

**DAKOTA COUGARS
CROSS COUNTRY**

**MHSAA REGIONAL RACE
ANCHOR BAY HIGH SCHOOL
OCTOBER 26, 2013**

**WEATHER:
Strong Winds
Rain/Snow 40°**

	<u>Time</u>	<u>Mile</u>	<u>2 Mile (Split)</u>	<u>3 Mile (Split)</u>	<u>Pace</u>	<u>Place</u>
Marah Pugh	19:36	6:09	12:32 (6:23)	18:57 (6:25)	6:19	V-3
Kayla Dobies	21:04	6:34	13:25 (6:51)	20:21 (6:56)	6:47	V-35
Marisa Weller	21:25	6:44	13:49 (7:05)	20:42 (6:53)	6:54	V-47
Monica Micale	22:15	7:04	14:20 (7:16)	21:30 (7:10)	7:10	V-64
Kaitria LaFleure	22:28	6:48	14:14 (7:26)	21:42 (7:18)	7:14	V-68
Lauren Valente	23:13	6:52	14:32 (7:40)	22:27 (7:55)	7:29	V-79
Sara Tyngel	23:26	7:29	15:14 (7:45)	22:42 (7:28)	7:42	JV-25
Addison Pavlica	23:28	7:22	15:11 (7:49)	22:42 (7:31)	7:42	V-83
Alexis Penzien	23:57	7:34	15:29 (7:55)	23:09 (7:40)	7:43	JV-33
Sarah Szymanski	24:18	7:52	15:44 (7:52)	23:30 (7:46)	7:50	JV-46
Allyson Slone	25:13	8:13	16:22 (8:09)	24:24 (8:02)	8:08	JV-65
Rachel Pepe	25:14	7:56	16:15 (8:19)	24:24 (8:09)	8:08	JV-67
Lana Amatangelo	26:27	8:20	17:10 (8:50)	25:36 (8:26)	8:32	JV-92
Madi Ridella	26:27	8:20	17:10 (8:50)	25:36 (8:26)	8:32	JV-93
Jillian Flint	26:47	8:20	17:10 (8:50)	25:54 (8:44)	8:38	JV-95
Rachel Randazzo	27:21	8:20	17:10 (8:50)	26:15 (9:05)	8:45	JV-101
Alexis Stillwell	27:55	8:28	17:42 (9:14)	27:00 (9:18)	9:00	JV-111
Savannah Kenward	28:14	8:46	17:58 (9:12)	27:27 (9:29)	9:07	JV-121
Haley Nadolski	28:47	9:20	18:46 (9:26)	27:45 (8:59)	9:15	JV-128
Stacey Mork	30:17	9:20	19:13 (9:53)	29:15 (10:02)	9:45	JV-135
Marissa Blair	30:32	9:34	19:36 (10:02)	29:30 (9:54)	9:50	JV-145
Katie Mozdrdech	31:49	9:52	20:34 (10:42)	30:45 (10:11)	10:15	JV-151
Keonna Belyue	33:04	10:02	21:06 (11:04)	32:00 (10:54)	10:40	JV-155
Katelyn Daly	DNR					
Tara Metcalfe	DNR					
Lindsay Teets	DNR					

<u>Overall winner</u>				<u>Overall JV winner</u>		
Jessica Goethals	Roch	19:21				
<u>Top Teams</u>				Total Finishers	Varsity	109
Stevenson	98				Open	160
Lake Orion	101					
Eisenhower	108			Total Teams		17
Oxford	115					
Rochester	147			TOP 5 TIME GAP:		2:52
Romeo	159					
Stoney Creek	193					

