

DAKOTA COUGARS
CROSS COUNTRY

MACOMB COUNTY CHAMPIONSHIP
STONY CREEK BAYPOINT-MT. VERNON
OCTOBER 15, 2016

WEATHER:
60°
Sunny/Light Breeze

		<u>Time</u>	<u>Mile</u>	<u>2 mile</u>	<u>(split)</u>	<u>3 mile</u>	<u>(split)</u>	<u>pace</u>	<u>Place</u>
Chase	Fedolak	16:21	5:10	10:37	5:27	15:47	5:11	5:16	3
Mitchell	MacDonald	16:28	5:12	10:34	5:22	15:54	5:20	5:18	5
Joshua	Jaster	16:43	5:13	10:45	5:32	16:09	5:23	5:23	10
Thomas	Szymanski	16:53	5:19	10:55	5:36	16:18	5:23	5:26	17
Zachary	MacDonald	16:55	5:15	10:51	5:36	16:20	5:29	5:27	19
David	Walker	17:23	5:18	11:02	5:44	16:47	5:44	5:36	32
Sawyer	Kisha	17:25	5:29	11:21	5:52	16:49	5:29	5:36	JV-1
Joshua	VanSlambrouck	17:35	5:27	11:10	5:43	16:59	5:48	5:40	35
Brendan	Mousseau	17:39	5:36	11:30	5:54	17:03	5:33	5:41	JV-3
David	Carnago	17:43	5:29	11:25	5:56	17:06	5:42	5:42	JV-4
Kyle	Fedolak	17:44	5:29	11:23	5:54	17:07	5:44	5:42	JV-5
Andrew	Gustafson	18:00	5:34	11:35	6:01	17:23	5:48	5:48	JV-6
Andrew	Merrifield	18:49	5:57	12:06	6:09	18:10	6:04	6:03	JV-22
Anthony	Eovaldi	18:54	6:01	12:15	6:14	18:15	6:00	6:05	JV-25
Matthew	Thomas	19:09	6:01	12:16	6:15	18:29	6:13	6:10	JV-30
Austin	Mabrey	19:12	6:08	12:28	6:20	18:32	6:05	6:11	JV-32
Michael	Jesue	19:29	6:07	12:33	6:26	18:49	6:16	6:16	JV-39
Marko	Tegeltija	19:41	6:09	12:38	6:29	19:00	6:22	6:20	JV-41
Joseph	Jaster	19:42	5:53	12:30	6:37	19:01	6:30	6:20	JV-42
Ethan	Soave	19:44	6:17	12:28	6:11	19:03	6:34	6:21	JV-44
Ryan	Nagel	19:59	6:16	12:51	6:35	19:18	6:27	6:26	JV-56
Nathan	Parker	20:39	6:34	13:28	6:54	19:56	6:29	6:39	JV-89
Connor	Roeske	20:43	6:30	13:26	6:56	20:00	6:35	6:40	JV-95
Jacob	Sand	20:45	6:32	13:29	6:57	20:02	6:34	6:41	JV-98
Brandon	Ung	20:48	6:33	13:29	6:56	20:05	6:37	6:42	JV-101
Noah	Waschewski	20:59	6:27	13:16	6:49	20:16	6:58	6:45	JV-106
Cole	Tracy	20:59	6:39	13:42	7:03	20:16	6:35	6:45	JV-107
John	Lyons	21:14	6:39	13:32	6:53	20:30	6:57	6:50	JV-119
Reid	Gwyn	21:43	6:39	14:09	7:30	20:58	6:50	6:59	JV-136
Joshua	Rouseau	22:22	6:32	13:58	7:26	21:36	7:35	7:12	JV-156
Sean	Whitaker	22:33	7:11	14:47	7:36	21:46	7:01	7:15	JV-162
Nathan	Schroeder	23:29	7:10	14:47	7:37	22:41	7:52	7:34	JV-184
Andrew	Madigan	25:00	7:12	14:57	7:45	24:08	9:05	8:03	JV-209
Joshua	Brooks	25:20	7:26	16:09	8:43	24:28	8:18	8:09	JV-212

Varsity Winner

Jack Wilson-Romeo 16:14

JV Winner

Sawyer Kisha-Dakota 17:25

Total Finishers

183

Total Finishers

235

TOP 5 TIME GAP:

0:34

JV TOP 5 GAP:

0:35

Top Teams

Dakota	54
Romeo	80
Eisenhower	138
Fraser	163
De LaSalle	179
Lakeview	185
Utica	207
Ford II	213
Sterling Heights	228
L'Anse Creuse	297
Anchor Bay	307
Chippewa Valley	310
Lutheran North	312
Lake Shore	325
Armada	363
Warren Mott	413
L'Anse Creuse North	433
Cousino	514
Stevenson	514
Memphis	634
Roseville	667
Centerline	703
Fitzgerald	706
Richmond	708
Warren Woods Tower	730
New Haven	795
South Lake	798
Austin Catholic	nts
Warren Lincoln	nts

Top JV Teams

Dakota	19
Romeo	71
Eisenhower	73
Utica	86
De LaSalle	98
Armanda	220
L'Anse Creuse	222
Fraser	265
Anchor Bay	294
Chippewa Valley	307
Lutheran North	333
Lakeview	341
Ford II	347
Cousino	408
Warren Mott	408
Lake Shore	486
Roseville	513
Sterling Heights	nts
Stevenson	nts
Fitzgerald	nts
L'Anse Creuse North	nts

Dakota's Athlete of the Meet:

Sawyer Kisha (Won the JV Race)
Mitch MacDonald (Tied PR, ran a bold race)

Ribbons Earned by Dakota

7

Medals Earned by Dakota

16