

DAKOTA COUGARS




2016 SEASON SUMMARY

CROSS COUNTRY

	2016	Sept.1	Sept.10	Sept.13	Sept.17	Sept.23	Oct. 1	Oct.4	Oct.8	Oct.15	Oct.22	Oct.25	Oct.29	Nov.2	Nov.5	Nov.12	
	PR	SB	<u>Mustang</u>	<u>UofD</u>	<u>Jam#1</u>	<u>Holly</u>	<u>Cleverly</u>	<u>Legends</u>	<u>JAM#2</u>	<u>Portage</u>	<u>CTY</u>	<u>MAC</u>	<u>CL 9/10</u>	<u>REG</u>	<u>PAPR</u>	<u>State</u>	<u>MI Qual</u>
Frank Alcini	21:24	26:43				26:43											
Joshua Brooks, J.	20:53	25:20	27:54	29:46	29:50	30:29	27:29	27:12	29:52	26:24	25:20	26:06		26:16	26:19		
David Carnago	17:16	17:16	17:43		17:57	19:11	17:16		18:53	17:16	17:43	17:27		17:51	17:32		
Stephen DeCook	22:41	22:41											22:41	23:05			
Anthony Eovaldi	18:30	18:40	21:49		21:09	21:50	19:03	19:26	20:03	19:17	18:54	18:40		19:45	18:58		
Chase Fedolak, C.	15:46	15:46	17:15		16:36	18:15	15:46		17:05	16:17	16:21	16:02		17:43			
Kyle Fedolak, K.	17:16	17:16	18:13	18:27	18:15	19:30	17:16	17:50	18:39	17:40	17:44	17:35		17:39	17:45		
Cameron Fuller	24:25	24:25						24:30	25:55	26:52		24:25			25:53		
Andrew Gustafson	17:25	17:25	19:01	18:44	19:30	19:48	17:25	18:06	18:37	18:14	18:00	18:13		19:02	18:08		
Reid Gwyn	21:06	21:06	23:49	24:43	24:14	25:21	21:06	22:23	23:27	21:45	21:43	21:45	22:11	22:01	21:42		
Joshua Jaster	16:11	16:11	17:22		17:19	18:13	16:11	16:42	18:36	16:51	16:43	16:36		16:52			
Joseph Jaster, J.	18:21	18:21								19:45	19:42	18:34	18:21	19:50	18:31		
Michael Jesue	19:02	19:02	20:39	21:05	20:41	21:47	19:02	19:32	20:47	19:34	19:29	19:10	19:04	19:59	20:08		
Sawyer Kisha	17:00	17:00	18:50	18:57	18:22	19:59	17:20	17:46	18:44	17:29	17:25	17:00		17:00			
John Lyons	20:14	20:14	22:12	22:07		24:00	20:44	21:24	22:23	21:07	21:14	20:48	20:14	21:14	21:34		
Austin Mabrey	19:12	19:12	19:16	19:35	19:20	23:19			20:14	19:15	19:12		22:07	19:46	20:29		
Mitchell MacDonald, M.	16:24	16:24	16:55		16:59	18:08		16:39	17:31	16:28	16:28	16:24		16:33			
Zachary MacDonald	16:10	16:10	17:38		17:27	18:39	16:10	16:54	18:12	16:50	16:55	16:44		16:39			
Andrew Madigan	22:04	22:04	24:43	26:18	25:48	26:15	22:04	23:08	24:16		22:35	22:27	22:17	22:39			
Andrew Merrifield	18:42	18:42	20:37	20:34	20:44	21:22	18:42	19:13	20:28	19:47	18:49	18:48	18:48	19:12	19:30		
Brendan Mousseau	17:06	17:11				20:17	17:25	18:04	18:57	17:46	17:39	17:11		17:43	17:40		
Shawn Murray	20:28	n/a															
Ryan Nagel	19:18	19:18	DNF	22:25	23:10	27:10	21:49	22:49		19:59	19:59	19:25	19:18	19:52			
Nathan Parker	19:56	19:56	21:27		21:16	22:44	20:05	20:55	22:03	20:17	20:39	20:25	19:56	20:45	20:46		
Connor Roeske	19:44	19:44	21:40	22:48	21:46	24:33	20:13	20:13	20:48	20:18	20:43	19:46	19:44	20:24	20:11		
Joshua Rouseau	22:16	22:16	23:51	24:54		25:01	22:24	22:52			22:22			22:16			
Jacob Sand	19:13	19:13		24:16	24:39	24:50	21:24	21:34	24:12	20:58	20:45	20:10	19:13	19:57	20:20		
Nathan Schroeder	21:52	21:52	DNF	DNF	27:13	29:05	21:52	24:50	26:48	22:20	23:29	23:00	21:54	22:44	24:43		
Ethan Soave	19:05	19:05	21:20	21:41	21:36	23:13	19:19	20:05	21:05	20:09	19:44	19:19	19:05	19:44	19:22		
Colin Swanson	17:45	19:59	19:59	20:16	19:59										21:47		
Thomas Szymanski	16:39	16:39	17:55		17:36	18:47	16:39	17:10	17:36	16:56	16:53	16:44		16:53			
Marko Tegeltija	19:29	19:30	20:36			22:26	19:41	20:30	20:16	19:47	19:41	19:30		19:56			
Matthew Thomas	18:34	18:34	20:16	21:11	20:09	21:46	18:34	19:40	20:27	19:15	19:09	18:39	18:51	19:25	19:22		
Cole Tracy	20:02	20:02	23:16	22:52	21:47	25:34	20:16	21:14	22:41	21:20	20:59	21:29	20:02	21:21	22:52		
Brandon Ung	20:05	20:05	22:06	22:37	22:09	23:06	20:18	21:11		21:00	20:48	20:21	20:05	20:46	21:01		
Joshua VanSlambrouck	16:08	16:08	17:27		17:16	18:44	16:08	16:43	17:48		17:35						
Nathan Vohs	20:15	20:15	23:51	23:20	23:25	26:29	20:15	21:31	23:53			21:26	20:18	20:41	20:57		
David Walker	16:25	16:25	17:19		17:40	19:17	16:25	17:12	18:07	17:09	17:23	16:55		17:28			
Noah Waschewski	20:09	20:09	22:04	21:58	22:20	23:20	20:25	20:52	22:11	21:04	20:59	20:09	20:28	21:18	20:37		
Sean Whitaker	21:59	21:59		24:37	24:41	27:02	22:22	23:31	25:09	22:05	22:33	21:59	22:12	22:40	22:55		

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Lucia Alonso Arias	25:44	25:44	31:22		29:29	32:58		28:06	28:58	27:17	27:55	26:59	25:44		27:09		
Lana Amatangelo	24:02	27:51		30:30	30:13	30:43		28:55	29:23	28:10	27:51						
Janaya Baker	25:38	25:38	28:01	29:07	28:51		25:57	27:01	29:00		26:32	25:51		27:19	25:38		
Abigail Bartsch	22:16	22:16	23:56	26:22	24:18	25:50	22:27	24:31	25:45		23:18	23:05	22:16	24:00	23:12		
Emma Bell	26:02	26:02	29:03	28:20	28:11	29:26	26:02	26:35	28:20	26:07				28:02			
Marissa Blair	26:17	28:53	31:31		32:41	33:55	29:13		31:44			28:53		30:45			
Abigail Bojanowski	22:23	24:39	24:39														
Ashley Brown	21:23	21:23	23:00	23:56	23:57	24:37	21:43	22:14	23:25	21:57	21:58	21:51	21:23	22:14	22:01		
Sydney Bunk	27:42	27:42	DNF														
Hanna Burton	26:37	28:26	31:50	32:44					31:15	31:58		30:07	28:46	27:42	29:04	28:44	
Lauren Campbell	23:55	25:31								33:13	28:45	28:26			31:09	29:16	
Chloe Chirco	22:07	22:07	24:33	24:46	23:47	24:44	22:07	23:24	24:36		23:07	22:38	22:07	23:11	22:30		
Samantha Dobies	21:34	21:34	22:30	23:58		24:05	21:52	21:59	23:02	21:36	21:41	21:34	21:34	21:35	22:11		
Jenna Fain	23:23	23:23	24:30	26:44				24:36	26:26	23:46	24:21	25:06	23:23	25:59			
Brenna Fauver	23:32	23:32	26:26	27:31	27:23	28:25	24:20	25:16	26:38	25:23	25:09	24:38	23:32	25:41	24:58		
Hannah Faustyn	18:40	18:40	19:38	19:35	19:41	21:08	18:40	19:19		20:13	19:35	19:35	19:08	20:11			
Payton Garbarino	25:29	25:29	29:03	32:10	30:25	30:34	26:13	31:46	33:07	27:53			25:29	27:52	27:25		
Izabella Gowen	21:05	21:27	21:27		23:12						22:49						
Elizabeth Gray	22:22	22:22	23:45	24:53	23:58	25:02	22:22	22:53	24:20	22:41	22:52	22:34		23:08	22:31		
Kayla Hawkins	25:28	25:28				29:58	26:11	27:06					25:28				
Allison Jansen	29:40	29:40	DNF	37:38	35:15	34:07	32:31	33:47	34:41	30:57	31:48	30:26	29:40	32:32	31:33		
Kami Karas	24:46	25:55				28:54				26:15	26:02	25:55		26:55	25:57		
Andrea Lawson	25:39	25:39			30:31	31:34	27:51	28:54	29:03	27:16	26:54	26:09	25:39	26:52	26:15		
Sabryn Leidlein	22:51	22:51		26:12		27:01	23:30	24:06	24:49		23:50	22:51		23:38			
Natalie MacDonald	25:19	25:19	27:49	29:50	28:07	29:30		27:49	28:11	26:47	26:00	26:15	25:19	29:28			
Mariah Michalak	27:12	30:07	30:27	31:05				33:21		32:16	31:07			31:27	30:07		
Olivia Moore	27:53	27:53	31:18	32:47	33:26	33:10	27:53	29:49	30:16	28:33				29:41	28:32		
Amber Mousseau	24:31	29:32	31:31		29:54	31:18	29:32	31:50	33:05	29:36	29:44			30:27	31:05		
Heidi Palmer	21:55	21:55	24:41	25:27	24:30	24:29	22:39	22:59	24:13	22:49	22:14	23:21	21:55	23:12	22:31		
Alexas Paris	23:55	23:55	26:50	29:06	27:06	27:35	23:55	24:44	27:37	24:52	25:30	24:05			25:44		
Sage Parrish	25:29	25:29	28:31	31:17	29:27	33:08	26:33	28:54	30:15	28:03	28:31	27:24	25:29	27:53	28:24		
Rachel Patterson	22:11	22:11	28:43	29:52	27:58	29:00	24:28	24:31	24:52	23:30	23:15	23:05	22:11	23:41	23:00		
Carolyn Peters	25:54	25:54	29:17	31:50	28:43	31:18	26:44			28:34			25:54	27:47	28:23		
Rachel Randazzo	24:34	27:18	28:27	30:18	28:53	29:49		27:18	28:05								
Rebecca Randazzo	29:52	29:52	DNF	31:52	30:40	31:39		29:52	30:03								
Hannah Ruff	23:25	23:25	26:25	27:14	26:10	26:36	24:22	24:52	27:27	24:32	24:22	23:48	23:25	24:39	24:17		
Rachel Sliger	21:39	21:39	22:35	23:51	23:35	24:58	21:39	23:27	23:59	22:26	22:38	22:33		23:05	21:55		

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	PR	SB	<u>Mustang</u>	<u>UofD</u>	<u>Jam#1</u>	<u>Holly</u>	<u>Cleverly</u>	<u>Legends</u>	<u>JAM#2</u>	<u>Portage</u>	<u>CTY</u>	<u>MAC</u>	<u>CL 9/10</u>	<u>REG</u>	<u>PAPR</u>	<u>State</u>	<u>MI Qual</u>
Allyson Slone	19:41	19:41	20:25	21:24	21:23	22:25	19:41	19:55		20:48	19:48	19:55		21:08	20:24		
Miranda Smith	23:31	23:31	26:01	28:01	25:50	27:10	23:42	25:18	27:54	24:48	25:24	24:03	23:31				
Sandra Tegeltija	32:12	32:12		44:37	37:23		36:44	37:27	40:48	35:55	34:53	34:18	32:12	33:46	34:15		
Margaret Valley	24:36	24:36	27:16	27:52	28:22	29:19	24:36	26:06	27:43		26:23	25:15	24:47	26:09	25:36		
Abigail VanSlambrouck	28:10	28:10	33:25	37:45	32:40	36:23	28:10	32:09	31:29	30:08	29:37	29:58	30:01	31:36	28:48		
Ava Verchimak	22:37	22:37	24:02	24:40	24:13	25:42		26:00	25:04	23:41	23:54	23:36	22:37	24:18	24:47		
Rylie Yager	20:09	20:09		21:43	21:19	22:48	20:09	20:43		21:29	20:47	21:33	20:13	21:31	20:12		

-  = Earned Athlete of the Meet
-  = Earned Athlete of the Meet (Twice)
-  = Earned Athlete of the Meet (3 times)