

2004 MAC LEAGUE MEET

AT METROPOLITAN BEACH

10/23/04

SCORES			
1. Grosse Pointe South	49	5. Grosse Pointe North	119
2. Stevenson	54	6. Sterling Heights	149
3. Eisenhower	66	7. Dakota	178
4. Chippewa Valley	117		

WOMEN'S MAC Red League Meet

INDIVIDUAL RESULTS

FIN	NAME	TEAM	NUM	RESULTS	PTS
1.	KELLEE LEMCKE (11)	Stevenson	249	18:42.3	1
2.	stephanie huber (12)	Sterling Heights	242	18:42.7	2
3.	Michelle Rogers (9)	Eisenhower	223	18:51.5	3
4.	Betsy Graney (10)	Grosse Pointe North	262	18:52.5	4
5.	Jillian McLaughlin (11)	Grosse Pointe South	239	19:04.3	5
6.	Natalie Humphry (12)	Grosse Pointe South	236	19:07.6	6
7.	Erica D'Angelo (10)	Chippewa Valley	255	19:09.9	7
8.	ADRIAN DENT (10)	Stevenson	250	19:19.7	8
9.	Emily McLaughlin (10)	Grosse Pointe South	238	19:24.2	9
10.	ERIKA LANGHAUSER (10)	Stevenson	251	19:25.1	10
11.	Skowneski Stephanie (09)	Chippewa Valley	261	19:30.4	11
12.	Shari Rogers (12)	Eisenhower	224	19:37.0	12
13.	Nicole Vick (9)	Eisenhower	225	19:41.2	13
14.	Ashley Thibodeau (09)	Grosse Pointe South	240	19:46.2	14
15.	Maggie Collison (12)	Grosse Pointe South	235	19:53.3	15
16.	NICOLE JANDRON (12)	Stevenson	252	20:03.6	16
17.	Sam Mackenzie (10)	Grosse Pointe South	237	20:16.6	P
18.	Lindsay Ducharme (9)	Eisenhower	220	20:22.1	18
19.	CARRIE BURNS (12)	Stevenson	248	20:31.5	19
20.	Tina Failer (11)	Eisenhower	221	20:33.8	20
21.	Liz Baxter (12)	Grosse Pointe South	234	20:36.9	P
22.	CAITLIN LITZ (09)	Stevenson	254	20:37.2	P
23.	Alyssa Randolph (10)	Eisenhower	222	20:43.8	P
24.	BROOKE HARMS (12)	Stevenson	253	20:49.2	P
25.	Kelly Szymborski (12)	Grosse Pointe North	263	20:50.0	25
26.	Brianne McDonald (09)	Grosse Pointe North	266	20:51.0	26
27.	Calandrino Heather (09)	Chippewa Valley	259	21:01.1	27
28.	Jessica Lobaido (11)	Dakota	232	21:07.6	28
29.	Fahey Lauren (09)	Chippewa Valley	260	21:23.6	29
30.	deneen partridge (10)	Sterling Heights	241	21:33.6	30
31.	Jenny Bohannon (11)	Grosse Pointe North	268	21:35.7	31
32.	Danielle Catau (10)	Dakota	227	21:37.7	32
33.	Caitlin Hoffman (10)	Grosse Pointe North	267	21:40.4	33
34.	Alyssa Reeves (12)	Dakota	233	21:41.0	34
35.	Liz Rabidou (11)	Grosse Pointe North	264	21:44.2	P
36.	zenia bogus (11)	Sterling Heights	243	21:52.3	36
37.	Barbara Larkin (12)	Dakota	231	22:01.2	37
38.	Katharine Welch (12)	Eisenhower	226	22:08.5	P
39.	Katie Horn (12)	Grosse Pointe North	265	22:30.3	P
40.	mercedes lacovli (10)	Sterling Heights	244	22:39.7	40
41.	emily krause (10)	Sterling Heights	246	22:51.1	41
42.	kerrie angus (11)	Sterling Heights	245	22:57.4	P
43.	Fahey Erin (12)	Chippewa Valley	257	23:03.5	43
44.	Siloac Ashley (09)	Chippewa Valley	258	23:07.3	P

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45.	Godlewski Elyse (09)	Chippewa Valley	256	23:10.2	P
46.	allison radell (10)	Sterling Heights	247	23:17.3	P
47.	Bianca Jarbo (11)	Dakota	230	23:25.7	47
48.	Amy Stubblefield (12)	Dakota	228	NF	-
49.	Kellyn Jackson (11)	Dakota	229	NF	-

2004 MAC LEAGUE MEET

AT METROPOLITAN BEACH

10/23/04

SCORES			
1. St. Clair	49	4. Warren Mott	81
2. Romeo	55	5. Anchor Bay	108
3. Utica	68	6. Port Huron	162

WOMEN'S MAC White League Meet

INDIVIDUAL RESULTS

FIN	NAME	TEAM	NUM	RESULTS	PTS
1.	Rebecca Propst (12)	Romeo	312	19:13.3	1
2.	Amy Hanekow (09)	St. Clair	301	19:20.4	2
3.	Morgan Macklem (11)	Warren Mott	307	20:29.9	3
4.	Samantha Messina (12)	Anchor Bay	274	20:32.1	4
5.	Jessica Demand (11)	St. Clair	299	20:34.6	5
6.	Alex Kotch (10)	Utica	295	20:36.5	6
7.	Therese Alfonsi (11)	Romeo	313	20:39.7	7
8.	Lauren Hayter (11)	Romeo	315	20:41.6	8
9.	Marissa Carr (10)	Utica	292	20:41.9	9
10.	Valerie Mika (11)	Warren Mott	309	20:56.6	10
11.	Ashley Longaker (12)	Anchor Bay	273	20:57.0	11
12.	Lindsay Harder (11)	St. Clair	302	21:04.6	12
13.	Amy Hamilton (09)	St. Clair	300	21:08.9	13
14.	Stephanie Scott (09)	Utica	296	21:11.9	14
15.	Candice LaFrance (11)	Warren Mott	306	21:12.4	15
16.	Erika Staelgrave (09)	Romeo	314	21:17.7	16
17.	Alexa Brown (09)	St. Clair	298	21:24.5	17
18.	Amanda Robinson (11)	Port Huron Northern	280	21:27.0	-
19.	Emily Schaff (10)	St. Clair	304	21:31.0	P
20.	Ashley Tocco (11)	Utica	297	21:31.2	19
21.	Ashli Hogan (09)	Utica	294	21:37.3	20
22.	Karla Gudino (10)	Port Huron Northern	278	21:38.9	-
23.	Nicole Mokrzycki (11)	Warren Mott	310	21:39.8	21
24.	Krsitina Caris (09)	Utica	291	21:47.4	P
25.	Aylin Downey (11)	Romeo	317	21:49.7	23
26.	Erin Stokan (12)	Port Huron	288	21:54.7	24
27.	Sarah Cusumano (11)	Utica	293	22:00.9	P
28.	Chelsea Myers (9)	Anchor Bay	275	22:07.0	26
29.	Catie Ogilivie (11)	Romeo	316	22:12.4	P
30.	Yvonne Stickler (12)	Port Huron	287	22:20.5	28
31.	Erica Hayman (11)	Romeo	318	22:26.3	P
32.	Rachel Olivares (12)	Anchor Bay	276	22:39.9	30
33.	Amber Dabelstein (09)	St. Clair	303	22:44.2	P
34.	Haley Knoll (09)	Warren Mott	305	23:21.5	32
35.	Ann Marie McCarthy (11)	Warren Mott	308	23:55.4	P
36.	Qiwen Yu (12)	Warren Mott	311	23:56.7	P
37.	Jordan Stroyan (09)	Port Huron	289	24:20.8	35
38.	Lorrie Shepley (10)	Port Huron	286	24:21.1	36
39.	Alexis Collica (9)	Anchor Bay	271	24:24.5	37
40.	Vanessa Gibson (10)	Anchor Bay	272	24:28.7	P
41.	Racheal Linder (09)	Port Huron Northern	279	24:41.0	-
42.	Carly Bates (11)	Port Huron	284	24:42.9	39
43.	Britney Ciarmitaro (9)	Anchor Bay	270	25:33.1	P
44.	Kate Coury (11)	Port Huron Northern	277	25:59.1	-
45.	Amber Hunter (10)	Port Huron	285	27:11.4	P

2004 MAC LEAGUE MEET

AT METROPOLITAN BEACH

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INDIVIDUAL RESULTS

FIN	NAME	TEAM	NUM	RESULTS	PTS
46.	Kristen White (12)	Port Huron	290	30:30.9	P
47.	Jennie Sullivan (12)	Port Huron Northern	281	NF	-
48.	Kristyna Vondrackova (12)	Port Huron Northern	282	NF	-
49.	Heather Walker (11)	Port Huron Northern	283	NF	-

2004 MAC LEAGUE MEET

AT METROPOLITAN BEACH

10/23/04

SCORES

1. L'Anse Creuse	45	5. L'Anse Creuse North	114
2. Warren Cousino	60	6. Roseville	155
3. Henry Ford II	83	7. East Detroit	162
4. Fraser	113	8. Lakeview	189

WOMEN'S MAC Blue League Meet

INDIVIDUAL RESULTS

FIN	NAME	TEAM	NUM	RESULTS	PTS
1.	Juanita Espinoza (12)	L'Anse Creuse North	346	19:50.6	1
2.	Rachel Thull (10)	Warren Cousino	370	20:41.8	2
3.	Amy Abselnour (12)	L'Anse Creuse North	341	21:10.7	3
4.	Rachel Harrison (11)	L'Anse Creuse	340	21:42.0	4
5.	Paige Bierkamp (11)	Warren Cousino	366	21:46.8	5
6.	Melissa Anderson (12)	Henry Ford II	358	22:06.9	6
7.	Aprile Klaser (10)	L'Anse Creuse	338	22:09.8	7
8.	Susan Pandoff (12)	Roseville	351	22:11.9	8
9.	Meghan Stenzel (12)	L'Anse Creuse	337	22:21.6	9
10.	Tiffany Vanderpool (10)	Henry Ford II	363	22:33.5	10
11.	Courtney Briggs (09)	L'Anse Creuse	335	22:41.4	11
12.	Danielle Sesko (11)	Henry Ford II	362	22:46.7	12
13.	Amy Dzurnak (11)	Fraser	328	22:47.3	13
14.	Jamie DeSnyder (12)	L'Anse Creuse	336	22:54.9	14
15.	Teresa Woodward (11)	East Detroit	326	23:02.9	15
16.	Samantha Louzon (10)	Warren Cousino	368	23:09.7	16
17.	Stephanie Wilson (09)	Warren Cousino	371	23:20.8	17
18.	Julie Dzurnak (12)	Fraser	329	23:22.6	18
19.	Fistler Emily (9)	L'Anse Creuse North	345	23:24.4	19
20.	Libby Bartlett (09)	Warren Cousino	365	23:29.3	20
21.	Margaret Hasspacher (12)	Warren Cousino	367	23:30.4	P
22.	Jill Pietron (12)	Fraser	330	23:32.2	22
23.	Danielle Caverly (10)	East Detroit	320	23:44.6	23
24.	Jenna Burg (10)	Warren Cousino	369	23:50.5	P
25.	Sarah Fowke (12)	L'Anse Creuse	339	23:53.5	P
26.	Robin Kirkland (12)	Fraser	332	24:03.3	26
27.	Claire LeGuen (09)	Henry Ford II	361	24:21.8	27
28.	Vallorie Ebert (11)	Henry Ford II	359	24:23.8	28
29.	Lindsey Prikopa (12)	Lakeview	354	24:27.5	29
30.	Jenene Holland (9)	Lakeview	353	24:28.1	30
31.	Sarah Seely (09)	Henry Ford II	360	24:30.0	P
32.	Amanda Wisniewski (12)	Henry Ford II	364	24:41.8	P
33.	Faith Bentzel (11)	L'Anse Creuse	334	25:07.8	P
34.	Kristin Charon (10)	Fraser	327	25:12.6	34
35.	Breanna Braun (11)	Roseville	347	25:13.1	35
36.	Alissa Curtis (10)	Roseville	349	25:28.1	36
37.	Kim Compton (10)	Roseville	348	25:34.4	37
38.	Elisha Lopez (09)	East Detroit	322	25:54.9	38
39.	Sarah Kelly (11)	Roseville	350	25:57.9	39
40.	Jackie Cieslinski (12)	Lakeview	352	26:10.7	40
41.	Jodi Richardson (9)	Lakeview	355	26:27.6	41
42.	Carrie Masters (10)	East Detroit	323	26:52.0	42
43.	Juliana Goldwater (11)	Fraser	331	27:09.5	P
44.	Amanda Gray (09)	East Detroit	321	27:17.7	44

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INDIVIDUAL RESULTS

FIN	NAME	TEAM	NUM	RESULTS	PTS
45.	Brooke Brogdon (10)	L'Anse Creuse North	343	27:22.3	45
46.	Sonja Bailey (10)	L'Anse Creuse North	342	27:43.8	46
47.	Amanda Uglis (11)	East Detroit	324	28:13.3	P
48.	Jamie Telezinski (09)	East Detroit	325	28:32.8	P
49.	Amanda Ross (12)	Lakeview	356	30:36.1	49
50.	Emily Leuffgen (12)	Fraser	333	NF	-
51.	Lauren Cominotto (10)	L'Anse Creuse North	344	NF	-
52.	Becky Umpfenbach (11)	Lakeview	357	NF	-

2004 MAC LEAGUE MEET

AT METROPOLITAN BEACH

10/23/04

SCORES

1. Marine City	25	4. Warren Woods Tower	81
2. Marysville	56	5. Lake Shore	113
3. Madison Heights Lamphere	77		

WOMEN'S MAC Gold League Meet

INDIVIDUAL RESULTS

FIN	NAME	TEAM	NUM	RESULTS	PTS
1.	Jackie Gross (12)	Marine City	388	20:00.2	1
2.	Aileen Mayack (09)	Warren Woods Tower	382	21:35.1	2
3.	Becky Markel (09)	Marine City	390	21:44.4	3
4.	Engy Abdelmomen (10)	Madison Heights Lamphere	418	21:48.9	4
5.	Amanda Vintevoghel (12)	Marine City	392	21:54.8	5
6.	Susan Zawalski (11)	Warren Fitzgerald	406	22:01.3	-
7.	Sarah Brochu (09)	Marysville	399	22:13.6	6
8.	Victoria Vintevoghel (12)	Marine City	393	22:14.5	7
9.	Lauren Curley (10)	Marysville	402	22:23.4	8
10.	Jessica Meldrum (12)	Marine City	391	22:24.8	9
11.	Amy Alter (12)	Lake Shore	375	22:25.7	10
12.	Alicia Redford (11)	Marysville	401	22:32.1	11
13.	Barb Gordon (12)	Madison Heights Lamphere	420	22:43.8	12
14.	Shannon Robb (11)	Marysville	400	22:48.4	13
15.	Sara Bostwick (9)	Lake Shore	376	22:53.5	14
16.	Amanda Mauro (09)	Warren Woods Tower	381	23:15.5	15
17.	Alicia Cushard (11)	Marine City	387	23:40.9	P
18.	Victoria Alexander (9)	Madison Heights Lamphere	419	23:45.3	17
19.	Danielle Davidson (11)	Marysville	403	23:48.0	18
20.	Jamie Sullwold (12)	Warren Woods Tower	386	24:00.5	19
21.	Dayna Hersha (10)	Madison Heights Lamphere	421	24:02.6	20
22.	Alaina Korpall (09)	Marine City	389	24:11.8	P
23.	Megan Cyphers (10)	Center Line	394	24:54.1	-
24.	Judy Renox (09)	Warren Woods Tower	384	24:58.7	22
25.	Jessica Steffen (10)	Warren Woods Tower	385	25:05.3	23
26.	Lauren Wilson (11)	Madison Heights Lamphere	423	25:11.3	24
27.	Shannon Bladow (10)	Marysville	405	25:22.6	P
28.	Ashley Ladach (12)	Warren Woods Tower	380	25:35.1	P
29.	Pam Peters (12)	Warren Fitzgerald	407	25:45.6	-
30.	Marissa Stark (09)	Marysville	404	26:08.4	P
31.	Amanda Kmetz (9)	Lake Shore	377	26:13.4	28
32.	Helen Lee (11)	Center Line	397	26:19.7	-
33.	Jamie Richardson (09)	Warren Lincoln	425	26:43.3	-
34.	Ashley Gibbins (12)	Warren Lincoln	428	26:51.3	-
35.	Tara Patrick (09)	Warren Woods Tower	383	26:53.4	P
36.	Katherine Orr (12)	Warren Lincoln	427	27:34.2	-
37.	Allison Ranush (10)	Lake Shore	378	28:05.5	30
38.	Amanda Sablowski (9)	Lake Shore	379	33:19.6	31
39.	Heather Gurney (11)	Center Line	395	NF	-
40.	Jackie Kierschke (11)	Center Line	396	NF	-
41.	Cere Rettig (12)	Center Line	398	NF	-
42.	Samantha Sroka (11)	Warren Fitzgerald	408	NF	-
43.	Jaclyn Ketelhut (11)	Warren Fitzgerald	409	NF	-
44.	Nicki Bastianelli (11)	Warren Fitzgerald	410	NF	-
45.	Jennifer McNew (09)	Warren Fitzgerald	411	NF	-

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INDIVIDUAL RESULTS

FIN	NAME	TEAM	NUM	RESULTS	PTS
46.	SIOBHAN LAFORTUNE (11)	Southlake	412	NF	-
47.	ALICIA RUGGIRELLO (10)	Southlake	413	NF	-
48.	JALISA WILLIAMS (10)	Southlake	414	NF	-
49.	TIFFANY WILLIFORD (10)	Southlake	415	NF	-
50.	BERNADETTE YASI (11)	Southlake	416	NF	-
51.	AMANDA ZAPATA (12)	Southlake	417	NF	-
52.	Arianne Wenceslaó (11)	Madison Heights Lamphere	422	NF	-
53.	Catherine Prince (12)	Warren Lincoln	424	NF	-
54.	Nongh Lor (10)	Warren Lincoln	426	NF	-
55.	Sarha Gosselin (11)	Warren Lincoln	429	NF	-
56.	Jessica Crook (10)	Warren Lincoln	430	NF	-