



Coaches:

Welcome to the Cross Country Regional (Div. 9-1) at Anchor Bay High School on **October 30, 2020**. The schedule is as follows:

INSPECTION OF COURSE:

The course will be open for review at **2:30 p.m.**

On meet day, due to school traffic please do not arrive before 2 p.m. Please advise your parents, fans, etc. of the same.

MEETING FOR COACHES: 3:15 p.m. on track at finish line.

RACE SCHEDULE:

3:45 p.m. - Division I - Boys

4:15 p.m. - Division I - Girls

NOTE: Awards will be presented to coaches by 5:30 p.m. There will not be a formal awards ceremony as has been the case in the past.

AWARDS:

1 Trophy to Winning Team

7 Team Medals to Winning Team Members

15 Medals to Top 15 individuals in each race

PACKETS:

The coach's packet will include bib numbers for your runners, chips, safety pins, appeal form, course map, and program. Packets will be available at the registration tent outside of the track storage building. Remember after the races to get an **MHSAA state packet** for those teams/runners moving on to state finals at **MIS**. Packets will be available in the registration tent **after** results are published.

RESULTS:

Printed results will be provided for all coaches shortly after races are completed in the registration tent and will also be posted on the track storage building for spectators and athletes. Results will also be available shortly after the meet's conclusion on *athletic.net* and *mhsaa.com*.

INFIELD:

Only coaches and timers are allowed on the track infield. Spectators and non-competing athletes must remain outside of the track fence inside of the stadium.

UNIFORMS:

All MHSAA rules will be followed. Watches and jewelry are now allowed.

PARKING:

Buses and team vans will be allowed to drop off teams at the south end of the stadium complex then will be directed to the north parking lot. All spectators may park in the school lots that surround the high school building.

TEAM CAMPS:

Teams should set up their camps no closer than 10 feet from others in the south end discus field and soccer field making sure to be socially distanced from other teams. If you are bringing a team tent, please set it up in the designated area.

DIRECTIONS:

Use the following address to map your directions – 6319 County Line Rd., Fair Haven, MI 48023

(<https://www.google.com/maps/place/Anchor+Bay+High+School/@42.7116578,-82.7267289,15z/data=!4m5!3m4!1s0x0:0x1fda41f3a4a9a7aa!8m2!3d42.7116578!4d-82.7267289>)

ADMISSION:

MHSAA rates are **\$10 per car**, for entry to the meet. This is a MHSAA requirement from which we cannot deviate.

NOTE: To all Spectators, **NO PETS ALLOWED** outside of cars, per MHSAA rules.

MHSAA SOUVENIRS:

Regional apparel will be sold on site by EA Graphics.

CONCESSIONS/RESTROOMS:

No concessions will be sold. Restrooms available inside concession stand and soccer field.

MASTER ELIGIBILITY LIST Schools must submit a **Master Eligibility List** by **October 20** for all schools entering a team in this tournament. Send Master Eligibility List to Jason Battle

ENTRY REGISTRATION:

All entries must be submitted electronically no later than **8 p.m. on Tuesday, October 27**. Entries are submitted online at **athletic.net**. You may enter up to ten varsity athletes for the varsity race. As directed by the MHSAA, a \$50 late fee will be assessed to schools not registering by the October 20 deadline.

COMPETING TEAMS:

No. 9-1 (top 4 teams from each assigned pre-regional + top 7 individuals not on qualifying teams will compete on meet day)

Clinton Twp. Chippewa Valley (individuals)

Fraser (individuals)

Harrison Twp. L'Anse Creuse (individual)

Macomb Dakota (teams)
Macomb L'Anse Creuse North (team + individual)
New Baltimore Anchor Bay (team + individual)
Port Huron Northern (teams)
Rochester (team + individuals)
Rochester Hills Stoney Creek (teams)
Romeo (teams)
Sterling Heights Stevenson (individuals)
Troy (teams)
Troy Athens (individuals)
Utica (teams)
Utica Eisenhower (team + individuals)
Utica Ford (individuals)

OFFICIALS:

Referee/Starter - Jim Loria I.D. # 313391
Ass't Starter- Marty Crane I.D. # 535419
Head Finish Judge- Glenn Craze I.D. # 371406
Timing/Scoring- Eastside Racing Company
Clerk - Myles Cleverley I.D. # 687372
Meet Manager- Jason Battle
Meet Director- Jeff Payne
Games Committee – TBA (head coaches from 3 competing teams chosen after pre-regionals)

COURSE PREVIEW:

The course will be lined and ready for preview at any time **after** Monday, October 26. School grounds are open from dawn to dusk seven days a week. Teams are welcome to preview the course with the course map available on mhsaa.com.

If you have any questions or suggestions, please contact Jeff Payne (586-419-6223) or jefferydpayne@gmail.com.

Jeff Payne
Anchor Bay XC head coach
Meet Director