

**DAKOTA COUGARS
CROSS COUNTRY**

**HOLLY FESTIVAL OF RACES
SPRINGFIELD OAKS COUNTY PARK
SATURDAY, SEPTEMBER 13, 2014**

**WEATHER:
Medium Wind
Misting 49°**

	<u>Time</u>	<u>1K</u>	<u>2K (Split)</u>	<u>3K (Split)</u>	<u>4K (Split)</u>	<u>5K (Split)</u>	<u>K Pace</u>	<u>Place</u>
Kayla Dobies	19:36	3:33	7:41 (4:08)	11:35 (3:54)	15:28 (3:53)	19:36 (4:08)	3:55	V-6
Marisa Weller	20:53	3:50	8:09 (4:19)	12:26 (4:17)	16:33 (4:07)	20:53 (4:20)	4:10	V-23
Monica Micale	21:14	3:58	8:26 (4:28)	12:39 (4:13)	16:50 (4:11)	21:15 (4:25)	4:14	V-32
Kaitria LaFleure	21:47	3:54	8:28 (4:34)	12:45 (4:17)	17:05 (4:20)	21:47 (4:42)	4:21	V-51
Lauren Valente	22:39	4:01	8:45 (4:44)	13:14 (4:29)	17:45 (4:35)	22:40 (4:55)	4:31	V-75
Emily Rhodes	23:43	4:02	9:16 (5:14)	14:00 (4:44)	18:46 (4:46)	23:43 (4:57)	4:44	V-94
Allyson Slone	23:47	4:19	9:23 (5:04)	14:08 (4:45)	18:47 (4:39)	23:48 (5:01)	4:45	JV-46
Sarah Regener	23:49	4:10	9:20 (5:10)	14:04 (4:44)	18:47 (4:43)	23:49 (5:02)	4:45	JV-47
Alexis Penzien	23:57	4:03	8:58 (4:55)	13:57 (4:50)	18:59 (5:02)	23:56 (4:57)	4:47	V-97
Rachel Sliger	23:58	4:20	9:34 (5:14)	14:25 (4:51)	18:58 (4:33)	23:58 (5:00)	4:47	JV-51
Addison Pavlica	24:32	4:43	9:54 (5:11)	14:48 (4:54)	19:33 (4:45)	24:32 (4:59)	4:54	JV-71
Lana Amatangelo	25:27	4:44	10:06 (5:22)	15:14 (5:08)	20:09 (4:55)	25:27 (5:18)	5:05	JV-99
Tara Metcalfe	25:34	4:44	10:03 (5:19)	15:13 (5:10)	20:11 (4:58)	25:34 (5:23)	5:06	JV-102
Amber Mousseau	26:07	4:44	10:26 (5:42)	15:38 (5:12)	20:38 (5:00)	26:07 (5:29)	5:13	JV-121
Elizabeth Gray	27:43	5:14	10:57 (5:43)	16:49 (5:52)	22:03 (5:14)	27:43 (5:40)	5:32	JV-160
Rachel Randazzo	27:57	4:46	10:22 (5:38)	16:12 (5:50)	21:46 (5:34)	27:57 (6:11)	5:35	JV-163
Hanna Burton	30:23	5:11	11:46 (6:35)	18:10 (6:24)	24:06 (5:56)	30:23 (6:17)	6:04	JV-185
Stephanie Ung	30:27	5:10	11:22 (6:12)	17:50 (6:28)	23:58 (6:08)	30:28 (6:30)	6:05	JV-187
Megan Bukowski	33:33	5:50	13:01 (7:11)	19:54 (6:53)	26:28 (6:34)	33:33 (7:05)	6:30	JV-197

<u>Varsity Winner</u>			<u>JV Winner</u>		
Anne Forsythe	Pioneer	19:13	Sydney Dawes	Pioneer	19:53
<u>Total Finishers</u>		105	<u>Total Finishers</u>		201+
TOP 5 TIME GAP:		3:03	JV TOP 5 GAP:		1:40
<u>Top Teams</u>			<u>Dakota's athlete of the Meet:</u>		
Salem		66	Ally Slone		
Ann Arbor Pioneer		111	Stephanie Ung		
Oxford		136			
Rochester Adams		140			
Rochester		172			
Dakota		181			
Toledo Whitmer		191			
<u>Total Teams</u>		16			

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	<u>Time</u>	<u>1K</u>	<u>2K (Split)</u>	<u>3K (Split)</u>	<u>4K (Split)</u>	<u>5K (Split)</u>	<u>K Pace</u>	<u>Place</u>
Ian Demrose	16:42	3:08	6:40 (3:32)	9:58 (3:18)	13:14 (3:16)	16:42 (3:28)	3:20	V-14
Jimmy Hoefler	17:12	3:14	6:55 (3:41)	10:17 (3:22)	13:41 (3:24)	17:13 (3:32)	3:26	V-34
Danny Knapp	17:33	3:17	6:58 (3:41)	10:30 (3:32)	14:00 (3:30)	17:33 (3:33)	3:30	V-52
Brendan Koch	17:49	3:08	6:52 (3:44)	10:30 (3:38)	14:00 (3:30)	17:33 (3:33)	3:35	V-69
Chase Fedolak	17:58	3:12	6:52 (3:40)	10:23 (3:31)	14:12 (3:49)	17:58 (3:42)	3:35	V-75
Thomas Szymanski	18:04	3:19	7:08 (3:49)	10:40 (3:32)	14:23 (3:43)	18:04 (3:41)	3:36	JV-10
Mitchell MacDonald	18:11	3:21	7:15 (3:54)	10:49 (3:34)	14:25 (3:36)	18:10 (3:45)	3:38	JV-11
Jacob Kalahar	18:19	3:16	7:05 (3:49)	10:49 (3:44)	14:27 (3:38)	18:19 (3:52)	3:39	V-93
Joshua Jaster	18:21	3:25	7:19 (3:54)	11:02 (3:43)	14:40 (3:38)	18:21 (3:41)	3:40	JV-15
Brendan Mousseau	18:27	3:26	7:22 (3:56)	11:02 (3:40)	14:42 (3:40)	18:27 (3:45)	3:41	JV-17
Nick Brooks	18:30	3:19	7:00 (3:41)	10:48 (3:48)	14:34 (3:46)	14:34 (3:46)	3:42	V-98
Zachary MacDonald	18:32	3:24	7:19 (3:55)	11:02 (3:43)	14:43 (3:41)	18:10 (3:45)	3:42	JV-19
Adam Frost	18:33	3:25	7:22 (3:57)	11:03 (3:41)	14:45 (3:42)	18:33 (3:48)	3:42	JV-20
Sawyer Kisha	18:47	3:25	7:20 (3:55)	11:02 (3:42)	14:49 (3:47)	18:46 (3:57)	3:45	JV-28
Dan Westarb	19:31	3:42	7:52 (4:10)	11:47 (3:55)	15:36 (3:49)	19:31 (3:55)	3:54	JV-79
Calvin Bojanowski	19:32	3:42	7:47 (4:05)	11:35 (3:48)	15:25 (3:50)	19:32 (4:07)	3:54	JV-81
Noah Vallee	19:46	3:30	7:49 (4:19)	11:55 (4:06)	15:52 (3:57)	19:46 (3:54)	3:57	JV-96
Matthew Jesue	20:12	3:40	7:43 (4:03)	11:51 (4:08)	15:48 (3:57)	20:12 (4:24)	4:02	JV-132
Robert Gracin	20:27	3:44	7:53 (4:09)	12:16 (4:23)	16:20 (4:04)	20:27 (4:07)	4:05	JV-158
Matt Ford	20:29	4:05	8:24 (4:19)	12:27 (4:03)	16:28 (4:01)	20:29 (4:01)	4:05	JV-161
Andrew Gustafson	20:49	3:51	8:12 (4:21)	12:24 (4:12)	16:32 (4:08)	20:49 (4:17)	4:09	JV-186
David Almendarez	21:05	4:05	5:24 (4:19)	12:43 (4:19)	16:51 (4:08)	21:05 (4:14)	4:13	JV-202
Kyle Pietczak	21:20	3:51	8:24 (4:33)	13:09 (4:45)	16:48 (3:39)	21:20 (4:32)	4:16	JV-216
Kyle Fedolak	21:37	4:21	8:37 (4:16)	13:09 (4:32)	17:20 (4:11)	21:37 (4:17)	4:19	JV-237
Tyler Chaffin	21:38	3:55	8:31 (4:36)	12:55 (4:24)	17:09 (4:14)	21:38 (4:29)	4:19	JV-239
Kyle Allor	22:49	3:52	8:24 (4:32)	13:31 (5:07)	18:02 (4:31)	22:49 (4:51)	4:35	JV-296
David Walker	22:51	4:06	8:42 (4:36)	13:25 (4:43)	18:02 (4:37)	22:51 (4:49)	4:34	JV-297
Joshua Brooks	22:55	4:06	8:52 (4:46)	13:30 (4:38)	18:06 (4:36)	22:55 (4:49)	4:35	JV-301
Cameron Gray	23:10	4:20	9:21 (5:01)	13:59 (4:38)	18:27 (4:28)	23:10 (4:43)	4:38	JV-313
Colin Swanson	23:32	4:18	8:53 (4:25)	14:03 (5:10)	18:44 (4:41)	23:32 (4:44)	4:42	JV-332
Kyle Knight	23:34	4:10	9:21 (5:11)	14:08 (4:47)	18:51 (4:43)	23:34 (4:43)	4:42	JV-334
Cale Snyder	23:35	4:14	8:54 (4:40)	14:10 (5:16)	18:51 (4:41)	23:35 (4:44)	4:42	JV-335
Evan Pena	24:37	4:35	9:24 (4:49)	14:10 (4:56)	18:55 (4:45)	24:37 (5:43)	4:54	JV-367
Evan Mabry	25:04	4:34	9:24 (4:50)	14:40 (5:16)	19:35 (4:55)	25:04 (5:29)	5:00	JV-376
Shaun Sanitate	25:16	4:33	9:43 (5:10)	14:45 (5:02)	19:43 (4:58)	25:16 (5:33)	5:03	JV-379
Jay Nandy	25:30	5:08	10:35 (5:27)	15:40 (5:05)	19:59 (4:19)	25:30 (5:31)	5:06	JV-385
Joshua Russeau	26:28	4:43	10:11 (5:28)	15:43 (5:32)	20:56 (5:13)	26:28 (5:32)	5:17	JV-394
Adam Vallee	27:19	4:36	9:55 (5:28)	15:15 (5:20)	20:44 (5:29)	27:19 (6:35)	5:27	JV-406
Ryan Allor	28:59	5:09	11:05 (5:56)	16:54 (5:49)	22:41 (5:47)	28:59 (6:18)	5:47	JV-413

Varsity Winner

Chaz Jeffress Salem 16:02

JV Winner

Ty Buckley Detroit CC 17:38

Total Finishers 132

Total Finishers 420+

TOP 5 TIME GAP: 1:16

JV TOP 5 GAP: 0:28

Top Teams

White Lake Lakeland	73
Detroit Catholic Central	111
Walled Lake Central	124
Lake Orion	135
Hartland	150
Rochester Adams	156
Oxford	188
Rochester	192
Grand Blanc	193
Dakota	240

Dakota's athlete of the Meet:

Jimmy Hoefler
Brendan Mousseau

Total Teams 20

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