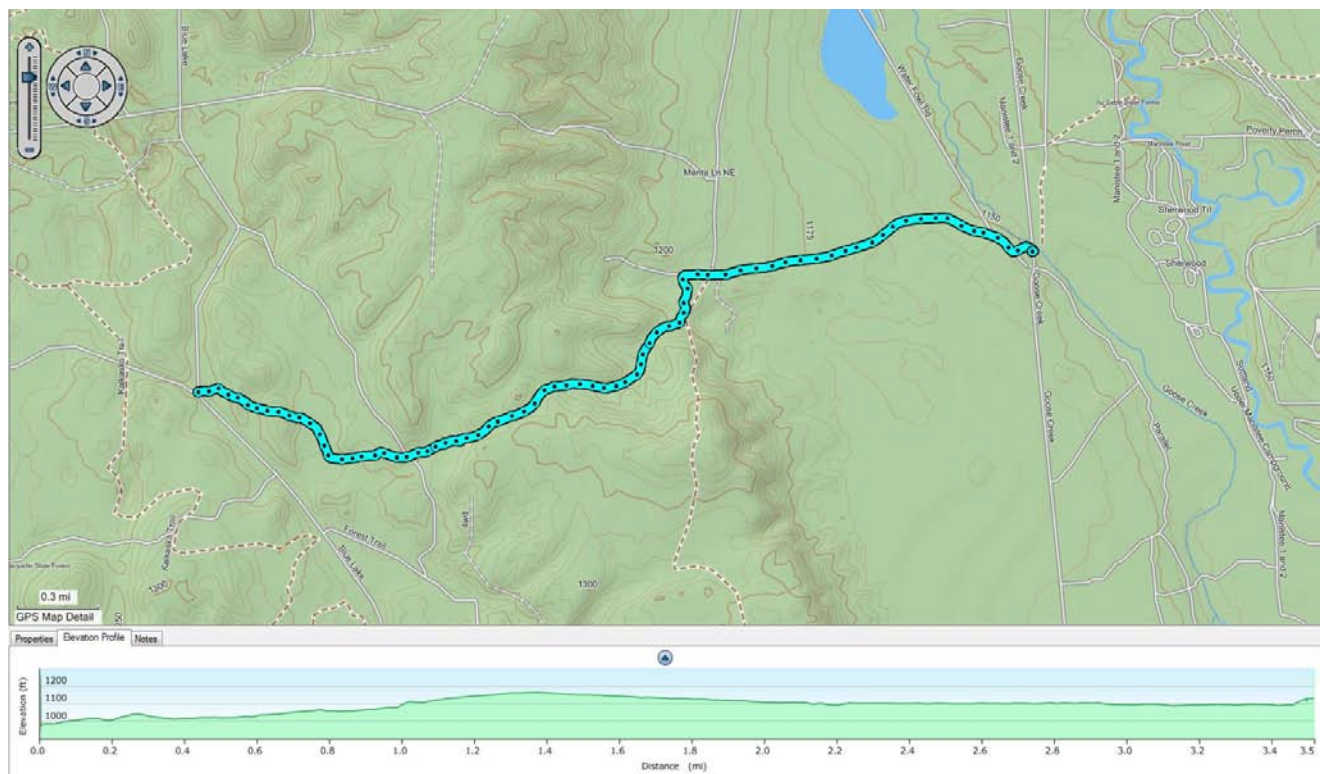
Restrooms: None

Scenery: 7 Difficulty: 2

Support: None

Leg B-15: 3.5 miles

Total Day 2: 72.75 miles



AUTOS

To get to the start of Leg B-16 continue on Blue Lake Road for 3.0 miles to M-72.

Turn left on M-72 for 2.2 miles to Goose Creek Rd.

Turn left on Goose Creek for 4.0 miles to the exchange at the StS crossing.

Park past the exchange.

Leg B-16 “Goose Creek Run” Sponsored by Stacy Kandas, Surf City, NC “Don’t let the abuse reproduce. Be Free”

Turn left on Goose Creek Rd for 0.2 mile to the single track Shore to Shore trail.

Turn right onto the single track StS trail for 5.55 miles to the exchange at Sand Hill Rd.

At 50 yards on the single track the trail turns left and follows a two track for 100 yards and then goes right into the trees. Follow the blue dots and StS markers.

You will cross a little creek in the early part of the leg.

In Short: Do not send your directionally challenged runner on this one. Uphill all the way except for the last 0.25 mile.

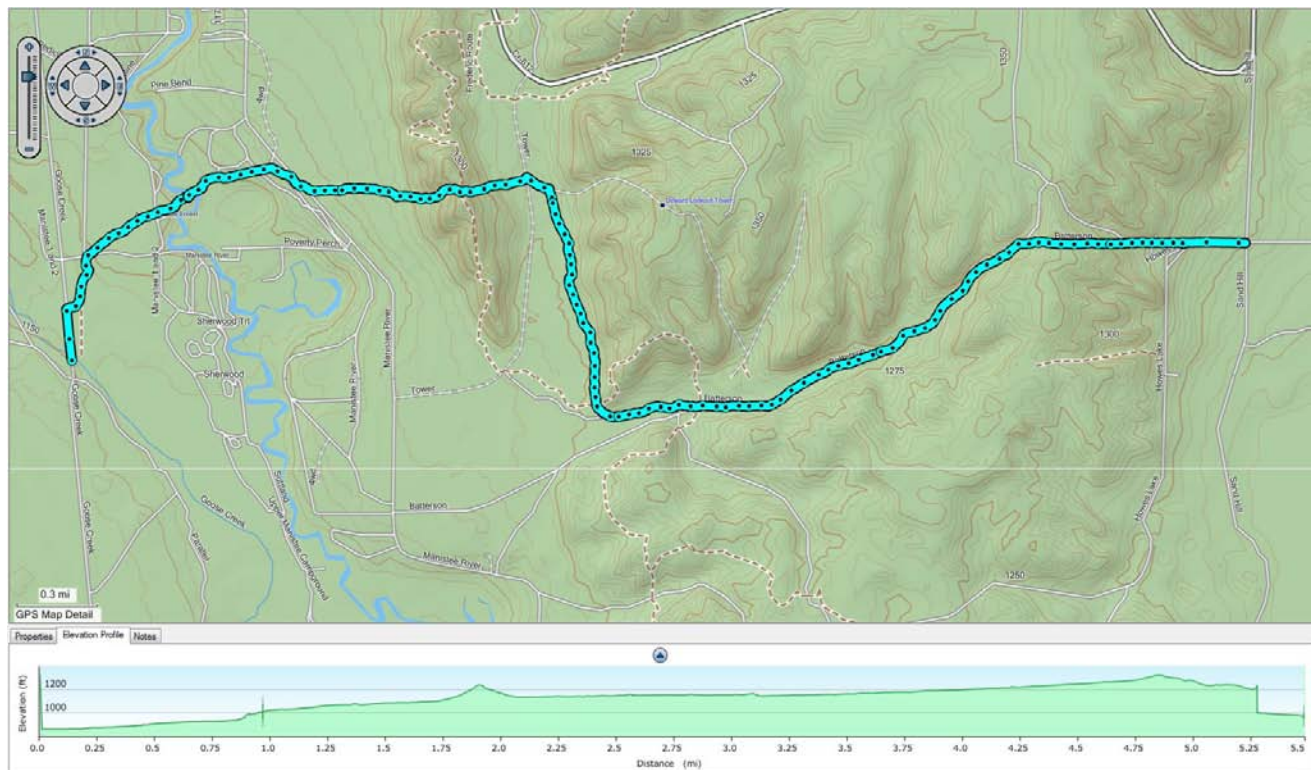
Restrooms: None

Scenery: 8 Difficulty: 7

Support: None

Leg B-16: 5.75 miles

Total Day 2: 78.5 miles



AUTOS

To get to the start of Leg B-17 continue on Goose Creek Rd for 1.4 miles to Co Rd 612.

Turn right on Co Rd 612 for 4.3 miles to Sand Hill Road.

Turn right on Sand Hill Rd for 0.6 mile to the exchange at Batterson.

Turn left on Batterson and park.

Leg B-17 “The Run to I-75 and Don’t Turn Right Run” Sponsored by Toyota

Continue straight on Batterson for 3.1 miles to a T following the blue dots and StS markers – I-75 in front of you.

At 0.9 mile you will cross Old US-27.

At 1.2 miles continue straight – following blue StS markers.

At 1.75 miles go left at the Y – just past the stop sign. The StS goes both ways here.

We’re taking the road to the left at the Y.

Turn left at the T for 2.05 miles to Co Rd 612.

Turn right on Co Rd 612 and run on the right side for .65 mile to Roberts.

In Short: Testy little run with a few rolling hills.

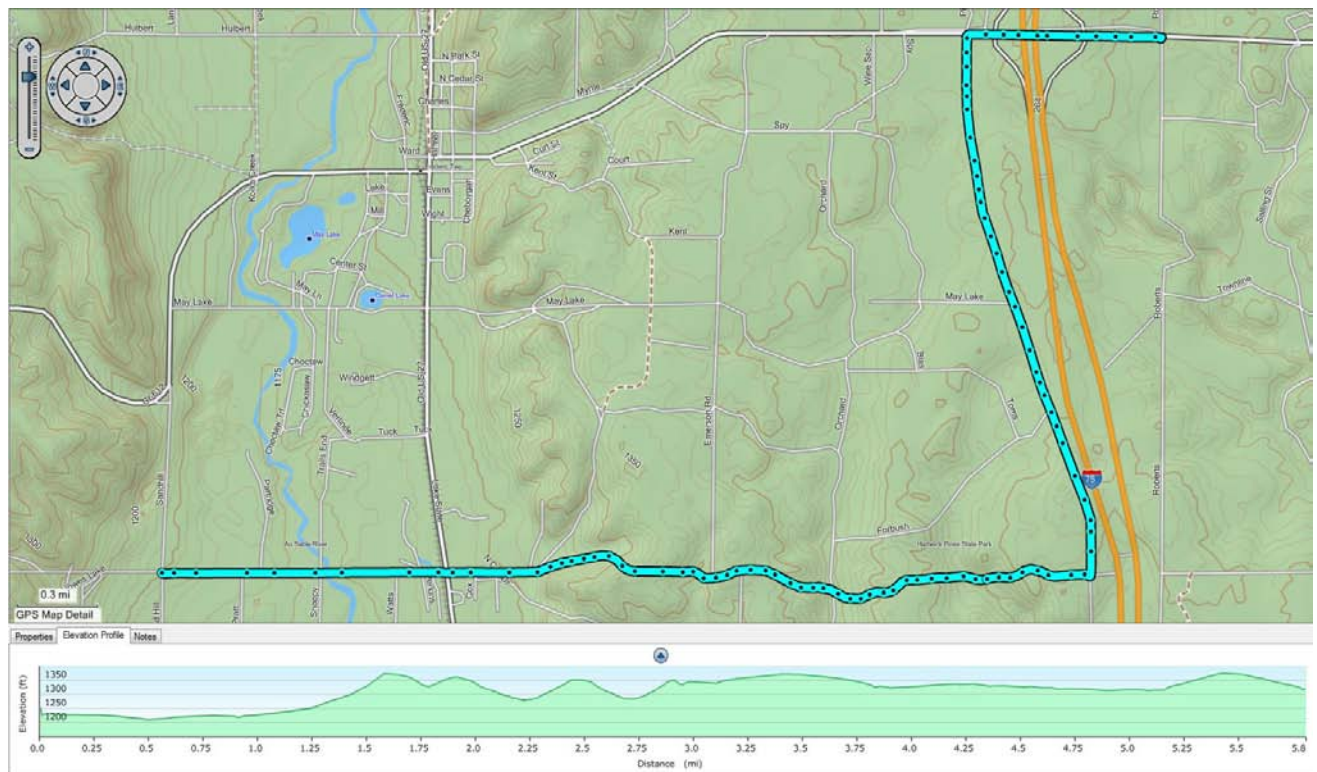
Restrooms: None

Scenery: 7 Difficulty: 7

Support: None

Leg B-17: 5.8 miles

Total Day 2: 84.3 miles



AUTOS

To get to the start of Leg B-18, continue on Batterson for 0.9 mile to Old US-27.

Turn left on Old 27 for 1.5 mile to Co Rd 612.

Turn right on Co Rd 612 for 2.4 miles to the exchange at Roberts.

**Leg B-18 “Out on the Town on Townline” Sponsored by Pointe North Motel,
Grayling, MI**

Turn right on Roberts .7 miles to a road.

Turn left on this road for 0.35 mile to Townline – no sign.

Turn left on Townline for 2.2 miles to the exchange at Gardenia Tr.

At .9 mile on Townline go right at the Y.

In Short: Nice run through the woods.

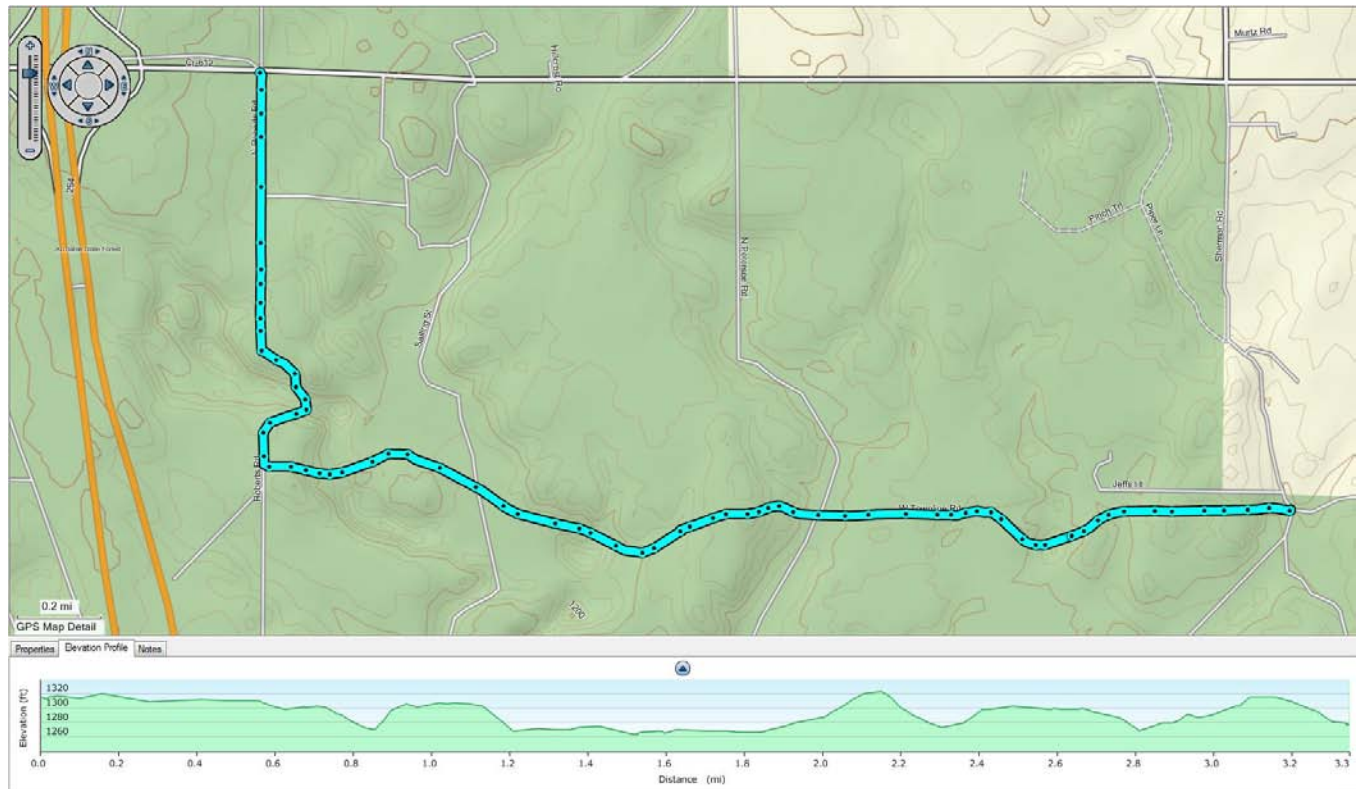
Restrooms: None

Scenery: 6 Difficulty: 6

Support: Bike only

Leg B-18: 3.3 miles

Total Day 2: 87.6 miles



AUTOS

To get to the start of Leg B-19, continue north on Roberts for 1.0 mile to Feldhauser.

Turn right on Feldhauser for 2.0 miles to Sherman.

Turn right on Sherman for 2.0 miles to the exchange at Townline Road.

At 1.0 mile on Sherman you will cross Co Rd 612 and the road changes names to Gardenia Trail.

Leg B-19 “Hartwick Pines Run” Sponsored by Lakeshore Striders

Continue straight on Townline Road for .9 mile to Hartwick Pines Road.

Turn right on Hartwick Pines Rd for .1 mile to Vista Trail Dr.

Turn left on Vista Tr. for 3.5 miles to Lewiston Grade.

At .5 mile on Vista Tr. turn right.

At 1.6 miles turn right.

Turn right on Lewiston Grade for .7 mile to the exchange at Bobcat Trail.

In short: Nice run through the Hartwick Pines State Park area.

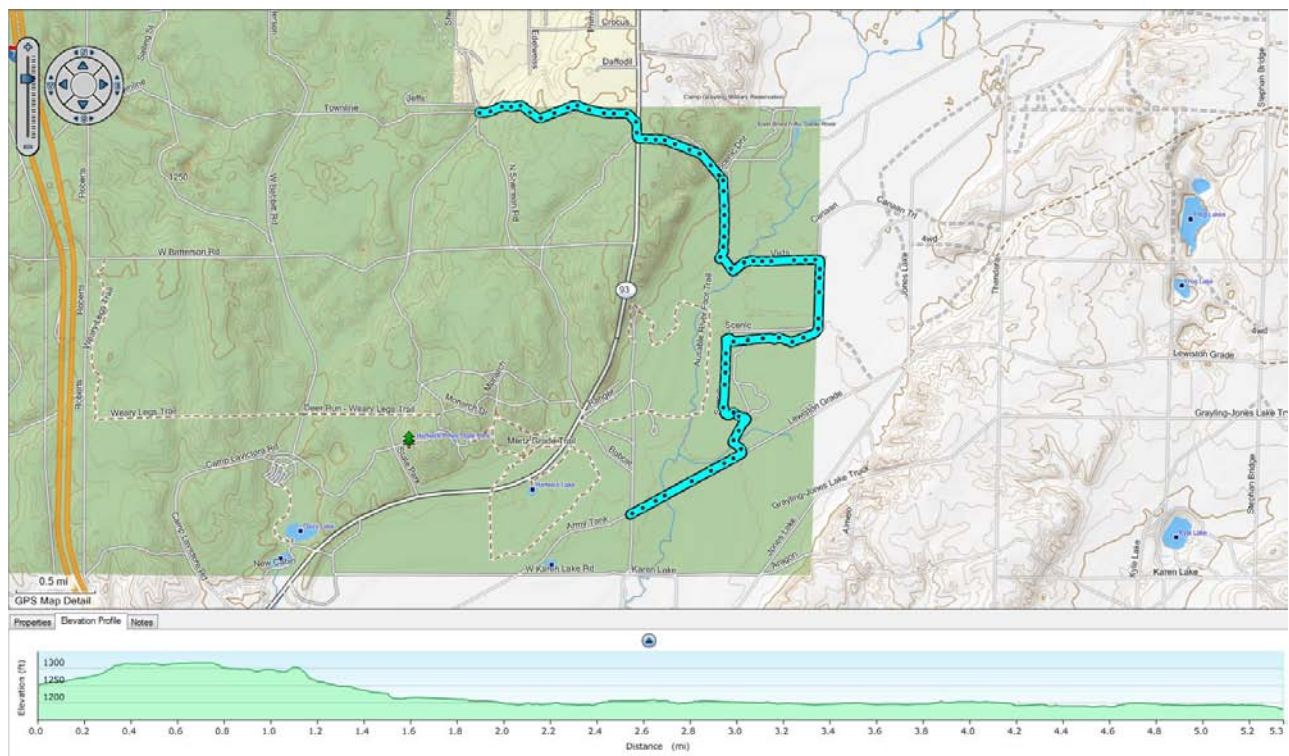
Support: Bike only

Scenery: 8 Difficulty: 5

Almost home for Day 2. Hope you're having fun.

Leg B-19: 5.2 miles

Day 2 Total: 92.8 miles



AUTOS: To get to the start of Leg B-20, continue on dirt road for .9 mile to Hartwick Pines Road.

Turn right on Hartwick Pines for 1.9 miles to Bobcat Trail.

Turn left on Bobcat Trail for .7 mile to Lewiston Grade.

This is the exchange.

Continue straight on Bobcat Trail for .3 mile to Woodruff Way.

Turn around and park between Woodruff and Lewiston Grade facing the way you came in.

Leg B-20 "Run on the Grade to Pointe North" Sponsored by The Great Lakes Relay Committee Dedicated to Jim Fitch who served on the Great Lakes Relay Committee and ran the GLR for many years. Fondly known as "The Old Goat" with a t-shirt dedicated to him in a past GLR. He will be missed. The Jim Fitch Memorial Scholarship has been created in his honor.

Continue straight on Lewiston Grade for 5.4 miles to Old 27/Business I-75.

At 3.2 miles on Lewiston Grade the road turns right.

At 4.4 miles continue straight.

Turn left on Bus. 75 for .8 mile to the finish at Pointe North Motel. Cross over Bus I-75 and run along the trail paralleling the airport fence line to the finish at the Pointe North Motel.

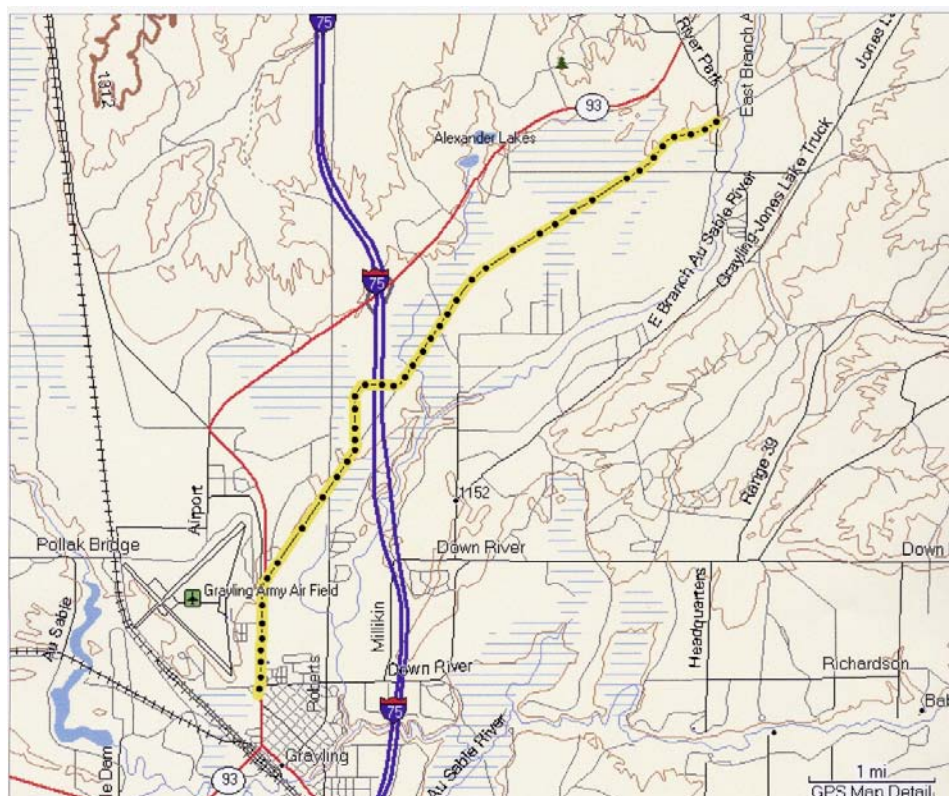
In short: Easy leg to finish up the day.

Support: Bike only.

Scenery: 7 Difficulty: 5

Leg B-20: 6.2 miles

Total Day 2: 99.0 miles



AUTOS: To get to the finish, continue straight on Bobcat Trail .7 mile back out to Hartwick Pines Rd. (F-93). Turn left on F-93 to Business Old 27/I-75.

Turn left (south) on Old 27/Bus. 75 to the finish at the Pointe North Motel.

Park in the gravel lot or on the road behind the motel. Keep in mind that this is private property that we are using for the finish. Please be mindful of the other guests of the motel and of the locals.

REST UP FOR DAY THREE!