CROSS COUNTRY INVITATIONAL RESULTS

VOL: XL1 No. 11 Regional Results - 2016

THE RATINGS::: This is the final set of CCIR RANKINGS for the 2016 Season. The season ends with the State Finals Saturday where it will all be settled, who is the best, when all meet & run in the same race. One chance- who is ready??

There weren't a lot of suprises in the regionals. There were a couple of regions where a lower ranked team finished ahead of a team ranked above it. D1/qirls R4/Brighton host Brighton did that to Pinckney, edging them by a point. There were several regions where a team had finished ahead of another team in meets 2 or 3 times but could not beat them in the regional.

Some real interesting Final Meets are shaping up. Consider D1/girls, the 3 top rated teams, Seaholm, Northville & Pioneer have all ran against each other 3 or 4 times and each time there was a completely different order to the finish of the 3 teams. So....... how do you rank them? That's why we run at MIS. And..... that does not mean there is not another team that beats all of them at MIS. Similar situations are in the other division. That is why I call this the "fun" part of the season. There will be one more ranking, next week after the regional meets.

As is the case every year some regions are stronger/more balanced than others. Teams that could have made it out in another region did not make it out in theirs. This is true ever year and in all sports. I know of several situations thjat the 1 & 2 ranked teams in a particular sport were in the same first round & even played the first game of the tournament. One did not make it. As the saying goes "Give the choice between lucky & good I would rather be lucky."

Looks like there will be several real competitive races for the individual titles. All in all lookst like another great finish to the 2016 Michigan High School Cross Country Season. Thanks for you support of Michigan High Scjhool Cross Country.

Teams are awarded points according to how they finish in the invitationals they run in, 10 points for first, 9 for second and so on. Some invitationals are weighted because of the large field and there is a minimum number of teams required in order for a team to earn rating points. The numbers in parentheses indicates the first place coach's votes/first place(s) in invitational meets. The final number is the total number of points for the school, including verse city crooach's votes and invitational points. The invitational points are cumulative over the entire season, to a maximum of eight, with only one being counted each week. If a school has more that the maximum number for that week of the season, they will only receive the invitational points for the maximum allowed for that week. Total number of invitational wins will be indicated in the parenthesis. Coaches vote each week.

We distribute the rankings each week. If your local paper would like to receive them, send us a name & email and we will include them on our list. The rankings are distributed each Tuesday evening. We are late in the evening this week.

| DIVISION 1 Boys | | | DIVISION Boys | | DIVISION 3 Boys | |
|--|-----|----|-----------------------------------|--------------|--|-------|
| 1. SALINE(5/3) | 155 | 1. | FREMONT(10/2) | 172 | 1. SAUGATUCK(8/7) | 156 |
| 2. Novi (4/3) | 140 | 2. | Grand Rapids Christian (1/4) | 153 | Lansing Catholic(0/1) | 128 |
| 3. Caledonia (0/4) | 110 | 3. | Corunna(0/2) | 131 | Caro(0/5) | 128 |
| Bloomfield Hills Br. Rice(0/4) | 109 | 4. | St. Clair(0/4) | 122 | 4. Shepherd(0/2) | 107 |
| 5. Ann Arbor Pioneer(0/1) | 89 | 5. | Fruitport(0/1) | 97 | Holland Black River(0/3) | 103 |
| White Lake Lakeland(0/2) | 89 | 6. | Coldwater (0/1) | 95 | 6. Stockbridge(0/3) | 101 |
| Rockford(0/1) | 88 | 7. | Chelsea (0/3) | 91 | Hanover-Horton(0/3) | 88 |
| 8. Northville | 84 | 8. | East Grand Rapids(0/1) | 87 | Benzonia Benzi Central | 75 |
| 9. Macomb Dakota(0/2) | 68 | 9. | Spring Lake(0/3) | 73 | 9. McBain(0/3) | 63 |
| 10. Highland Milford | 75 | 10 | . Pontiac Notre Dame(0/1) | | 10. Erie-Mason(0/2) | 61 |
| others::: Birminghan Seaholm, Livonia | | ot | hers::: Linden(2), Otsego(3), Dea | rborn Divine | others:::: Clare, North Muskegon, Bat | h(2), |

Stevenson(1), Portage Central, Clarkston(1), Lake Orion(01), Novi Detroit Catholic Central, Grand Haven, Alpena, Bay City Western(1),

Okemos.....

| DIVISION 1 GIRIS | | | |
|--|-----|--|--|
| 1. BIRMINGHAM SEAHOLM(7/2) | 141 | | |
| 2. Northville(0/2) | 134 | | |
| Ann Arbor Pioneer(2/3) | 132 | | |
| Traverse City Central(0/3) | 105 | | |
| 5. Saline(0/1) | 92 | | |
| Battle Creek Lakeview(0/4) | 91 | | |
| 7. Pinckney(0/3) | 89 | | |
| 8. Brighton | 83 | | |
| 9. Troy(0/2) | 69 | | |
| 10. Highland Milford(0/1) | 63 | | |
| Rockford(0/1) | | | |
| others Midland Dow(2) White Lake | | | |

Lakeland(1), Canton Salem(3), Livonia Churchill, Clarkston(1), Grosse Pte. South(1), Rochester Adams(2), Wyandotte Roosevelt(2), Holland West Ottawa, Waterford Mott.....

| DIVISION 2 Girls | | | |
|---|-----|--|--|
| 1. OTSEGO(8/6) | 154 | | |
| 2. East Grand Rapids(2/2) | 148 | | |
| 3. Cadillac(0/2) | 130 | | |
| Dearborn Divine Child(0/2) | 125 | | |
| Grand Rapids Christian(0/2) | 120 | | |
| 6. Flint Powers(0/2) | 95 | | |
| 7. St. Clair(0/2) | 92 | | |
| Ada Forest Hills Eastern(0/1) | 82 | | |
| 9. DeWitt(0/1) | 76 | | |
| 10 Whitehall | 72 | | |
| others::: St. Johns(2), Warren Regiina(2), | | | |
| | | | |

Child(2), Grosse Ile(1), Adrian(2), St. Johns(2),

Croswell-Lexington.....

Battle Creek Harper Creek(3), Flint Powers, Clio(1),

Marysville, Linden(1), Ann Arbor Richard, Remus Chippewa Hills, Alma, Chelsea(3), Goodrich, St. Joseph(2).....

| DΙ\ | ISION 3 | 3 | Boys | | |
|-----|----------|------------|------------|---------------|----|
| 1. | SAUGA | ATUCK(8/ | 7) | 1 | 56 |
| 2. | Lansing | Catholic(| (0/1) | 1 | 28 |
| | Caro(0/ | 5) | | 1 | 28 |
| 4. | Shephe | erd(0/2) | | 1 | 07 |
| 5. | Holland | Black Riv | /er(0/3) | 1 | 03 |
| 6. | Stockbr | ridge(0/3) | | 1 | 01 |
| 7. | Hanove | er-Horton(| 0/3) | | 88 |
| 8. | Benzon | ia Benzi C | Central | | 75 |
| 9. | McBain | (0/3) | | | 63 |
| 10. | Erie-Ma | ason(0/2) | | | 61 |
| oth | iers:::: | Clare, No | orth Muske | gon, Bath(2), | |

Bangor(2), Charlevoix, Jackson Lumen Christi, Traverse City St. Francis, Almont(1), Kent City(2)

| DIVISION 3 | Birls | | |
|---|-----------------|--|--|
| 1. LANSING CATHOLI | C(5/2) 128 | | |
| Traverse City St. Fra | ancis(2/3) 122 | | |
| 3. Benzonia Benzie Ce | entral 110 | | |
| 4. Hart(0/5) | 106 | | |
| Shepherd(0/2) | 87 | | |
| 6. Clare | 82 | | |
| 7. Saugatuck(0/1) | 73 | | |
| Blissfield(0/6) | 64 | | |
| Grandville Calvin Ch | ristian(0/1) 57 | | |
| 10. Frankenmuth 54 | | | |
| others Jackson Lumen Christi(2) Ithaca | | | |

Wixom St. Catherine(1), Grand Rapids Covenant Christian(2), Bangor(1), Marine City, Sanford-Meridian, Charlevoix(1), Hollnad Black River(1), Hemlock

| DIV | ISION 4 | BOYS | |
|-----|---------------------------|------|-----|
| 1. | PEWAMO-WESTPHALIA(6/4) | | 117 |
| 2. | Bear Lake-Onekema(0/2) | | 103 |
| 3. | Manton(0/2) | | 94 |
| 4. | Harbor Springs(1/2) | | 93 |
| 5. | Concord(0/2) | | 85 |
| 6. | Mendon(0/1) | | 83 |
| 7. | Hudson(0/1) | | 76 |
| 8. | Mt. Pleasant Sacred Heart | | 66 |
| 9. | Evart(0/2) | | 65 |
| 10. | Potterville | | 52 |

others::: Cass City(2), Battle Creek St. Philip, Ubly, Holton, Beal City Grand Rapids Track Club, Fowler, Capitol Home School(2), Carson City-Crystal, Plymouth Christian

| DIVISION 4 Gi | | irls | | |
|---------------|--|------|--|--|
| 1. | MT. PLEASANT SACRED HEART(6/7) | 132 | | |
| 2. | Pewamo-Westphalia(0/4) | 115 | | |
| 3. | Kalamazoo Hackett(0/1) | 83 | | |
| 4. | Fowler | 82 | | |
| 5. | Manton(0/1) | 74 | | |
| 6. | Breckenridge | 69 | | |
| | Hudson(0/1) | 69 | | |
| 8. | Hillsdale Academy | 67 | | |
| 9. | Harbor Springs(0/1) | 56 | | |
| 10. | Ubly(0/3) | 54 | | |
| -41- | About Detterville Dearlake Onekama Careen City | | | |

others::: Potterville, Bear Lake-Onekema, Carson City-Crystal, Muskegon Western Michigan Christian, Grosse Pte. Woods University-Liggett, Capitol Home School(2), Waterford Our Lady of the Lakes, Battle Creek St. Philip, Adrian Lenawee Christian, Sabd Creek......